

Telerehabilitation for Older Adults Toolbox

Clinical Tools to Effectively Deliver Rehabilitation Remotely to Older Adults for Improved Patient Outcomes

Course Description

The Telerehabilitation for Older Adults Toolkit provides clinicians important resources to deliver physical rehabilitation using telerehabilitation. This course is designed to empower clinicians with the knowledge to incorporate telerehabilitation into their regular practice to serve older adults better.

Participants will gain in-depth knowledge of how to apply telerehabilitation using current evidence to screen, examine, and treat older adults. Participants will also learn communication skills for older adults and ways to improve patient motivation to improve functional outcomes. Several treatment interventions are described in this course that can be delivered through telerehabilitation. In addition, the toolbox provides evidence-based examination tools to use with telerehabilitation.

Upon completion of the course, participants will be able to apply telerehabilitation in an effective and efficient manner for older adults in both group and individualized treatment plans to achieve greater patient outcomes.

Learning Objectives

Upon completion of this home study, participants will be able to:

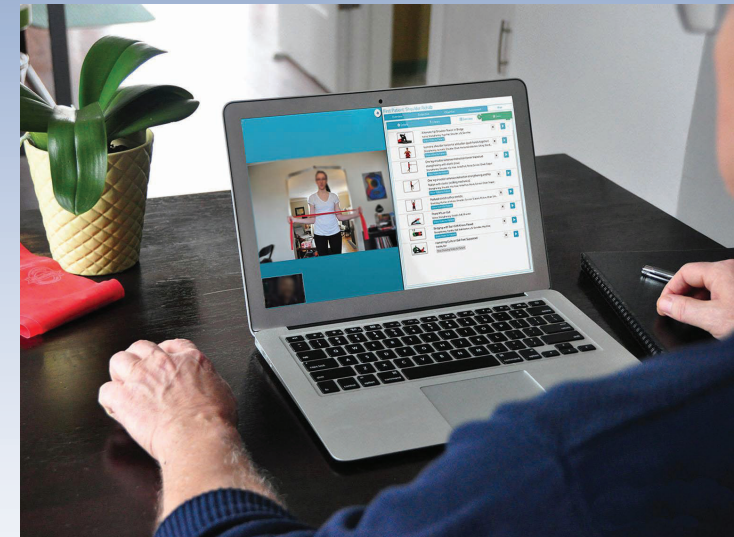
1. Describe patient and therapist views of telerehabilitation
2. List criteria for patient selection to use telerehabilitation
3. Complete a cranial nerve exam using telerehabilitation
4. Develop an individualized intervention plan for an older adult with a musculoskeletal condition using TR to deliver.
5. List tests identified as having properties to predict fall risk and modifications for telerehabilitation.
6. List the components of telerehabilitation documentation.
7. Describe the advantages and challenges delivering rehabilitation with telerehabilitation.
8. Discuss clinical screening and examination tools for multiple conditions including gait and balance, posture, pain, cardiopulmonary, stroke, and Parkinson's disease.

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*Clinical Tools to Effectively Deliver
Rehabilitation Remotely to Older Adults
for Improved Patient Outcomes*

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Donald Hayes, PT, DPT, GTCCS, GCS

Faculty

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Donald Hayes, DPT, is a Board-Certified Geriatric Clinical Specialist Physical Therapist. Dr. Hayes has a Bachelor of Arts from the University of Northern Iowa, Bachelor of Health Science from the University of Missouri, Masters from the University of Missouri, and a doctorate from A.T. Still University. He earned a Geriatric Trained and Certified Clinical Specialist (GTCCS) from the Geriatric Rehabilitation Education and Training Institute in 2018. He was a member of a 2015 award winning telerehabilitation team in the VA. He has authored/co-authored several articles and spoken at conferences and universities on the use of telerehabilitation in physical therapy. He is currently a member of the Frontiers in Research Science and Technology (FiRST) council in the American Physical Therapy Association.

Course Outline

Introduction	30 min
Patient Selection.....	15 min
Geriatric Communication.....	75 min
Geriatric Motivation	30 min
Geriatric Assessment	75 min
Musculoskeletal Conditions	60 min
Neck	45 min
Shoulders.....	60 min
Spine.....	50 min
Elbows/Hands.....	45 min
Hips	30 min
Knees.....	45 min
Ankles/Feet.....	30 min
Gait/Balance	120 min
Vestibular.....	45 min
Neurologic Conditions	
Parkinson's.....	60 min
Stroke	45 min
Cardiopulmonary	90 min
Cancer	30 min
Special Populations	20 min

Registration

Audience

Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants, and other Rehabilitation Professionals.

Level

This course is at an intermediate level.

Fee

The registration fee is \$295 for this 20 contact hour course.

Educational Credit

Great Seminars and Books is an Approved CE Provider for PTs and PTAs in NY, KY, IL, TX and NC. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. Our courses also meet the guidelines of approval for PTs and PTAs in PA, AL, IN, WY, VA, AZ, DE, NH, OR, RI, UT, GA and MO. Courses are accepted for CEUs for PTs and PTAs in NE, ID, MT, WA, CT, IA, and ND. If your state is not shown, please contact us. Please check with your individual state's Board or Association regarding how many hours of this home study can be used toward your licensure as this varies from state to state. This course is not approved by ASHA or Board of Certification (BOC).

Lost Certificates

Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

Credit Hours

This is a 20 contact hour course that requires participant to have access to a computer and high speed internet.



Register at

www.GreatSeminarsAndBooks.com