

Would you like to take a fabulous course to enhance your clinical skills?

## Evidence Based Management of Patients with Dementia

Speaker: Nicole Dawson, PT, PhD, GCS

### Course Description

While patients with dementia pose unique challenges to rehabilitation professionals, the potential benefits from quality therapy is astounding. Having a strong foundational understanding of the available strengths to these patients is crucial in developing a solid treatment plan. These patients present with deficits in attention, judgment, memory, communication, and language but also have several functions that remain intact through the disease. It is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult's return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as individuals without dementia, but it is up to us as the rehabilitation professionals to understand how to exploit the strengths and abilities of these individuals to help meet their goals. This course will provide a better understanding of cognitive aging through discussion on which parts of cognition are the strongest throughout the progression of dementia and how to use these abilities to promote a successful episode of care. Barriers to treatment will be discussed along with best practice and evidence-based approaches to overcome these challenges to improve functional outcomes for these patients. The different types of dementia will be discussed highlighting effective strategies to maximize patient outcomes. Understanding the use of a strength-based approach will be emphasized to help you and your staff better treat this growing group of challenging patients.

### Faculty Bio

Nicole Dawson, PT, PhD, GCS is an Assistant Professor in the Doctor of Physical Therapy Program at the University of Central Florida and Co-Director of the Innovative Mobility Innovative (IMOVE™) Lab. She graduated from Ohio University with a Master's degree in Physical Therapy in 2002. Dr. Dawson is a Board Certified Geriatric Physical Therapist with over 16 years of clinical experience along with a PhD in Adult Development & Aging Psychology. She has been recognized for excellence in teaching by the Academy of Geriatric Physical Therapy through receipt of the Distinguished Educator Award and the American Physical Therapy Association being awarded the Margaret L. Moore Outstanding New Faculty Award. Her current area of research includes developing non-pharmacological interventions to improve functional and psychosocial outcomes in patients with dementia, identifying predictors of falls in older adults with cognitive impairment, as well as gaining a better understanding of the disability experience of older adults. Dr. Dawson has been published in peer-reviewed journals including The Gerontologist and the Journal of Geriatric Physical Therapy. She has presented at numerous international and national conferences on the subject. She is passionate about bettering the treatment and care of these patients and is dedicated to assisting

students and clinicians in gaining skills and knowledge to better help these patients maximize their potential.

### Course Objectives

*Upon completion of this seminar, participants will be able to:*

1. Implement current evidenced-based interventions and best practices in literature for patients with dementia.
2. Use effective communication strategies and person-centered care to maximize outcomes.
3. Evaluate strengths and domains requiring compensation in patients with dementia
4. Contrast differences between strength-based approach and traditional medical model.
5. Distinguish the different types of dementia and their symptomology.
6. Describe the progression of dementia and appropriate treatment goals for each stage.
7. Recognize potential emotional and behavior disturbances that may impact treatment.

### Program Agenda

#### DAY 1

8:00 am Normative Age-Related Cognitive Changes

- Age-related structural changes
- Theories of normal cognitive aging
- Age-related functional changes

10:30 am Break

10:45 am Atypical Cognitive Changes in Aging

- Comparison of normal aging and dementia
- Differentiation of different types of dementia
- Progression of Dementia
- Global Deterioration Scale
- Functional Staging for Rehabilitative Purposes
- Pharmacological Treatments

12:30 pm Working Lunch (on your own) – Group Discussion

1:30 pm Strength-based Approach to Rehabilitation

- Strength-based vs. medical model
- Remaining strengths in dementia

3:30 pm Break

3:45 pm Strength-based Approach to Rehabilitation (cont)

- Constructs requiring compensation in dementia
- Components of strength-based approach
- Personhood & person-centered care

6:00 pm Questions and Answers

6:30 pm Course Day Adjourns

#### DAY 2

8:00 am Treatment Strategies to Facilitate Successful Outcomes

- Effective communication strategies
- Behavioral management strategies

10:30 am Break

10:45 am Treatment Strategies (cont)

- Current evidence-based interventions and best practices for individuals with dementia
  - Functional documentation for use with interventions
  - Documenting progress for individuals with dementia
- 12:30 pm Working Lunch (on your own) – Group Discussion  
 1:30 pm Current Research on Dementia
- Updated diagnostic criteria
  - Prevention of cognitive decline
- 3:00 pm Break  
 3:15 pm Case Studies and Active Learning  
 6:00 pm Questions and Answers  
 6:30 pm Course Adjourns

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each **GREAT Seminars & Books on-site course** attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the Certificate Discount Program.**

**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

**COURSE CANCELLATION:** GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

**EDUCATIONAL CREDIT:** A certificate of attendance for 20 contact hours of educational activity (20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrants upon completion of the seminar. Great Seminars and Books is an Approved CE Provider for PTs and PTAs in AR, OK, NY, IL, NC, CA, TX, NM, and KY and this two day course provides 20 contact hours of continuing education. Our courses also meet the guidelines for approval in PA, VT, AL, IN, WI, VA, AZ, DE, NH, OR, RI, UT, GA, WY, ND and MO. Courses are accepted for CEUs in NE, ID, MT, WA, CT, and IA. **If you are a PT/PTA and your state is not listed, please check our web site at [www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com) under the individual course's "CEU Information" tab for more information on approvals.**

GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. The majority of our courses are approved, but please check our web site for AOTA approval of specific courses. This course is not approved by ASHA or the Board of Certification. Your tuition is tax deductible. Any reference to or mention of state rules or regulations concerning continuing education requirements are true and accurate to the best of our knowledge at the time of print. If you have questions, please contact your board or regulating body.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

**COVID POLICY:** We will follow social distancing guidelines and masks will be required as current circumstances dictate. We realize there is a lot of uncertainty around COVID-19 and traveling. If you are concerned about registering, please rest assured that if the event is cancelled or you are unable to attend due to COVID-19, we will promptly refund your registration fees.

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**REGISTRATION FEE:** \$545. The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**EARLY BIRD REGISTRATION:** \$495

### 4 Easy Ways to Register

Access our registration form on our web site

at: <https://www.greatseminarsandbooks.com/wp-content/uploads/2023/01/GSB-form.pdf>

**E-MAIL** your registration to:  
[greatseminars@aol.com](mailto:greatseminars@aol.com)

**MAIL** your registration form with payment to:  
 GREAT Seminars and Books, Inc., 2639 Revere Drive, Akron, OH 44333-2311

**CALL Toll Free** 877-79-GREAT (877-794-7328)

Website: [www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com)  
 Federal Tax ID# 52-2193458