



GREAT SEMINARS & BOOKS  
Geriatric Rehabilitation Education And Training  
Great Courses for Great Outcomes

# Total Joint Arthroplasty:

The Newest Information on Outcomes and Rehabilitation Across the Continuum



# 2022

**Jacksonville, FL**  
February 26-27

**Toms River, NJ**  
July 23-24

**Nashville, TN**  
October 22-23

**Fort Lauderdale, FL**  
December 3-4

The environment of total joint arthroplasty is changing. As rehab professionals, therapists are no longer relegated to silos of care. The therapists in home health, skilled nursing and outpatients must evaluate and treat what is considered an acute care level patient due to the minimal length of stay. Patients in the acute setting are functionally performing at the home health and outpatient levels. This course addresses how we meet this growing population to provide time appropriate treatment interventions across the continuum of care. Therapists must quickly and accurately identify problems, develop relevant rehab plans and modify their care to fit everyone from the fit to the frail elective surgery patient. This course examines all of the factors impacting rehabilitation and successful recovery.

# FACULTY

**Dr. Alisa Curry, PT, DPT, GTCCS, GCS, FSOAE** is a Board Certified Geriatric Clinical Specialist with primary focus in the rehabilitation of the total joint population. She holds her Doctorate of Physical Therapy from Arizona School of Health Sciences at A.T. Still University, a BS in Physical Therapy from Langston University in Langston, Oklahoma, a BS in Psychology from the University of California San Diego. Alisa is also a Geriatric Trained & Certified Clinical Specialist (GTCCS). A Physical Therapist since 1994, she has treated over 10,000 patients with total joint arthroplasty in acute care, home health and skilled nursing. She also promotes increased networking and interprofessional collaboration at all levels of care. With the American Physical Therapy Association (APTA), she is currently working on evidence based models of care improvement for patients with total joint, has developed the Total Joint Replacement Special Interest Group for therapists practicing primarily with this patient population, moderates an online discussion listserve of over 2000 patients internationally, has presented for the APTA and the National Association of Orthopedic Nurses (NAON). Dr. Curry has also consulted on projects with the AAOS, NAON, APTA and other medical entities to improve care of the patient population.

# PROGRAM OUTLINE

## Day 1

- 7:30 Registration and Continental Breakfast  
8:00 **Total Knee Arthroplasty (TKA)**
  - Anatomy and Biomechanics
  - Surgical Approaches
  - Precautions
  - Analgesia
  - Components
  - Video

10:30 Break  
10:45 **Total Knee Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Discharge Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Bilateral Total Knee Arthroplasty
    - Flexion Contractures
    - Extensor mechanism repair
    - TKA Resection
  - Discharge Disposition
    - Home
    - Outpatient
  - Acute Rehab
  - Skilled Nursing (SNF)

12:30 Working Lunch (on your own) Protocol Review  
1:30 **Total Hip Arthroplasty (THA)**
  - Anatomy & Biomechanics of the Hip Joint
  - Surgical Approaches/Options
  - Hip Resurfacing
  - Precautions
  - Analgesia
  - Components
  - THA Surgical Videos

3:30 Break  
3:45 **Total Hip Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Discharge Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Intraop Fracture
    - Bilateral Hip Arthroplasty
    - Trochanter Precautions
    - Hip Resection
  - Discharge Disposition
    - Home
    - Outpatient
  - Acute Rehab
  - Skilled Nursing (SNF)

6:00 Questions and Answers  
6:30 Adjourn

## DAY 2

- 7:30 Continental Breakfast  
8:00 **Total Shoulder Arthroplasty (TSA)**
  - Anatomy & Biomechanics of the Shoulder Joint
  - Surgical Approaches/Options
  - Precautions
  - Analgesia
  - Components
  - TSA Surgical Videos
  - Total Shoulder
  - Reverse Total Shoulder

10:30 Break  
10:45 **Total Shoulder Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Frozen shoulder
    - Intraop fracture
    - Dislocation
  - Disposition
    - Home
    - Outpatient
  - Acute Rehab
  - Skilled Nursing (SNF)

12:30 Working Lunch (on your own) Group Discussion  
1:30 **Medical Management of the Total Joint Patient**
  - Multidisciplinary Team
  - Pharmacology
  - Lab Values
  - Medical Co-morbidities – Why is the PMHx so important?
  - Case Studies and Scenarios of the Complex Patient with Total Joint
  - Discussion of obstacles for difficult patients
  - Rehabilitation – PT and OT
  - Anesthesia
  - Case Management
  - Multimodal Approach
    - IV Meds
    - Anti-inflammatories
  - H/H
  - BUN and Creatinine
  - Obesity
  - Sleep Apnea
  - Practice Patterns
  - PT / INR
  - Other
  - Diabetes – IDDM and NIDDM
  - Obesity
  - Sleep Apnea
  - Practice Patterns- Case Studies and Scenarios of the Complex Patient with Total Joint
- Discussion of obstacles for difficult patients

3:30 Break  
3:45 **Multidisciplinary Planning Development of a Program – Getting the team to work with you**
  - Service Lines
  - Factors influencing Early Discharge
  - Rapid Recovery / Fast Track Program

5:00 **Examples of Successful Programs**
  - HSS
  - Rush
  - Anne Arundel
  - WHHS

6:00 Questions and Answers  
6:30 Adjourn

# OBJECTIVES

Upon completion of this seminar, participants will be able to:

- Analyze the latest surgical advances, considerations and technology in total joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Integrate functional evaluation tools.
- Examine the areas of pain management, wound healing and co-morbidities impacting recovery across the care continuum.
- Analyze the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Propose rehabilitation programs for specific joint arthroplasty procedures.
- Formulate and review the rationale for rehabilitation protocols following total joint replacement.
- Recommend evidence-based treatment interventions for total joint replacement.
- Incorporate these principles into working with the interdisciplinary team in all stages of patient management.
- Discuss the Comprehensive Care for Joint Replacement (CJR) model and impact of “Bundled Payment” on the various levels of care.

# LOCATIONS

**Additional course information will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the start of the course.**

Ascension St. Vincent's Southside  
4201 Belfort Road  
Jacksonville, FL 32216  
February 26-27, 2022

TriStar Centennial Medical Center  
2300 Patterson Street  
Nashville, TN 37203  
October 22-23, 2022

Host: Community Medical Center  
Rehabilitation Services  
Location: Community Medical Center  
99 Highway 37 West  
Toms River, NJ 08755  
July 23-24, 2022

Broward Health Medical Center  
1600 S. Andrews Avenue  
Fort Lauderdale, FL 33316  
December 3-4, 2022

# REGISTRATION

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEES:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**Jacksonville, FL** - \$545. If postmarked before 2/16/22  
**Toms River, NJ** - \$545. If postmarked before 7/13/22  
**Nashville, TN** - \$545. If postmarked before 10/12/22  
**Fort Lauderdale, FL** - \$545. If postmarked before 11/18/22

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$25 late fee.

**EARLY BIRD:** \$495 - If completed registration and payment are received by:

**Jacksonville, FL** - February 2, 2022  
**Toms River, NJ** - June 22, 2022  
**Nashville, TN** - September 28, 2022  
**Fort Lauderdale, FL** - November 9, 2022

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each GREAT Seminars & Books on-site course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the certificate discount program.**

**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

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or 2 CEUs of educational activity or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar. Courses are accepted for CEUs in NE, ID, MT, WA, CT, IA, and ND. If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. Your tuition is tax deductible. Any reference to or mention of state rules or regulations concerning continuing education requirements are true and accurate to the best of our knowledge at the time of print. If you have questions, please contact your board or regulating body.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

**COVID POLICY:** We will follow social distancing guidelines and masks will be required as current circumstances dictate. We realize there is a lot of uncertainty around COVID-19 and traveling. If you are concerned about registering, please rest assured that if the event is cancelled or you are unable to attend due to COVID-19, we will promptly refund your registration fees.

## 5 Easy Ways to Register

Register online at [www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com)

**CALL** Monday-Thursday 10-5 EST, Friday 10-1 EST  
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## 2022 Registration - Total Joint Arthroplasty

YES! Please register me for:  Jacksonville, FL - February 26-27  Toms River, NJ - July 23-24  Nashville, TN - October 22-23  Fort Lauderdale, FL - December 3-4

Circle One: PT • PTA • OT • COTA • Other \_\_\_\_\_

### PLEASE PRINT

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# Total Joint Arthroplasty:

The Newest Information on Outcomes and Rehabilitation Across the Continuum



**Dr. Alissa Curry**

PT, DPT, GTCCS, GCS, FSOAE

[\$545 Value]

Early Registration – **\$495.00**

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# GREAT Courses *for* GREAT Outcomes

20 Contact Hours

This course will give clinicians functional assessment tools and treatment focus to apply across the continuum of care. Surgical advances, treatment techniques and rehabilitation protocols will be presented for total hip, knee and shoulder arthroplasties.

## Here's what our course attendees say:

"Been a therapist for a long time, didn't think I would learn much ... I was wrong!"

"Alisa was so knowledgeable and personable, just full of information."

"I could tell that the speaker loves what she does."

"Great presentation by a dynamic personality!"



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