



GREAT SEMINARS & BOOKS  
Geriatric Rehabilitation Education And Training  
Great Courses for Great Outcomes

# Home Health: A Specialty of Its Own



## 2022

**San Luis Obispo, CA**

**July 30-31**

**Cheyenne, WY**

**October 1-2**

Home Health rehabilitation is an innovative, cost effective and affordable component of delivering quality health care to our aging population in their homes. As a home health provider, therapists have the opportunity to make sustainable differences in the outcomes and lives of our patients. We are provided the opportunity to spend one on one time with our patients, in their environment and with their families and support systems. This unique opportunity takes special skills and training for this ever-changing environment.

As a new home health therapist, a seasoned provider, or someone considering home health as a career, this course is designed to provide you with the most up-to-date tools to guide you in evidenced based assessment, interventions and treatment progression. It will provide in-depth training for tests and measures appropriate for the home health setting for evaluating cognition, depression, gait, balance, balance confidence, strength, ADL, MRADI's and aerobic capacity. This course will give you updated information on home bound documentation, face to face requirements and ideas for providing therapy under the current reimbursement models.

Course handout includes tests & tools to improve the home health clinician's skills, documentation and functional outcome measurements. The course will include case studies, labs, and a Functional Test Score Summary with specific tests and measures, age and gender norms that you will be able to take home and immediately put into practice.

# FACULTY

**Janene Barber, PT, GTCSS, FSOAE**, received her BS from the University of Missouri. She earned her Geriatric Training Certificate from Great Seminars and Books in 2007 and her Functional Standard for Optimal Aging Expert Certification in 2018.

Janene has practiced in a variety of settings in over 34 years of practice. She was the Director of Rehabilitation at a large New Orleans Hospital where she also was an adjunct faculty at LSU and USA-Mobile. Ms. Barber was President/Owner of Occupational Wellness and St. Charles Physical Therapy Center in Louisiana.

She joined Gentiva Health Services and became Clinical Program Specialist for a nationally acclaimed program "Safe Strides", the first evidenced-based home care balance and vestibular training program. She was responsible for training, development, and outcomes with the program.

In addition, Ms. Barber was Vice President of Clinical Programs for the largest home care medicine group where she developed and implemented a medical balance assessment and home care program which is performed by physicians and rehabilitation professionals.

She has created and developed continuing education courses on the treatment of balance and vestibular disorders. Ms. Barber has consulted with top national home care and long-term care companies to implement evidenced-based therapy curriculum. She has taught in 48 states and internationally in Israel.

Presently she is President and owner of Cygnet Health Associates and is involved in Raise the Bar Consulting Co., providing education and training in geriatric assessment and treatment specializing in balance and vestibular disorders.

## OBJECTIVES

Upon completion of this seminar, participants will be able to:

1. Analyze recommended evidence based test and measurements based on home health impairment categories and integrate into home health practice.
2. Perform appropriate tests and measurements to incorporate efficient and accurate Oasis assessment to adhere to guidelines and definitions.
3. Execute recommended interventions based on the patient's impairment categories, tests and measurements and centered around the patient specific goals and incorporate into home health practice.
4. Create and design innovative treatment plans based on patient goals, impairment categories and consideration for special population integrating with current skills.
5. Identify and understand importance of medication management, side effects, and impact on treatment and effectiveness of plan.
6. Analyze barriers to compliance and formulate how to motivate and impact patient compliance to sustain goals and gains.
7. Incorporate take home tools that you can immediately utilize in your home health practice to justify home bound status and functional progress for better outcomes.
8. Identify the challenges of providing Home Health therapy in the current reimbursement models.

# PROGRAM OUTLINE

## Day 1

7:30-8:00	Registration & Continental Breakfast
8:00-8:30	Introduction to Home Health
8:30-10:00	Assessment Models and Principles of Tests & Measurements. Tools & Functional Outcome Measures for Home Health
10:00-10:15	Break
10:15-11:00	Continue Assessment Tools and Functional Outcome Measures
11:00-11:30	LAB: TUG, 30 sec Sit to Stand, 2 min Step Test, Arm Curl Test, SLUMS & mFES
11:30-12:00	Lab: DGI, 10' Walk Test, 4M Walk Test
12:00-1:00	Lunch (on your own) Lunch Assignment
1:00-2:00	Other Tests and Measures including Lab: 4 Square Step Test, Modified CTSIB, Single Leg Heel Raise, Short Physical Performance Battery, and Functional Reach
2:00-2:30	Introduction to Community Based Initiatives and Evidence Based Programs for Fall Prevention for Older Adults.
2:30-3:15	Fall Risk Assessment and Hospital Risk Assess in Home Health
3:15-3:30	Break
3:30-4:30	Geriatric Syndromes, Medications and Treatment Considerations
4:30-5:15	Home Bound, Face to Face, Skilled Care Documentations & Guidelines
5:00-6:00	Home Safety Considerations
6:00-6:30	Questions and Answers

## Day 2

7:30-8:00	Continental Breakfast
8:00-8:30	Testing of Functional Outcome Measures
8:30-10:00	Treatment Interventions the Right Prescription Based on the 6 Categories of Exercise
10:00-10:15	Break
10:15-12:00	Evidence Based Interventions for Other Population: Cardiopulmonary, Stroke and Parkinson's
12:00-1:00	Lunch (on your own) Lunch Assignment
1:00-2:30	Evidence Based Interventions for Other Populations: Orthopedics, Osteoarthritis, Osteoporosis, Cancer, Diabetes & Dementia
2:30-3:15	Paint the Picture & Guidelines for Goal Writing: Aging Adults and Fitness; Skilled Maintenance Care.
3:15-3:30	Break
3:30-4:15	Identifying and Navigating the Challenges of Providing Home Care in Present Reimbursement Model.
4:15-5:00	How Well Do You Know Oasis? Step by Step the Functional Questions.
5:00-6:00	Compliance & the Art of Sustaining Goals
6:00-6:30	Questions and Answer



## LOCATIONS

Additional course information will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the start of the course.

**Host:** Sierra Vista Regional Medical Center and Central Coast Home Health  
**Location:** Sierra Vista Regional Medical Center  
1010 Murray Avenue • San Luis Obispo, CA 93405  
July 30-31, 2022

**Host:** CRMC Home Health Care  
**Location:** Cheyenne Regional Medical Center  
214 East 23rd Street • Cheyenne, WY 82001  
October 1-2, 2022

# REGISTRATION

**AUDIENCE:** PRIMARY AUDIENCE - PHYSICAL THERAPISTS, PHYSICAL THERAPIST ASSISTANTS, OCCUPATIONAL THERAPISTS, OCCUPATIONAL THERAPIST ASSISTANTS. SECONDARY AUDIENCE: OTHER REHABILITATION PROFESSIONALS.

**LEVEL:** This course is at an intermediate level.

**FEE:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**San Luis Obispo, CA** - \$545. If postmarked before 7/20/22  
**Cheyenne, WY** - \$545. If postmarked before 9/21/22

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$25 late fee.

**EARLY BIRD:** \$495 - If completed registration and payment are received by

**San Luis Obispo, CA** - June 29, 2022  
**Cheyenne, WY** - September 7, 2022

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each GREAT Seminars & Books, Inc. course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the certificate discount program.**

**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

**COURSE CANCELLATION:** GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

**EDUCATIONAL CREDIT:** A certificate of attendance for 20 contact hours of educational activity (20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrants upon completion of the seminar. Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in MD, AR, CA, TN, and NJ for 20 Clinical Contact Hours. Have applied for approval in OK. This 20 contact hour course meets the guidelines of the Alabama Board of Physical Therapy for an

acceptable continuing education activity. Our courses also meet the guidelines for approval in PA, AL, IN, WY, VA, AZ, DE, NH, OR, RI, UT and MO. If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. This course is not approved by ASHA or Board of Certification. Your tuition is tax deductible. Any reference to or mention of state rules or regulations concerning continuing education requirements are true and accurate to the best of our knowledge at the time of print. If you have questions, please contact your board or regulating body.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$50.

**COVID POLICY:** We will follow social distancing guidelines and masks will be required as current circumstances dictate. We realize there is a lot of uncertainty around COVID-19 and traveling. If you are concerned about registering, please rest assured that if the event is cancelled or you are unable to attend due to COVID-19, we will promptly refund your registration fees.

## 5 Easy Ways to Register

**WEBSITE** Online Registration at:  
[www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com)

**MAIL** your registration form with payment to GREAT Seminars and Books, Inc.  
2639 Revere Drive, Akron, Ohio 44333-2311

**FAX** your completed registration form with credit card information to 330-865-6941, 24 hours a day.

**EMAIL** your registration to [greatseminars@aol.com](mailto:greatseminars@aol.com)

**CALL** Monday-Thursday 10-5 EST, Friday 10-1 EST  
Toll Free 877-79-GREAT (877-794-7328)

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\*AOTA does not endorse specific course content, products, or clinical procedures.  
\*A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar.

4.20.22

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Go to: [GreatSeminarsAndBooks.com](http://GreatSeminarsAndBooks.com) and Click on BOOKSTORE

## 2022 Home Health: A Specialty of Its Own

**YES! Please register me for:**  San Luis Obispo, CA - July 30-31  Cheyenne, WY - October 1-2

**PLEASE PRINT**

Circle One: PT • PTA • OT • COTA • Other \_\_\_\_\_

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# Home Health: A Specialty of Its Own



**Janene Barber**  
PT, GTCCS, FSOAE

[\$545 Value]  
Early Registration – \$495.00

**Register Today**

Get 20 Contact Hours in 1 Weekend at a GREAT Price!

Compared to other on-site courses, GREAT Seminars courses are the best value in the business. Most live courses are only 6 hours and cost \$229-\$295 which is \$40-\$50 per credit. A 20-hour course like this would cost \$800-\$1000! Get 20 CEUs for \$545 not \$1000! Plus if you register early, it's just \$495!



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# GREAT Courses *for* GREAT Outcomes

*“where therapists learn and excel in the care of the older adult population”*

## Here's what our course attendees say:

- “This was one of the best overall workshops I have every attended. Truly “GREAT.”*
- “Excellent presentation! Thank you for returning to the Midwest to teach this wonderfully informative course!”*
- “This was another GREAT course and speaker. I appreciate the quality of Great Seminars and have not been disappointed!”*
- “Thank you! So nice to have a Home Care Specific Course!”*
- “Very good speaker, kept us engaged throughout the 2 days. Lots of great info presented well. I appreciated hands on activities spaced throughout the day.”*
- “It was nice to see an “intermediate” workshop on homecare therapy. Thank you. I enjoyed the expertise and the experience she shared.”*
- “Speaker was very knowledgeable about the home health setting!”*
- “This was an excellent resource for me getting back into home health. Thanks for a wonderful course!”*