

# Total Joint Arthroplasty:

The Newest Information on Outcomes and Rehabilitation Across the Continuum



**2020**

**Casper, WY**  
August 8-9

**Kalamazoo, MI**  
September 12-13

**Bakersfield, CA**  
October 24-25

**Nashville, TN**  
November 7-8

The environment of total joint arthroplasty is changing. As rehab professionals, therapists are no longer relegated to silos of care. The therapists in home health, skilled nursing and outpatients must evaluate and treat what is considered an acute care level patient due to the minimal length of stay. Patients in the acute setting are functionally performing at the home health and outpatient levels. This course addresses how we meet this growing population to provide time appropriate treatment interventions across the continuum of care. Therapists must quickly and accurately identify problems, develop relevant rehab plans and modify their care to fit everyone from the fit to the frail elective surgery patient. This course examines all of the factors impacting rehabilitation and successful recovery.

**Dr. Alisa Curry, PT, DPT, GTCCS, GCS, FSOAE** is a Board Certified Geriatric Clinical Specialist with primary focus in the rehabilitation of the total joint population. She holds her Doctorate of Physical Therapy from Arizona School of Health Sciences at A.T. Still University, a BS in Physical Therapy from Langston University in Langston, Oklahoma, a BS in Psychology from the University of California San Diego. Alisa is also a Geriatric Trained & Certified Clinical Specialist (GTCCS). A Physical Therapist since 1994, she has treated over 10,000 patients with total joint arthroplasty in acute care, home health and skilled nursing. She also promotes increased networking and interprofessional collaboration at all levels of care. With the American Physical Therapy Association (APTA), she is currently working on evidence based models of care improvement for patients with total joint, has developed the Total Joint Replacement Special Interest Group for therapists practicing primarily with this patient population, moderates an online discussion listserve of over 2000 patients internationally, has presented for the APTA and the National Association of Orthopedic Nurses (NAON). Dr. Curry has also consulted on projects with the AAOS, NAON, APTA and other medical entities to improve care of the patient population.

## Day 1

- 7:30 Registration and Continental Breakfast
- 8:00 **Total Knee Arthroplasty (TKA)**
  - Anatomy and Biomechanics
  - Surgical Approaches
  - Precautions
  - Analgesia
  - Components
  - Video
- 10:30 Break
- 10:45 **Total Knee Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Discharge Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Acute Rehab
  - Skilled Nursing (SNF)
  - Challenges and Complications
    - Bilateral Total Knee Arthroplasty
    - Flexion Contractures
    - Extensor mechanism repair
    - TKA Resection
- 12:30 Working Lunch (on your own) Protocol Review
- 1:30 **Total Hip Arthroplasty (THA)**
  - Anatomy & Biomechanics of the Hip Joint
  - Surgical Approaches/Options
  - Precautions
  - Analgesia
  - Components
  - THA Surgical Videos
  - Hip Resurfacing
- 3:30 Break
- 3:45 **Total Hip Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Discharge Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Acute Rehab
  - Skilled Nursing (SNF)
  - Challenges and Complications
    - Intraop Fracture
    - Bilateral Hip Arthroplasty
    - Trochanter Precautions
    - Hip Resection
- 6:00 Questions and Answers
- 6:30 Adjourn

## DAY 2

- 7:30 Continental Breakfast
- 8:00 **Total Shoulder Arthroplasty (TSA)**
  - Anatomy & Biomechanics of the Shoulder Joint
  - Surgical Approaches/Options
  - Precautions
  - Analgesia
  - Components
  - TSA Surgical Videos
  - Total Shoulder
  - Reverse Total Shoulder
- 10:30 Break
- 10:45 **Total Shoulder Arthroplasty Rehabilitation**
  - Goals for Rehabilitation
  - Exercise Program
  - Disposition
  - Outcome Measures
  - Tests and Measures
  - Acute Care
  - Acute Rehab
  - Skilled Nursing (SNF)
  - Challenges and Complications
    - Frozen shoulder
    - Intraop fracture
    - Dislocation
- 12:30 Working Lunch (on your own) Group Discussion
- 1:30 **Medical Management of the Total Joint Patient**
  - Multidisciplinary Team
  - Pharmacology
  - Lab Values
  - Medical Co-morbidities – Why is the PMHx so important?
  - Case Studies and Scenarios of the Complex Patient with Total Joint
  - Discussion of obstacles for difficult patients
  - Rehabilitation – PT and OT
  - Anesthesia
  - Case Management
  - Multimodal Approach
  - IV Meds
  - Anti-inflammatories
  - Opioids
  - PT / INR
  - Other
  - Practice Patterns
  - Diabetes – IDDM and NIDDM
  - Obesity
  - Sleep Apnea
  - Opioids
- 3:30 Break
- 3:45 **Multidisciplinary Planning Development of a Program – Getting the team to work with you**
  - Service Lines
  - Factors influencing Early Discharge
  - Rapid Recovery / Fast Track Program
- 5:00 **Examples of Successful Programs**
  - HSS
  - Rush
  - Anne Arundel
  - WHHS
- 6:00 Questions and Answers
- 6:30 Adjourn

## OBJECTIVES

Upon completion of this seminar, participants will be able to:

- Analyze the latest surgical advances, considerations and technology in total joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Integrate functional evaluation tools.
- Examine the areas of pain management, wound healing and co-morbidities impacting recovery across the care continuum.
- Analyze the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Propose rehabilitation programs for specific joint arthroplasty procedures.
- Formulate and review the rationale for rehabilitation protocols following total joint replacement.
- Recommend evidence-based treatment interventions for total joint replacement.
- Incorporate these principles into working with the interdisciplinary team in all stages of patient management.
- Discuss the Comprehensive Care for Joint Replacement (CJR) model and impact of “Bundled Payment” on the various levels of care.

## LOCATIONS

**Additional course information will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the start of the course.**

Wyoming Medical Center  
1233 East 2nd Street  
Casper, WY 82601  
**August 8-9, 2020**

**Host:** Bronson at Home  
**Location:** Gilmore Center at Bronson  
Methodist Hospital  
7 Healthcare Plaza  
Kalamazoo, MI 49007  
**September 12-13, 2020**

Around the Clock Care  
5251 Office Park Drive  
Suite 400  
Bakersfield, CA 93309  
**October 24-25, 2020**

TriStar Centennial  
Medical Center  
2300 Patterson Street  
Nashville, TN 37203  
**November 7-8, 2020**

# REGISTRATION

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEES:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Casper, WY - \$545. If postmarked before 7/14/20  
Kalamazoo, MI - \$545. If postmarked before 8/19/20  
Bakersfield, CA - \$545. If postmarked before 9/30/20  
Nashville, TN - \$545. If postmarked before 10/14/20

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$25 late fee.

**EARLY BIRD:** \$495 - If completed registration and payment are received by:

Casper, WY - June 10, 2020  
Kalamazoo, MI - July 22, 2020  
Bakersfield, CA - August 26, 2020  
Nashville, TN - September 9, 2020

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each GREAT Seminars & Books on-site course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the certificate discount program.**

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**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

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Therapy Board for 1.5 renewal units (15 CCUs) and 2.1 total units of continuing education; Unit type is Clinical. Our courses also meet the guidelines for approval in PA, MI, CO, CT, AL, GA, IN, WI, WY, VA, AZ, DE, NH, OR, RI, AL, UT and MO. Courses are accepted for CEUs in NE, ID, MT, WA, CT, IA, and ND. If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. Your tuition is tax deductible. Any reference to or mention of state rules or regulations concerning continuing education requirements are true and accurate to the best of our knowledge at the time of print. If you have questions, please contact your board or regulating body.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

## 5 Easy Ways to Register

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## 2020 Registration - Total Joint Arthroplasty

**YES! Please register me for:**

Casper, WY - August 8-9     Kalamazoo, MI - September 12-13     Bakersfield, CA - October 24-25

Nashville, TN - November 7-8    Circle One: PT • PTA • OT • COTA • Other \_\_\_\_\_

### PLEASE PRINT

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The Newest Information on Outcomes and Rehabilitation Across the Continuum



**Dr. Alissa Curry**

PT, DPT, GTCCS, GCS, FSOAE

[\$545 Value]

Early Registration – **\$495.00**

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# GREAT Courses *for* GREAT Outcomes

20 Contact Hours

This course will give clinicians functional assessment tools and treatment focus to apply across the continuum of care.

Surgical advances, treatment techniques and rehabilitation protocols will be presented for total hip, knee and shoulder arthroplasties.

## Here's what our course attendees say:

"Been a therapist for a long time, didn't think I would learn much ... I was wrong!"

"Alisa was so knowledgeable and personable, just full of information."

"I could tell that the speaker loves what she does."

"Great presentation by a dynamic personality!"

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