GSB
GREAT SEMINARS & BOOKS
Geriatric Rehabilitation Education and Training

Evidence-Based Management of Patients with Dementia

"where therapists learn and excel in the care of the ever-increasing older adult population"

2020

Fort Wayne, IN
Host: Huntington University - Occupational Therapy Doctoral Program
Location: Huntington University - Fort Wayne
1819 Carew Street
Fort Wayne, IN 46805
April 25-26, 2020

Hawthorne, NJ
Host: HealthPRO®/Heritage and Van Dyk Park Place
Location: Van Dyk Park Place
644 Goffle Road
Hawthorne, NJ 07506
June 27-28, 2020

Renton, WA
Host: Providence Home and Community Care
Location: Providence Health & Services
1801 Lind Avenue SW
Renton, WA 98057
July 18-19, 2020

Lafayette, LA
Host: The Therapy Center
Location: University of Louisiana at Lafayette - Student Union
620 McKinley Street
Lafayette, LA 70503
September 12-13, 2020

Baltimore, MD
Levindale Hebrew Geriatric Hospital and Center
2434 W. Belvedere Avenue
Baltimore, MD 21215
December 5-6, 2020

FACULTY

Nicole Dawson, PT, PhD, GCS is an Assistant Professor in the Doctor of Physical Therapy Program at the University of Central Florida and Co-Director of the Innovative Mobility Innovative (IMOVE™) Lab. She graduated from Ohio University with a Master's degree in Physical Therapy in 2002. Dr. Dawson is a Board Certified Geriatric Physical Therapist with over 16 years of clinical experience along with a PhD in Adult Development & Aging Psychology. She has been recognized for excellence in teaching by the Academy of Geriatric Physical Therapy through receipt of the Distinguished Educator Award and the American Physical Therapy Association being awarded the Margaret L. Moore Outstanding New Faculty Award.

Her current area of research includes developing non-pharmacological interventions to improve functional and psychosocial outcomes in patients with dementia, identifying predictors of falls in older adults with cognitive impairment, as well as gaining a better understanding of the disability experience of older adults. Dr. Dawson has been published in peer-reviewed journals including The Gerontologist and the Journal of Geriatric Physical Therapy. She has presented at numerous international and national conferences on the subject. She is passionate about bettering the treatment and care of these patients and is dedicated to assisting students and clinicians in gaining skills and knowledge to better help these patients maximize their potential.

PROGRAM OUTLINE

Day 1

- 7:30 am Registration and Continental Breakfast
- 8:00 am Normative Age-Related Cognitive Changes
  - Age-related structural changes
  - Theories of normal cognitive aging
  - Age-related functional changes
- 10:30 am Break
- 10:45 am Atypical Cognitive Changes in Aging
  - Comparison of normal aging and dementia
  - Differentiation of different types of dementia
  - Progression of Dementia
  - Global Deterioration Scale
  - Functional Staging for Rehabilitative Purposes
  - Pharmacological Treatments
- 12:30 pm Working Lunch (on your own) – Group Discussion
- 1:30 pm Strength-based Approach to Rehabilitation
  - Strength-based vs. medical model
  - Remaining strengths in dementia
- 3:30 pm Break
- 3:45 pm Strength-based Approach to Rehabilitation (cont)
  - Constructs requiring compensation in dementia
  - Components of strength-based approach
  - Personhood & person-centered care
- 6:00 pm Questions and Answers
- 6:30 pm Course Day Adjourns

Day 2

- 7:30 am Continental Breakfast
- 8:00 am Treatment Strategies to Facilitate Successful Outcomes
  - Effective communication strategies
  - Behavioral management strategies
- 10:30 am Break
- 10:45 am Treatment Strategies (cont)
  - Current evidence-based interventions and best practices for individuals with dementia
    - -Functional documentation for use with interventions
    - -Documenting progress for individuals with dementia
- 12:30 pm Working Lunch (on your own) – Group Discussion
- 1:30 pm Current Research on Dementia
  - Updated diagnostic criteria
  - Prevention of cognitive decline
- 3:00 pm Break
- 3:15 pm Case Studies and Active Learning
- 6:00 pm Questions and Answers
- 6:30 pm Course Adjourns

OBJECTIVES

Upon completion of this seminar, participants will be able to:

1. Implement current evidenced-based interventions and best practices in literature for patients with dementia.
2. Use effective communication strategies and person-centered care to maximize outcomes.
3. Evaluate strengths and domains requiring compensation in patients with dementia
4. Contrast differences between strength-based approach and traditional medical model.
5. Distinguish the different types of dementia and their symptomology.
6. Describe the progression of dementia and appropriate treatment goals for each stage.
7. Recognize potential emotional and behavior disturbances that may impact treatment.

COURSE DESCRIPTION

While patients with dementia pose unique challenges to rehabilitation professionals, the potential benefits from quality therapy is astounding. Having a strong foundational understanding of the available strengths to these patients is crucial in developing a solid treatment plan. These patients present with deficits in attention, judgment, memory, communication, and language but also have several functions that remain intact through the disease. It is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult's return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as individuals without dementia, but it is up to us as the rehabilitation professionals to understand how to exploit the strengths and abilities of these individuals to help meet their goals.

This course will provide a better understanding of cognitive aging through discussion on which parts of cognition are the strongest throughout the progression of dementia and how to use these abilities to promote a successful episode of care. Barriers to treatment will be discussed along with best practice and evidence-based approaches to overcome these challenges to improve functional outcomes for these patients. The different types of dementia will be discussed highlighting effective strategies to maximize patient outcomes. Understanding the use of a strength-based approach will be emphasized to help you and your staff better treat this growing group of challenging patients.

REGISTRATION

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists and Occupational Therapist Assistants.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Fort Wayne, IN - $545. If postmarked before 4/1/20
Hawthorne, NJ - $545. If postmarked before 6/3/20
Renton, WA - $545. If postmarked before 6/24/20
Lafayette, LA - $545. If postmarked before 8/19/20
Baltimore, MD - $545. If postmarked before 11/11/20

LATE REGISTRATION: Postmarked after the above date requires an additional $25 late fee.

EARLY BIRD: $495 - If completed registration and payment are received by:

Fort Wayne, IN - March 11, 2020
Hawthorne, NJ - April 29, 2020
Renton, WA - May 20, 2020
Lafayette, LA - July 22, 2020
Baltimore, MD - October 7, 2020

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CONFIRMATION: A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a $75 administration fee. NO refunds will be made after this date.

COURSE CANCELLATION: GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

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Colorado PTs/PTAs: The Colorado PT Board/Continuing Competency Program does not "approve" continuing education courses. A licensed PT will be responsible for achieving 30 points from the Professional Development Activities List (20 of these points must be Category I activities). Please visit the Colorado PT Board website at www.dora.colorado.gov/professions/physicaltherapistscc. Once on that page, click on "CPC Program Manual" on the bottom half of the page. The Program Manual will explain the program in detail. The manual also provides criteria for acceptable activities.

If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. This course is not approved by ASHA or Board of Certification. Your tuition is tax deductible. Any reference to or mention of state rules or regulations concerning continuing education requirements are true and accurate to the best of our knowledge at the time of print. If you have questions, please contact your board or regulating body.

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is $25.

5 Easy Ways to Register

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2020 Registration - Evidence-Based Management of Patients with Dementia

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❑ Lafayette, LA - September 12-13 ❑ Baltimore, MD - December 5-6 Circle One: PT • PTA • OT • COTA • Other _____

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Evidence-Based Management of Patients with Dementia

Nicole Dawson
PT, PhD, GCS

[$545 Value]
Early Registration – $495.00

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GREAT Courses *for* GREAT Outcomes

20 Contact Hours

Patients with dementia benefit as much from rehabilitation as those without dementia.

It is up to the rehabilitation professional to learn how to utilize the strengths and abilities of the dementia patient to help meet their rehabilitation goals.

Here's what our course attendees say:

"Great course. I loved all the discussion and real life examples."

"Instructor kept my attention and kept me engaged...I really appreciated her humor."

"Lots of knowledge and experience."

"Amazing speaker...blown away by her energy, knowledge, and passion. These past two days ave been so enjoyable."

"I have had the rare privilege of seeing Nicole Dawson present. She has so much insight, passion and expertise in the area of working with older adults with dementia that her energy, ideas, and enthusiasm are contagious. I have never seen someone with such a gift for bringing research into clinically applicable information. Participants will leave this course with so many new and exciting examinations and interventions that they can use immediately. Nicole really brings this topic to life."

- Carole B. Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA

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