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Evidence-Based Management of Patients with Dementia



GET 20 CONTACT HOURS IN 1 WEEKEND AT A GREAT PRICE!



Nicole Dawson
PT, PhD, GCS

Allentown, PA
June 22-23

Bellevue, NE
(Omaha, NE Area)
September 14-15

Boscawen, NH
November 9-10

2019

20 Contact Hours

Patients with dementia benefit as much from rehabilitation as those without dementia.

It is up to the rehabilitation professional to learn how to utilize the strengths and abilities of the dementia patient to help meet their rehabilitation goals.



Faculty

Nicole Dawson, PT, PhD, GCS is an Assistant Professor in the Doctor of Physical Therapy Program at the University of Central Florida and Co-Director of the Innovative Mobility Innovative (IMOVE™) Lab. She graduated from Ohio University with a Master's degree in Physical Therapy in 2002. Dr. Dawson is a Board Certified Geriatric Physical Therapist with over 16 years of clinical experience along with a PhD in Adult Development & Aging Psychology. She has been recognized for excellence in teaching by the Academy of Geriatric Physical Therapy through receipt of the Distinguished Educator Award and the American Physical Therapy Association being awarded the Margaret L. Moore Outstanding New Faculty Award. Her current area of research includes developing non-pharmacological interventions to improve functional and psychosocial outcomes in patients with dementia, identifying predictors of falls in older adults with cognitive impairment, as well as gaining a better understanding of the disability experience of older adults. Dr. Dawson has been published in peer-reviewed journals including *The Gerontologist* and the *Journal of Geriatric Physical Therapy*. She has presented at numerous international and national conferences on the subject. She is passionate about bettering the treatment and care of these patients and is dedicated to assisting students and clinicians in gaining skills and knowledge to better help these patients maximize their potential.

Description

While patients with dementia pose unique challenges to rehabilitation professionals, the potential benefits from quality therapy is astounding. Having a strong foundational understanding of the available strengths to these patients is crucial in developing a solid treatment plan. These patients present with deficits in attention, judgment, memory, communication, and language but also have several functions that remain intact through the disease. It is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult's return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as individuals without dementia, but it is up to us as the rehabilitation professionals to understand how to exploit the strengths and abilities of these individuals to help meet their goals.

This course will provide a better understanding of cognitive aging through discussion on which parts of cognition are the strongest throughout the progression of dementia and how to use these abilities to promote a successful episode of care. Barriers to treatment will be discussed along with best practice and evidence-based approaches to overcome these challenges to improve functional outcomes for these patients. The different types of dementia will be discussed highlighting effective strategies to maximize patient outcomes. Understanding the use of a strength-based approach will be emphasized to help you and your staff better treat this growing group of challenging patients.

Objectives

Upon completion of this seminar, participants will be able to:

1. Implement current evidenced-based interventions and best practices in literature for patients with dementia.
2. Use effective communication strategies and person-centered care to maximize outcomes.
3. Evaluate strengths and domains requiring compensation in patients with dementia
4. Contrast differences between strength-based approach and traditional medical model.
5. Distinguish the different types of dementia and their symptomology.
6. Describe the progression of dementia and appropriate treatment goals for each stage.
7. Recognize potential emotional and behavior disturbances that may impact treatment.

Testimonial

"I have had the rare privilege of seeing Nicole Dawson present. She has so much insight, passion and expertise in the area of working with older adults with dementia that her energy, ideas, and enthusiasm are contagious. I have never seen someone with such a gift for bringing research into clinically applicable information. Participants will leave this course with so many new and exciting examinations and interventions that they can use immediately. Nicole really brings this topic to life."

- Carole B. Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA

Locations The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Phoebe Allentown
Allentown, PA
June 22-23, 2019

Host: Hillcrest Health and Rehab
Location: Hillcrest Home Care
Bellevue, NE
September 14-15, 2019

Merrimack County Nursing Home
Boscawen, NH
November 9-10, 2019

Program Schedule

Day 1

- 7:30 am **Registration and Continental Breakfast**
- 8:00 am **Normative Age-Related Cognitive Changes**
- Age-related structural changes
 - Theories of normal cognitive aging
 - Age-related functional changes
- 10:30 am **Break**
- 10:45 am **Atypical Cognitive Changes in Aging**
- Comparison of normal aging and dementia
 - Differentiation of different types of dementia
 - Progression of Dementia
 - Global Deterioration Scale
 - Functional Staging for Rehabilitative Purposes
 - Pharmacological Treatments
- 12:30 pm **Working Lunch (on your own) – Group Discussion**
- 1:30 pm **Strength-based Approach to Rehabilitation**
- Strength-based vs. medical model
 - Remaining strengths in dementia
- 3:30 pm **Break**
- 3:45 pm **Strength-based Approach to Rehabilitation (cont)**
- Constructs requiring compensation in dementia
 - Components of strength-based approach
 - Personhood & person-centered care
- 6:00 pm **Questions and Answers**
- 6:30 pm **Course Day Adjourns**

Day 2

- 7:30 am **Continental Breakfast**
- 8:00 am **Treatment Strategies to Facilitate Successful Outcomes**
- Effective communication strategies
 - Behavioral management strategies
- 10:30 am **Break**
- 10:45 am **Treatment Strategies (cont)**
- Current evidence-based interventions and best practices for individuals with dementia
 - Functional documentation for use with interventions
 - Documenting progress for individuals with dementia
- 12:30 pm **Working Lunch (on your own) – Group Discussion**
- 1:30 pm **Current Research on Dementia**
- Updated diagnostic criteria
 - Prevention of cognitive decline
- 3:00 pm **Break**
- 3:15 pm **Case Studies and Active Learning**
- 6:00 pm **Questions and Answers**
- 6:30 pm **Course Adjourns**

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . \$89

Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.

The Functional Toolbox II \$89

Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. **Functional Toolbox I and II Special: \$159.00.**

Geriatric Clinical Strategies \$80

Lewis, 670 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.

Health Promotion and Exercise for Older Adults \$48

Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.

Improving Mobility In Older Persons ^{UPDATED} \$48

Lewis. The perfect handbook for therapists in most facilities. This book has evaluation and treatment ideas for patients who need bed mobility to gait. All tools and treatments are evidence based.

Age-Defying Fitness \$20

Lewis/Moffat **NEW!** Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.

Prevention and Wellness Toolkit \$69

Lewis/Ledbetter **NEW!** This kit is three books in one: The Prevention and Wellness Toolbox, Balance Assessment and Treatment and a detailed manual on how to develop and conduct a prevention and wellness screening and follow up classes.

Hand-Held Dynamometry \$25

Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, easy to use with clear human illustrations.

1 Repetition Maximum Progression Pad \$12

This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression.

Pocket Card - Borg Card \$6

This card is laminated so you can take it with you to monitor progress and document your patient's rehabilitation programs easily.

Pocket Card 1 Repetition Maximum \$6

This valuable tool has 1 RM values at 50% and 80% already figured out for you.

Pocket Card Bed Mobility \$6

This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.

Pocket Card Sit to Stand Transfer \$6

This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise.

Osteoporosis Exercise Booklet \$6

20 page patient home exercise books. Can be bought in bulk.

Self Balance Hints for Older Persons Booklet \$6

20 page patient home exercise books. Can be bought in bulk.

Pilates for Seniors DVD The Osteoporosis Workout, Instructor Sherri Betz . . \$20

Prices include shipping via USPS (media mail) and handling within the continental U.S. Sub-Total _____

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2019 Registration - Evidence-Based Management of Patients with Dementia

YES! Please register me for Allentown, PA - June 22-23 Bellevue, NE - September 14-15 Boscowen, NH - November 9-10
 PT • PTA • OT • COTA • Other

Name _____ Cell Phone (____) _____
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Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists and Occupational Therapist Assistants.

LEVEL: This course is at an intermediate level.

FE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

- Allentown, PA** - \$545. If postmarked before 5/8/19
- Bellevue, NE** - \$545. If postmarked before 8/21/19
- Boscowen, NH** - \$545. If postmarked before 10/16/19

LATE REGISTRATION: Postmarked after the above date requires an additional **\$25 late fee.**

EARLY BIRD: \$495 - If completed registration and payment are **received** by:

- Allentown, PA** - May 8, 2019
- Bellevue, NE** - July 31, 2019
- Boscowen, NH** - September 25, 2019

DISCOUNT PROGRAM: Receive \$25 off your class registration for each **GREAT Seminars & Books, Inc.** course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the Certificate Discount Program.**

CONFIRMATION: A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

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Colorado PTs/PTAs: The Colorado PT Board/Continuing Competency Program does not "approve" continuing education courses. A licensed PT will be responsible for achieving 30 points from the Professional Development Activities List (20 of these points must be Category I activities). Please visit the Colorado PT Board website at www.dora.colorado.gov/professions/physicaltherapistssc. Once on that page, click on "CPC Program Manual" on the bottom half of the page. The Program Manual will explain the program in detail. The manual also provides criteria for acceptable activities.

If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. This course is not approved by ASHA or Board of Certification. Your tuition is tax deductible. All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Couglin vs. Commissioner, 203 F2d 307.

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

5 Easy Ways to Register

WEBSITE: Online Registrations at www.greatseminarsandbooks.com

MAIL your registration form with payment to **GREAT Seminars and Books, Inc.**
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FAX your completed registration form with credit card information to **330-865-6941**, 24 hours a day.

EMAIL your registration via the internet to greatseminars@aol.com

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