While patients with dementia pose unique challenges to rehabilitation professionals, the potential benefits from quality therapy is astounding. Having a strong foundational understanding of the available strengths to these patients is crucial in developing a solid treatment plan. These plans present with deficits in attention, judgment, memory, communication, and language but also have several functions that remain intact through the disease. It is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult’s return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as those without dementia.

This course will provide a better understanding of cognitive aging through discussion on which parts of cognition are the strongest available strengths to these patients to help meet their goals. This will be discussed highlighting effective strategies to maximize patient outcomes. Understanding the use of a strength-based approach is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult’s return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as those without dementia.

Objectives
Upon completion of this seminar, participants will be able to:

1. Implement current evidenced-based interventions and best practices in literature for patients with dementia.
2. Use effective communication strategies and person-centered care to maximize outcomes.
3. Evaluate strengths and domains requiring compensation in patients with dementia.
4. Contrast differences between strength-based approach and traditional medical model.
5. Distinguish the different types of dementia and their symptomatology.
6. Describe the progression of dementia and appropriate treatment goals for each stage.
7. Recognize potential emotional and behavior disturbances that may impact treatment.

Testimonial
“Having the rare privilege of seeing Nicole Dawson present. She has so much insight, passion and expertise in the area of working with older adults with dementia that her energy, ideas, and enthusiasm are contagious. I have never seen someone with such a gift for bringing research into clinically applicable information. Participants will leave this course with so many new and exciting examinations and interventions that they can use immediately. Nicole really brings the topic to life.”

- Carol B. Lewis, PT, DPT, GCS, MSG, MPA, PhD, FSGS, FAPTA

Locations
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Phoebe Allentown
1925 W. Turner Street
Allentown, PA 18104
June 22-23, 2019

Wesley Medical Center
550 N. Hillside Street
Wichita, KS 67214
July 20-21, 2019

Host: Hillcrest Health and Rehab
Location: Hillcrest Home Care
Bellevue, NE
September 14-15, 2019

Merrimack County Nursing Home
Boscawen, NH
November 9-10, 2019
**Faculty**
Nicole Dawson, PT, PhD, GCS is an Assistant Professor in the Doctor of Physical Therapy Program at the University of Central Florida and Co-Director of the Innovative Mobility Innovative (MOVE™) Lab. She graduated from Ohio University with a Master’s degree in Physical Therapy in 2002. Dr. Dawson is a Board Certified Geriatric Physical Therapist with over 16 years of clinical experience along with a PhD in Adult Development & Aging Psychology. She has been recognized for excellence in teaching by the Academy of Geriatric Physical Therapy through receipt of the Distinguished Educator Award and the American Physical Therapy Association being awarded the Margaret L. Moore Outstanding New Faculty Award. Her current area of research includes developing non-pharmacological interventions to improve functional and psychosocial outcomes in patients with dementia, identifying predictors of falls in older adults with cognitive impairment, as well as gaining a better understanding of the disability experience of older adults. Dr. Dawson has been published in peer-reviewed journals including The Gerontologist and the Journal of Geriatric Physical Therapy. She has presented at numerous international and national conferences on the subject. She is passionate about bettering the treatment and care of these patients and is dedicated to assisting students and clinicians in gaining skills and knowledge to better help these patients maximize their potential.

**Description**
While patients with dementia pose unique challenges to rehabilitation professionals, the potential benefits from quality therapy is astounding. Having a strong foundational understanding of the available strengths to these patients is crucial in developing a solid treatment plan. These patients present with deficits in attention, judgment, memory, communication, and language but also have several functions that remain intact through the disease. It is commonly thought that patients with dementia cannot benefit from rehabilitation services because of behaviors, lack of communication, or difficulties in learning. However, the current literature demonstrates that this is not case. Skilled rehabilitation is an integral part of an older adult’s return to the optimal functional level of independence following an injury or illness. Patients with dementia benefit as much from rehabilitation as those without dementia. Patients with dementia and psychosocial outcomes in patients with dementia, identifying predictors of falls in older adults with cognitive impairment, as well as gaining a better understanding of the disability experience of older adults. Dr. Dawson has been published in peer-reviewed journals including The Gerontologist and the Journal of Geriatric Physical Therapy. She has presented at numerous international and national conferences on the subject. She is passionate about bettering the treatment and care of these patients and is dedicated to assisting students and clinicians in gaining skills and knowledge to better help these patients maximize their potential.

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- Carole B. Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FSOAE, FAPTA

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- **Phoebe Allentown**
  1925 W. Turner Street
  Allentown, PA 18104
  June 22-23, 2019
  Host: Phoebe Allentown
  Location: Phoebe Healthcare
  Center

- **Host: Wesley Healthcare**
  Location: Wesley Medical
  Center
  550 N. Hillside Street
  Wichita, KS 67214
  July 20-21, 2019

- **Host: Hillcrest Health and Rehab**
  Location: Hillcrest Home Care
  Bellevue, NE
  September 14-15, 2019

- **Merrimack County Nursing Home**
  Boscawen, NH
  November 9-10, 2019

**Get 20 Contact Hours in 1 Weekend at a Great Price!**

- **Allentown, PA**
  June 22-23

- **Wichita, KS**
  July 20-21

- **Bellevue, NE**
  September 14-15

- **Boscawen, NH**
  November 9-10

**Evidence-Based Management of Patients with Dementia**

- Nicole Dawson
  PT, PhD, GCS

- **Faculty**

- **Host:**
  MERRIMACK COUNTY NURSING HOME
  BOSCAWEN, NH

- **Location:**
  BOSCAWEN, NH

- **Contact Hours:**
  20 CONTACT HOURS IN 1 WEEKEND AT A GREAT PRICE!

- **Description:**
  Patients with dementia benefit as much from rehabilitation as those without dementia. It is up to the rehabilitation professional to learn how to utilize the strengths and abilities of the dementia patient to help meet their rehabilitation goals.
Registration

AUDIENCE: Primary - Occupational Therapists, Physical Therapists, Physician Assistants, Occupational Therapists and Physical Therapists Assistants.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, and continental breakfast, and course handbook.

Allentown, PA - $455. If postmarked before 8/21/19
Beaver, NE - $455. If postmarked before 8/21/19
Boscawen, NH - $455. If postmarked before 10/1/19

LATE REGISTRATION: Prorated fee after the above dates requires an additional $25 late fee.

EARLY BIRD: $495. If completed registration and payment is received by:
- Allentown, PA – May 8, 2019
- Beaver, NE – July 20, 2019
- Boscawen, NH – September 25, 2019

DISCOUNT PROGRAM: Receive $25 off your class registration for each GREAT Seminars & Books, Inc. course attended from 2000 to the present up to a maximum of $200. In order to receive a discount a copy of such course certificate must accompany registration form. This discount will be taken off once registration is completed. Additional discount codes may not be used with the Certificate Discount Program.

CONFIRMATION: A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotel information. If you do not receive confirmation 3 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a $75 administration fee. ND refunds will be made after this date.

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Provider #5363. This course is not approved by ASHA or Board of Certification. Your tuition is tax deductible. All expenses of Continuing Education including registration fees, travel, meals, and lodging taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Doug vs. Commissioner, 202 F2d 507.

LOST CERTIFICATE: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is $25.

5 Easy Ways to Register

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MAIL: your registration form with payment to GREAT Seminars and Books, Inc.
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FAX: your completed registration form with credit card information to 330-866-6941, 24 hours a day.

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CALL: Monday-Thursday 10-6 EST, Friday 10-1 EST
Toll Free 877-798- GREAT (877-798-7330)
FEDERAL TAX ID: 52-2194588

2.20.19

Program Schedule

Day 1
7:30 am Registration and Continental Breakfast
8:00 am Normative Age-Related Cognitive Changes
• Age-related structural changes
• Theories of normal cognitive aging
• Age-related functional changes
10:30 am Pharmacological Treatments
10:45 am Atypical Cognitive Changes in Aging
• Comparison of normal aging and dementia
• Differentiation of different types of dementia
12:00 pm Presentation of Special Guest Speaker
1:30 pm Strength-based Approach to Rehabilitation
• Strength-based vs. medical model
• Remaining strength in dementia
3:00 pm Break
3:45 pm Strength-based Approach to Rehabilitation (cont)
• Constructs requiring compensation in dementia
• Components of strength-based approach
• Personal and patient-centered care
4:00 pm Questions and Answers
6:30 pm Course Day Adjourns

Day 2
7:30 am Continental Breakfast
8:00 am Treatment Strategies to Facilitate Successful Outcomes
• Effective communication strategies
• Behavioral management strategies
10:00 am Break
10:45 am Treatment Strategies (cont)
• Current evidence-based interventions and best practices for individuals with dementia
• Functional documentation for use with interventions
• Documenting progress for individuals with dementia
12:30 pm Working Lunch (on your own) – Group Discussion
1:30 pm Current Research on Dementia
• Upward diagnostic criteria
• Prevention of cognitive decline
3:00 pm Break
3:15 pm Case Studies and Active Learning
6:00 pm Questions and Answers
6:30 pm Course Adjourns

Great Books

The Functional Toolbox: Clinical Measures of Functional Fitness, 8th Ed.
900 pages. A compilation of measures which allow you to examine in a simple, straightforward, and clinically meaningful way the components of daily living. The Functional Toolbox is unique in that it is designed to be easy to use and is appropriate for use in clinical, research, and educational settings.

The Functional Toolbox II
900 pages. Supplemented by 150’s for balance, chair rises, sit to stand, ADL, physical therapy, occupational therapy, and more; eight new chapters.

Geriatric Clinical Strategies
800 pages. This comprehensive text provides evidence-based information to help clinicians enhance quality of care in the older population.

Improving Mobility In Older Persons
800 pages. A comprehensive resource assisting health care professionals in improving mobility in older adults.

Age-Defying Fitness
200 pages. A resource for fitness professionals and fitness programs to help clients maintain or improve their physical fitness by incorporating age-appropriate exercises and fitness activities.

Prevention and Wellness Toolkit
200 pages. A resource for health care professionals to enhance their patients’ wellness and prevent disease.

1 Repetition Maximum Progression Pad
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Pocket Card - Berg Card
$6

Pocket Card 1 Repetition Maximum
$6

Pocket Card Bed Mobility
$6

Pocket Card Sit to Stand Transfer
$6

Full Range of Motion Pocket Card
$6

Functional Toolbox I and II special: $159.00.

Orthopedic & Spine Chart Booklet
$6

Pilates for Seniors DVD
$20

Small Balance and Hints for Older Persons Booklet
$6

Senior Safe Workout Books
$6

Great Books

Sterling, 670 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, urology, gastroenterology, oncology, gynecology, obstetrics, pulmonology, pulmonology, orthopedics, and neurology.

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3:00 pm Normative Age-Related Cognitive Changes
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• Theories of normal cognitive aging
• Age-related functional changes
10:30 am Appraisal Cognitive Changes in Aging
• Comparison of normal aging and dementia
• Differentiation of different types of dementia
• Progression of Dementia
• Global Deterioration Scale
• Functional Stageing for Rehabilitative Purposes
10:45 am Break
12:30 pm Working Lunch (on your own) – Group Discussion
1:30 pm Strength-based Approach to Rehabilitation
• Strength-based vs. medical model
• Remaining strengths in dementia
3:30 pm Break
3:45 pm Strength-based Approach to Rehabilitation (cont)
• Constructs requiring compensation in dementia
• Components of strength-based approach
• Personhood & person-centered care
6:00 pm Questions and Answers
6:30 pm Course Day Adjourns

Day 2
7:30 am Continental Breakfast
8:00 am Treatment Strategies to Facilitate Successful Outcomes
• Effective communication strategies
• Behavioral management strategies
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• Current evidence-based interventions and best practices for individuals with dementia
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