Faculty
Dr. Nicole L. Stout is a renowned health care researcher, consultant, educator, and advocate. She currently serves as an executive consultant identifying innovative solutions in health care delivery models of care. She advises clients in policy, research, and marketing strategies that enable greater and more sophisticated use of technology in health care. Her clients include industry leaders in the US and abroad.

She currently serves as the project lead on the Rehabilitation Medicine Department’s Cancer Rehabilitation Initiative through the Office of Strategic Research. Dr. Stout is an internationally recognized expert and leader in cancer rehabilitation and lymphedema. She has authored and co-authored over 40 peer-review publications, several book chapters and is the co-author of the book ‘100 Questions and Answers about Lymphedema’. Her research publications have been foundational in developing the Prospective Surveillance Model for breast cancer rehabilitation.

Dr. Stout received her BS from Slippery Rock University of Pennsylvania in 1984 and received her Master of Physical Therapy degree from Chatham University in 1998 and a clinical doctorate in physical therapy from Massachusetts General Institute of Health Professions in 2013. She has a post graduate certificate in Health Policy from the George Washington University School of Public Health. She is also a Six Sigma Green Belt and a Certified Health Data Analyst.

She holds adjunct faculty appointments at the University of Alabama Birmingham, and the University of Missouri as well as appointments on the State of Maryland Cancer Control Survivorship committee, the CARF International Cancer Standards Advisory Board, the American Lymphedema Framework steering committee and the National Lymphedema Network Board of Directors.

Description
1 in 2 men and 1 in 3 women will be diagnosed with cancer in their lifetime. Do you know the principles of cancer and its treatment? Some treatment side effects last a lifetime, others do not present until years after the treatment is complete. How do you choose rehabilitation interventions that are safe and effective? This comprehensive course will provide the evidence-base for you to incorporate rehabilitation strategies in any setting for patients who have had cancer or those undergoing cancer treatments. This engaging and animated course covers current screening guidelines, basic disease and treatment principles including short term and late effects that will impact a patient’s rehabilitation treatment plan.

You will learn: impairments and functional limitations directly related to common cancer diagnoses and treatment. Short term and late effects of cancer treatment and how this impacts patients across the lifespan. Current evidence based rehabilitation strategies will be described in detail including: exercise prescription, contraindications and precautions with exercise & modalities. You will identify in a problem based format, with group interaction, using real case examples; the latest in evaluation, treatment and progression of care.

Objectives
Upon Completion of this Seminar, Participants will be able to:

Upon completion of this seminar, participants will be able to:

- Describe cancer pathology, diagnostic methods, and staging.
- Explain medical and surgical management of common cancer diagnoses and demonstrate understanding of the anatomic and pathophysiologic impact of disease management.
- Choose and perform appropriate screening, systems review, and tests and measures specific to the type of cancer and its treatment.
- Design treatment interventions for common impairments that impact function at various stages of the disease process.
- Recognize precautions and contraindications to impairment management and rehabilitation interventions based on the side effects of cancer treatments.
- Understand how to align rehabilitation care delivery along the continuum of cancer care using the Dietz model as a construct to set goals and plan treatment.
- Identify resources for providing patient centered care.

Feedback from Course Participants
“I would highly recommend this course to anyone treating patients. Cancer has such a major role in our patient’s lives, it is vital to understand how it is treated and what our role should be. Nicole Stout, DPT, CLT-LANA uses evidence based information to give you the tools to become a confident expert clinician.”

Locations
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

The University of Kansas Hospital
Kansas City, KS
April 29-30, 2017

Host: HealthEast Optimum Rehabilitation
Location: HealthEast Woodwinds Health Campus
Auditorium A
Woodbury, MN
May 20-21, 2017

Host: MultiCare Health System
Location: Tacoma General Hospital - Jackson Hall
Tacoma, WA
September 16-17, 2017

Host: Community Medical Center Rehabilitation Services
Location: Community Medical Center
Toms River, NJ
December 2-3, 2017

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Host: HealthEast Optimum Rehabilitation Location: HealthEast Woodwinds Health Campus Auditorium A Woodbury, MN May 20-21, 2017

Host: MultiCare Health System Location: Tacoma General Hospital - Jackson Hall Tacoma, WA September 16-17, 2017

Host: Community Medical Center Rehabilitation Services Location: Community Medical Center Toms River, NJ December 2-3, 2017

This course is approved by the Minnesota State Board of Physical Therapy for 20 Continuing Education Hours and the Wisconsin Physical Therapy Association for 20 Contact Hours. See inside for other state approvals.

CANCER REHABILITATION

An Evidence Based Course for ALL Clinicians

2017

Kansas City, KS April 29-30

Woodbury, MN May 20-21

Tacoma, WA September 16-17

Toms River, NJ December 2-3

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2639 Revere Drive Akron, Ohio 44325-2311

Change the way you think about every patient. Cancer is a very common diagnosis in the U.S. Learn how to safely and effectively treat your patients.
### Registration
**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEE:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

<table>
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<tr>
<th>Location</th>
<th>Date</th>
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<tr>
<td>Kansas City, KS</td>
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<tr>
<td>Toma River, NJ</td>
<td>September 27, 2017</td>
<td>$459</td>
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</tbody>
</table>

**LATE REGISTRATION:** Postmarked after the above date requires an additional $25 late fee.

### Program Outline

#### Day 1
8:00 – 10:00 AM: Breast Cancer Epidemiology and Pathology
- Overview of common cancers
- Disease Screening Guidelines

10:15 – 11:30 AM: Breast Cancer Treatment
- Surgery
- Chemotherapy
- Radiation Therapy
- Targeted Therapy
- Hormonal Therapy

11:30 – 12:30 PM: Overview of Community Cancer Diagnosis and the Role of Rehabilitation
- Breast Cancer Screening
- Hormonal Cancer
- Head and Neck Cancers
- Genitourinary Cancers

12:30 – 1:30 PM: Lunch

2:00 – 3:30 PM: Overview of Community Cancer Diagnosis and the Role of Rehabilitation
- Head and Neck Cancers
- Genitourinary Cancers

3:30 – 5:30 PM: Case Reviews from morning sessions

7:30 – 8:00 AM: Registration and Continental Breakfast

8:00 – 9:00 AM: Case Reviews

9:00 – 10:00 AM: Breast reconstruction Procedures

10:15 – 11:30 AM: Breast reconstruction Procedures

11:30 – 12:30 PM: Breast reconstruction Procedures

12:30 – 1:30 PM: Lunch

1:30 – 3:00 PM: Breast reconstruction Procedures

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4:00 – 5:00 PM: Breast reconstruction Procedures

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The Functional Toolbook II: GREAT Seminars and Books and Physical Therapy Foundation, 2014. It is a companion book to The Functional Toolbook, containing item-level data for each measure.

Geriatric Clinical Strategies GREAT Seminars and Books, 2014. It is a comprehensive guide to the care of elderly patients, with topics covering geriatrics, psychology, and psychiatry.

Health Promotion and Exercise for Older Adults GREAT Seminars and Books, 2014. It is a guide to promoting health and exercise in older adults.

Improving Mobility in Older Persons GREAT Seminars and Books, 2014. It is a guide to improving mobility in older persons.

Prevention and Wellness Toolkit GREAT Seminars and Books, 2014. It is a guide to preventing and promoting wellness.

Orthopedic Outcomes Toolbox GREAT Seminars and Books, 2014. It is a guide to measuring orthopedic outcomes.

Pocket Card: Rehabilitation RCCP GREAT Seminars and Books, 2014. It is a guide to rehabilitation in clinical practice.


Osteoporosis Exercise Booklet GREAT Seminars and Books, 2014. It is a guide to osteoporosis exercise.

SalveStrips® Mints for Older Persons Pocketbook GREAT Seminars and Books, 2014. It is a guide to salve strips.

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