

# Total Joint Arthroplasty:

The Newest Information on Outcomes and Rehabilitation Across the Continuum



**2020**

**Birmingham, AL**  
April 25-26

**Raleigh, NC**  
May 16-17

**Casper, WY**  
August 8-9

**Kalamazoo, MI**  
September 12-13

**Bakersfield, CA**  
October 24-25

**Nashville, TN**  
November 7-8

The environment of total joint arthroplasty is changing. As rehab professionals, therapists are no longer relegated to silos of care. The therapists in home health, skilled nursing and outpatients must evaluate and treat what is considered an acute care level patient due to the minimal length of stay. Patients in the acute setting are functionally performing at the home health and outpatient levels. This course addresses how we meet this growing population to provide time appropriate treatment interventions across the continuum of care. Therapists must quickly and accurately identify problems, develop relevant rehab plans and modify their care to fit everyone from the fit to the frail elective surgery patient. This course examines all of the factors impacting rehabilitation and successful recovery.

# FACULTY

## Dr. Alisa Curry, PT, DPT, GTC, GCS, FSOAE

is a Board Certified Geriatric Clinical Specialist with primary focus in the rehabilitation of the total joint population. She holds her Doctorate of Physical Therapy from Arizona School of Health Sciences at A.T. Still University, a BS in Physical Therapy from Langston University in Langston, Oklahoma, a BS in Psychology from the University of California San Diego and holds a Geriatric Training Certification from Great Seminars. A Physical Therapist since 1994, she has treated over 10,000 patients with total joint arthroplasty in acute care, home health and skilled nursing. She also promotes increased networking and interprofessional collaboration at all levels of care. With the American Physical Therapy Association (APTA), she is currently working on evidence based models of care improvement for patients with total joint, has developed the Total Joint Replacement Special Interest Group for therapists practicing primarily with this patient population, moderates an online discussion listserve of over 2000 patients internationally, has presented for the APTA and the National Association of Orthopedic Nurses (NAON). Dr. Curry has also consulted on projects with the AAOS, NAON, APTA and other medical entities to improve care of the patient population.

# PROGRAM OUTLINE

## Day 1

- 7:30 Registration and Continental Breakfast  
8:00 **Total Knee Arthroplasty (TKA)**
- Anatomy and Biomechanics
  - Surgical Approaches
  - Precautions
  - Analgesia
  - Components
  - Video
- 10:30 Break  
10:45 **Total Knee Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Bilateral Total Knee Arthroplasty
    - Flexion Contractures
    - Extensor mechanism repair
    - TKA Resection
  - Discharge Disposition
    - Home
    - Outpatient
    - Acute Rehab
    - Skilled Nursing (SNF)
  - Outcome Measures
- 12:30 Working Lunch (on your own) Protocol Review  
1:30 **Total Hip Arthroplasty (THA)**
- Anatomy & Biomechanics of the Hip Joint
  - Surgical Approaches/Options
  - Hip Resurfacing
  - Precautions
  - Analgesia
  - Components
  - THA Surgical Videos
- 3:30 Break  
3:45 **Total Hip Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Intraop Fracture
    - Bilateral Hip Arthroplasty
    - Trochanter Precautions
    - Hip Resection
  - Disposition
    - Home
    - Outpatient
    - Acute Rehab
    - Skilled Nursing (SNF)
- 6:00 Questions and Answers  
6:30 Adjourn

## DAY 2

- 7:30 Continental Breakfast  
8:00 **Total Shoulder Arthroplasty (TSA)**
- Anatomy & Biomechanics of the Shoulder Joint
  - Surgical Approaches/Options
    - Total Shoulder
    - Reverse Total Shoulder
  - Precautions
  - Analgesia
  - Components
  - TSA Surgical Videos
- 10:30 Break  
10:45 **Total Shoulder Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
  - Tests and Measures
  - Acute Care
  - Challenges and Complications
    - Frozen shoulder
    - Dislocation
    - Intraop fracture
  - Disposition
    - Home
    - Outpatient
    - Acute Rehab
    - Skilled Nursing (SNF)
  - Outcome Measures
- 12:30 Working Lunch (on your own) Group Discussion  
1:30 **Medical Management of the Total Joint Patient**
- Multidisciplinary Team
    - Rehabilitation – PT and OT
    - Anesthesia
    - Case Management
    - MD
    - RN
  - Pharmacology
    - Multimodal Approach
      - IV Meds
      - Anti-inflammatories
      - Opioids
  - Lab Values
    - H/H
    - BUN and Creatinine
    - PT / INR
    - Other
  - Medical Co-morbidities – Why is the PMHx so important?
    - Diabetes – IDDM and NIDDM
    - Obesity
    - Sleep Apnea
    - Practice Patterns
  - Case Studies and Scenarios of the Complex Patient with Total Joint
  - Discussion of obstacles for difficult patients
- 3:30 Break  
3:45 **Multidisciplinary Planning Development of a Program – Getting the team to work with you**
- Service Lines
  - Clinical Pathways
  - Factors influencing Early Discharge
  - Rapid Recovery / Fast Track Program
- 5:00 **Examples of Successful Programs**
- HSS
  - Rush
  - Anne Arundel
  - WHHS
- 6:00 Questions and Answers  
6:30 Adjourn

# OBJECTIVES

Upon completion of this seminar, participants will be able to:

- Analyze the latest surgical advances, considerations and technology in total joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Integrate functional evaluation tools.
- Examine the areas of pain management, wound healing and co-morbidities impacting recovery across the care continuum.
- Analyze the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Propose rehabilitation programs for specific joint arthroplasty procedures.
- Formulate and review the rationale for rehabilitation protocols following total joint replacement.
- Recommend evidence-based treatment interventions for total joint replacement.
- Incorporate these principles into working with the interdisciplinary team in all stages of patient management.
- Discuss the Comprehensive Care for Joint Replacement (CJR) model and impact of “Bundled Payment” on the various levels of care.

# LOCATIONS

**Additional course information will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the start of the course.**

**Host:** Brookwood Baptist Medical Center

**Location:** Brookwood Baptist Health Women’s Classroom  
1st Floor  
2006 Brookwood Medical Center Drive  
Birmingham, AL 35209  
**April 25-26, 2020**

WakeMed Raleigh Campus  
William F. Andrews Conference Center  
3024 New Bern Avenue  
Raleigh, NC 27610  
**May 16-17, 2020**

Wyoming Medical Center  
1233 East 2nd Street  
Casper, WY 82601  
**August 8-9, 2020**

**Host:** Bronson at Home  
**Location:** Gilmore Center at Bronson Methodist Hospital  
7 Healthcare Plaza  
Kalamazoo, MI 49007  
**September 12-13, 2020**

Around the Clock Care  
5251 Office Park Drive  
Suite 400  
Bakersfield, CA 93309  
**October 24-25, 2020**

TriStar Centennial Medical Center  
2300 Patterson Street  
Nashville, TN 37203  
**November 7-8, 2020**

# REGISTRATION

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEES:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

- Birmingham, AL - \$545. If postmarked before 4/1/20
- Raleigh, NC - \$545. If postmarked before 4/22/20
- Casper, WY - \$545. If postmarked before 7/14/20
- Kalamazoo, MI - \$545. If postmarked before 8/19/20
- Bakersfield, CA - \$545. If postmarked before 9/30/20
- Nashville, TN - \$545. If postmarked before 10/14/20

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$25 late fee.

**EARLY BIRD:** \$495 - If completed registration and payment are received by:

- Birmingham, AL - March 11, 2020
- Raleigh, NC - March 25, 2020
- Casper, WY - June 10, 2020
- Kalamazoo, MI - July 22, 2020
- Bakersfield, CA - August 26, 2020
- Nashville, TN - September 9, 2020

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each GREAT Seminars & Books on-site course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. **No discounts will be taken once registration is completed. Additional discount codes may not be used with the certificate discount program.**

**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

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**EDUCATIONAL CREDIT:** A certificate of attendance for 20 contact hours of educational activity (20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrants upon completion of the seminar. Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, NC and TX. Approved for PTs and PTAs in CA, AR, ID, MI, IN, OH, TN, MS, PA and MD for 20 Clinical Contact Hours. This 20 contact hour course meets

the guidelines of the Alabama Board of Physical Therapy for an acceptable continuing education activity. This course is approved by the Florida PT Association for 24 continuing education hours. This course has been approved by the Nevada Physical Therapy Board for 1.5 renewal units (15 CCUs) and 2.1 total units of continuing education; Unit type is Clinical. Our courses also meet the guidelines for approval in PA, MI, CO, CT, AL, GA, IN, WI, WY, VA, AZ, DE, NH, OR, RI, AL, UT and MO. Courses are accepted for CEUs in NE, ID, MT, WA, CT, IA, and ND. If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. Your tuition is tax deductible. All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

## 5 Easy Ways to Register

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**CALL** Monday-Thursday 10-5 EST, Friday 10-1 EST  
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**FAX** your completed registration form with  
credit card information to 330-865-6941,  
24 hours a day.

**EMAIL** your registration  
to [greatseminars@aol.com](mailto:greatseminars@aol.com)

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"AOTA does not endorse specific course content, products, or clinical procedures." A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar.

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## 2020 Registration - Total Joint Arthroplasty

**YES! Please register me for:**  Birmingham, AL - April 25-26  Raleigh, NC - May 16-17  Casper, WY - August 8-9  Kalamazoo, MI - September 12-13  
 Bakersfield, CA - October 24-25  Nashville, TN - November 7-8 Circle One: PT • PTA • OT • COTA • Other \_\_\_\_\_

### PLEASE PRINT

Name \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

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The Newest Information on Outcomes and Rehabilitation Across the Continuum



**Dr. Alissa Curry**  
PT, DPT, GTC, GCS, FSOAE

[\$545 Value]

Early Registration – **\$495.00**

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# GREAT Courses *for* GREAT Outcomes

20 Contact Hours

This course will give clinicians functional assessment tools and treatment focus to apply across the continuum of care. Surgical advances, treatment techniques and rehabilitation protocols will be presented for total hip, knee and shoulder arthroplasties.

## Here's what our course attendees say:

"Been a therapist for a long time, didn't think I would learn much ... I was wrong!"

"Alisa was so knowledgeable and personable, just full of information."

"I could tell that the speaker loves what she does."

"Great presentation by a dynamic personality!"

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