OBJECTIVES

Upon completion of this seminar, participants will be able to:

• Identify 4 primary causes of falls and discuss the impact of falls on the senior population.
• Identify the anatomical structures of the peripheral and central vestibular system and list the functions of each structure.
• Identify causes of central and peripheral dizziness, recognize the different mechanisms of recovery and discuss how to impact the impairment with therapeutic interventions.
• Demonstrate evaluation of the Vestibulo/Ocular system and discuss how it affects elderly with balance dysfunctions.
• Perform two treatment interventions learned in this course based on an understanding of BPPV (Benign Paroxysmal Positional Vertigo) for the geriatric population.
• Demonstrate a comprehensive evaluation and treatment approach for postural control of the geriatric patient utilizing an understanding sensory and motor integration.
• Create 4 innovative treatment strategies that will effectively address postural control issues in the geriatric patient.
• Compare three different functional tools for gait and balance disorders and indications for the use of each for the geriatric patient.
• Perform evaluations on patients with compromised somatosensory systems and apply appropriate treatment strategies with Anodyne Therapy and sensory integration training.
• Plan/list components of an effective rehabilitation program, set measurable goals and use appropriate documentation for patients with balance impairments.

Feedback From Past Course Participants

“Janene is an amazing instructor.”

“Everyone should take this course!”

“I learned so much in this course that I can use with my patients!”

Quote from Dr. Carole Lewis

“I have had the distinct pleasure of watching Ms. Barber work and she is a master clinician and outstanding lecturer. There is not a dull or empty moment when she is discussing and demonstrating her favorite topic of balance impairments.”

LOCATIONS

The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Host: MountainView Hospital
Location: MountainView Medical Office Building 2880
2880 N. Tenaya Way
Las Vegas, NV
April 6-7, 2019

Host: Bellin Health
Location: Bellin Health Trillium Sports Medicine and Orthopedics
1970 S. Ridge Road
Green Bay, WI 54304
September 28-29, 2019

Host: OptumHealth Rehabilitation Network
Location: MedStar Montgomery Medical Center
18101 Prince Phillip Drive
Olney, MD 20832
June 22-23, 2019

Host: Outpatient Rehabilitation
Location: St. Joseph Medical Center
Kansas City, MO
August 10-11, 2019

Host: CHI Health At Home
Location: CHI St. Alexius Health
Bismarck, ND
September 28-29, 2019

Host: Community Medical Center
Location: Community Medical Center
Toms River, NJ
October 12-13, 2019

Host: Solina Hospital for Physical Rehabilitation
Location: Chattanooga, TN
November 2-3, 2019

FACULTY

JANENE BARBER, PT, GTC, FSOAE, received her BS from the University of Missouri. Since 1997, she has been specializing in the care and rehabilitation of the geriatric patient in various settings. Ms. Barber was President/owner of Occupational Wellness and St. Charles Physical Therapy Center in Louisiana. In these settings, she was involved in the rehabilitation of patients with compromised balance. She was also an adjunct faculty at LSU and USA – Mobile. In 2003, Ms. Barber joined Gentiva Health Services as Program Director for Gentiva Safe Strides, an extensive and comprehensive balance program. Ms. Barber was responsible for training, development and outcomes with the program. In 2004, she was promoted to Clinical Program Specialist and involved in the development and implementation of Safe Strides nationally. In 2006, Ms. Barber moved into a consulting role with Optimum Balance to continue development and implementation of programs to accommodate the increasing need to reduce the risk of falls in the senior population.

DESCRIPTION

Do you feel at times that you have designed and delivered the best gait and balance program and yet your patients still have some problems with their balance?

This course goes beyond all you have learned about the effects of speed, strength and range of motion limitations as causes for balance dysfunction. You will leave with an in-depth knowledge and skill in the postural dyscontrol, somatosensation and vestibular arenas. Janene Barber has taught and treated extensively in this area with astounding results with her patients and clinicians. Her skills in this area are unparalleled. Take home innovative usable evaluation and treatment techniques that will dramatically change your practice. You and your patients deserve to receive this cutting-edge information.

CONTACT HOURS IN 1 WEEKEND AT A GREAT PRICE!

20 Contact Hours
~ Crucial Techniques & Treatment Ideas for Comprehensive Balance Programs
~ Hands-on Lab
~ Extensive Handout
~ Tons of Treatments
OBJECTIVES
Upon completion of this seminar, participants will be able to:
• Identify 4 primary causes of falls and discuss the impact of falls on the senior population.
• Identify 5 anatomical structures of the peripheral and central vestibular system and list the functions of each structure.
• Identify 3 causes of central and peripheral dizziness, and formulate a therapeutic intervention for each impairment.
• Demonstrate evaluation of the Vestibulo/Ocular system using evaluation techniques learned in this course.
• Perform two treatment interventions learned in this course based on an understanding of BPPV (Benign Paroxysmal Positional Vertigo) for the geriatric population.
• Demonstrate a comprehensive evaluation and treatment approach for postural control of the geriatric patient utilizing an understanding sensory and motor integration.
• Create 4 innovative treatment strategies that will effectively address postural control issues in the geriatric patient.
• Compare three different functional tools for gait and balance disorders and indications for the use of each for the geriatric patient.
• Given the findings of an evaluation on a patient with a compromised somatosensory system, will verbalize anatomical structures of the peripheral and central vestibular system and list the functions of each structure.

LOCACTIONS
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

HOST:
Mountview Hospital
Location: Mountview Medical Office Building 2880
2880 N. Tenaya Way
Las Vegas, NV
April 6-7, 2019
Host: Bellin Health
Location: Bellin Health Trillium Sports Medicine and Orthopedics
1750 S. Ridge Road
Green Bay, WI 54304
May 4-5, 2019
Host: NRH Rehabilitation Network
Location: MedStar Montgomery Medical Center
18101 Prince Philip Drive
Olney, MD 20832
June 22-23, 2019
Host: Outpatient Rehabilitation
Location: St. Joseph Medical Center
Kansas City, MO
August 10-11, 2019
Host: CHI Health At Home
Location: CHI St. Alexius Health
Bismarck, ND
September 28-29, 2019
Host: Community Medical Center
Location: Community Medical Center
Toms River, NJ
October 12-13, 2019
Salk Hospital for Physical Rehabilitation
Chattanooga, TN
November 2-3, 2019

Feedback From Past Course Participants
"Janene is an amazing instructor."  "Everyone should take this course!"  "I learned so much in this course that I can use with my patients!"

Quote from Dr. Carole Lewis
"I have had the distinct pleasure of watching Ms. Barber work and she is a master clinician and outstanding lecturer. There is not a dull or empty moment when she is discussing and demonstrating her favorite topic of balance impairments."
REGISTRATION

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course materials, breaks, continental breakfast (7:30 – 9:00), and lunch (12:30 – 1:00). Cancellations must be received in writing 7 days prior to the seminar date for a refund less a $55 registration fee refundless for mail in/on-site registrations. Refunds will be made after this date.

GREAT SEMINARS and Books is an approved CE provider in FL, GA, KY, MI, MO, NE, NJ, OH, PA, RI, SC, WI, WY, DC, and the District of Columbia. The Nevada Physical Therapy Board has approved CE provider (CE#B027), and the New York State Education Department’s State Board for Physical Therapy (15-19 credits) for the completion of the seminar. Have applied to the California Board of Physical Therapy for approval.

PROGRAM OUTLINE

Day 1
7:30 – 8:00 Registration & Continental Breakfast
8:00 – 8:45 Introduction: Impact of Balance Impairments on the Elderly Population and Identifying the Major Factors
8:45 – 10:15 Anatomy of the Peripheral and Central Vestibular System
• Labyrinth
• Central Connections
• Vestibular System (Peripheral/Peripheral)
10:15 – 10:30 Break
10:30 – 12:30 Screening of the Vestibular/Ocular System
• Periph/Central
• Case-Study/Lab Practice of Screening Procedures
12:30 – 1:00 Lunch
1:00 – 2:00 BPPV (Benign Paroxysmal Positional Vertigo)
• Treatment Techniques
2:00 – 3:00 BPPV (Benign Paroxysmal Positional Vertigo)
• How to Evaluate
• Treatment Techniques
3:00 – 4:30 Learn Alternative Treatment Positions
• Episode of Dizziness
• Lab Practice with Small Group Presentations
4:30 – 4:45 Break
4:45 – 6:30 Common Causes of Peripheral and Central Dizziness
• Functional Diagnosis of Dizziness
• Case Studies with Large Group Presentations
6:30 – 7:00 Questions and Answers

Day 2
7:30 – 8:00 Continental Breakfast
8:00 – 8:30 Testing of Otolith/BUU
8:30 – 9:30 Causes of dizziness strategies
9:30 – 9:45 Vestibular and Somatosensory Strategies
• Habituation
• Compensation
9:30 – 10:30 Vestibular Treatment Strategies
• Stabilisation Progression Lab
10:30 – 10:45 Break
10:45 – 11:45 Organization of Postural Control
• Three Sensory Systems
• Motor Components
11:45 – 12:30 Understanding of Postural Control and Factors to Consider with Assessment

Lunch
12:30 – 1:00 Lunch
1:00 – 2:15 Postural Control: Learning Testing Tools and Exercise Prescriptions
• nCTSB – USLS - Theraband
• DGI – Timetti - Functional Reach
2:15 – 3:15 Lab activity for Functional Tools
3:15 – 4:15 Treatment Strategies for Somatosensory Deficits
• Peripheral Neuropathy
• Anodyne Therapy
4:15 – 4:30 Break
4:30 – 5:30 Developing & Progressing Treatment Strategies for Balance Impairments
• Group Case Study & Individual Case Study
5:30 – 6:30 Documentation of Balance Disorders
6:30 – 7:00 Questions and Answers

REGISTRATION

Fees:
- Online- $545.00
- Mail-In / On-Site- $545.00

Additional Information:
- Payment: Check, Money Order, Visa, MasterCard
- FAX: 330-865-6941
- Phone: 877-794-7328
- Email: greatseminars@aol.com

Cancellation/Refund Policy:
- Cancellations must be received in writing at least 2 weeks prior to the seminar date for a refund less a $55 administration fee. No refunds will be made after this date.

Course Cancellation:
- GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of a course cancellation, registrants will be refunded in full. Registrants will be reimbursed for non-refundable airline tickets, lodging, or other related costs.

Educational Credit:
- GREAT Seminars and Books, Inc. is exempt from Federal Income Tax as a 501(c)(3) non-profit organization. A certificate of attendance for 20 hours of Continuing Education will be awarded to registrants upon completion of the seminar.

LOST CERTIFICATES:
- Requests for a replacement certificate must be received in writing stating the name and dates of courses attended. The cost for a replacement certificate is $25.

S. Easy Ways to Register:
- Online Registration: Visit greatseminarsbooks.com
- Phone: 877-794-7328
- Mail: GREAT Seminars and Books, Inc., 6291 Reserve Drive, Akron, Ohio 44323-2311

Registration Information:
- Makes registration form with credit card information to 330-865-6941, 24 hours a day.

Contact Information:
- EMAIL: registration@greatseminarsbooks.com
- CALL: Monday, Thursday 10:0-EST, Friday 10:1-EST
- FAX: 330-865-6941
- MAIL: GREAT Seminars and Books, Inc., 6291 Reserve Drive, Akron, Ohio 44323-2311
- WEBSITE: greatseminarsbooks.com

Author Information:

Credit Information:
- GREAT Seminars and Books, Inc. is approved by the American Occupational Therapy Association’s Accreditation Program to offer continuing education (CEUs) for Occupational Therapists and Occupational Therapy Assistants. The course is designated as an evidence-based course. The AOTA evaluates all continuing education courses in clinically relevant and therapeutic activities.

Contact:
- GREAT Seminars and Books, Inc., Phone: 877-794-7328, Fax: 330-865-6941
- greatseminars@aol.com
- www.GreatSeminarsAndBooks.com

GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable expenses of travel lodging, meals, or other travel expenses related to CEUs.

Great Books

The Functional Toolbox: Clinical Measures to Defend Your Patients $89
- Lewis, N. M. (2017). This hands-on reference gives clinicians the tools to explore and analyze key functional tests and measures that have meaningful implications for clinical decision-making. From balance to pain, this book will help you build a functional toolbox for your patients.

The Function MRI Toolbox $89
- Lewis, N. M. (2018). This comprehensive guide introduces clinicians to the functional MRI (fMRI) technology and provides a step-by-step guide to interpreting fMRI results.

Geriatric Clinical Strategies $80
- Lewis, N. M. (2016). This book provides evidence-based strategies for working with elderly patients, including tips on improving mobility, fall prevention, and home adaptations.

Health Promotion and Exercise for Older Adults $48
- Lewis, N. M. (2019). This book offers practical strategies for promoting physical activity in older adults, including exercises, equipment suggestions, and resources for community-based programs.

Improving Mobility In Older Persons $48

Prevention and Wellness Toolkit $69
- Lewis, N. M. (2017). This book provides evidence-based strategies for promoting health and wellness, including exercises, equipment suggestions, and resources for community-based programs.

Pocket Card: Bed Mobility $6
- This pocket-sized card provides evidence-based strategies for promoting mobility in bed-bound patients, including exercises, equipment suggestions, and resources for community-based programs.

Pocket Card: Shift to Stand $6
- This pocket-sized card provides evidence-based strategies for promoting mobility from sitting to standing, including exercises, equipment suggestions, and resources for community-based programs.

Pocket Card: Balance Transfer to Older Persons Booklet $6
- This pocket-sized booklet provides evidence-based strategies for promoting mobility from sitting to standing, including exercises, equipment suggestions, and resources for community-based programs.

Physical Therapy for Seniors DVD: Techniques Based, Basic to Advanced $20
- This DVD provides evidence-based strategies for promoting mobility in older adults, including exercises, equipment suggestions, and resources for community-based programs.

Books are only available for purchase at greatseminarsbooks.com

Address:
- 2633 Reserve Drive, Akron, OH 44323-2311
- Phone: 877-794-7328
- Fax: 330-865-6941
- Email: greatseminars@aol.com

Registration Information:
- Name______________________________ Security Code______

Registration questions? See page 2 for processing guidelines after you pay.

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Las Vegas, NV - March 6, 2019

New York, NY - March 14-15, 2019

Las Vegas, NV - April 6-7, 2019

Green Bay, WI - May 4-5, 2019

Olney, MD - June 22-23, 2019

Kansas City, MO - August 10-11, 2019

Bismarck, ND - September 28-29, 2019

Toms River, NJ - October 12-13, 2019

Kellyville, OK - November 12-13, 2019

Las Vegas, NV - December 3-4, 2019

Las Vegas, NV - April 6-7, 2020

Las Vegas, NV - May 15-16, 2020

Las Vegas, NV - June 26-27, 2020

Las Vegas, NV - July 24-25, 2020

Las Vegas, NV - August 28-29, 2020

Las Vegas, NV - September 25-26, 2020

Las Vegas, NV - October 23-24, 2020

Las Vegas, NV - November 20-21, 2020

Las Vegas, NV - December 11-12, 2020

Las Vegas, NV - April 3-4, 2021

Las Vegas, NV - May 10-11, 2021

Las Vegas, NV - June 15-16, 2021

Las Vegas, NV - July 24-25, 2021

Las Vegas, NV - August 23-24, 2021

Las Vegas, NV - September 20-21, 2021

Las Vegas, NV - October 18-19, 2021

Las Vegas, NV - November 29-30, 2021

Las Vegas, NV - December 13-14, 2021

Las Vegas, NV - April 4-5, 2022

Las Vegas, NV - May 11-12, 2022

Las Vegas, NV - June 16-17, 2022

Las Vegas, NV - July 21-22, 2022

Las Vegas, NV - August 19-20, 2022

Las Vegas, NV - September 16-17, 2022

Las Vegas, NV - October 14-15, 2022

Las Vegas, NV - November 25-26, 2022

Las Vegas, NV - December 20-21, 2022

Las Vegas, NV - April 18-19, 2023

Las Vegas, NV - May 16-17, 2023

Las Vegas, NV - June 21-22, 2023

Las Vegas, NV - July 26-27, 2023

Las Vegas, NV - August 30-31, 2023

Las Vegas, NV - September 27-28, 2023

Las Vegas, NV - October 25-26, 2023