Faculty
Doug Dillon, PT, GTC Graduated with a BA from California State University Long Beach with emphasis on Athletic Training in 1987. He completed his BS in Physical Therapy from Langston University Oklahoma with honors in 1989. Doug was the first athletic trainer for Langston University. After graduation he was invited to and worked for the Olympic training center in Colorado Springs and as an outpatient therapist. In 1992 he joined with Great Seminars as seminar coordinator/lab assistant and mentored under Dr. Carole Lewis. He has co authored multiple articles with Dr. Lewis. Doug has had an extensive background in geriatrics and has been Regional Manager for northern California for 11 skilled nursing facilities. He has been a supervisor for inpatient acute hospital rehabilitation department, director for skilled nursing facilities and an instructor in Kinesiology for DeKenza College’s Physical Therapy Assistant program. He is a reviewer of Medicare documentation and a expert witness for the California State Physical Therapy Board. In 1999 he was inducted into Who’s Who International. In 2004 he received his Geriatric Training Certification (GTC). In 2008 he received his (C.S.S.T.) Certified Senior Strength Trainer. In 2011 he was asked to join the Scientific Advisory Board for GlydeCycle.

Description
Rehabilitation for older persons is changing rapidly. Payment changes make it more challenging to deliver quality care to the rehabilitatively and medically complex older patient. New approaches to therapeutic strategies and goals, thereby preparing therapists to design and implement highly skilled rehabilitation programs for older persons.

Objectives
Upon completion of this seminar, participants will be able to:

1. Define the role of the geriatric specialist.
2. Provide statistics on the growth of older persons in America.
3. Discuss theories of aging.
4. Differentiate various medical problems in the older patient.
5. Interpret lab values for changes of pathology specific to the elderly.
6. Demonstrate treatment techniques and how they can be modified for the elderly.
7. Use the tenets of adult learning models to develop programs that will be effective in the rehabilitation of older persons.
8. Discuss the pros and cons of utilizing published protocols with elderly patients.
9. Prescribe appropriate exercises based on differential diagnoses.
10. Integrate information of differential diagnoses for monitoring exercise programs.
11. Evaluate the most complicated older persons using standardized functional assessment tools.
12. Develop and justify comprehensive plans and treatment programs for complicated older patients.

Feedback From Past Course Participants
1. “Thank you so much for the effort, experience, content and the humor that was put into your presentation. Sadly, it is one of the first continuing education courses that I feel I got my money’s worth...my brain hurts and my mind will not stop thinking how I can use all the references and resources to support my facility.”
2. “The lecturer are unbelievably well-read. He relates every current piece of published medical research relevant to the topic and to the profession.”
3. “Best course I have ever taken.”
4. “The lecturer spoiled me for other courses.”
5. “I can’t believe all the information packed into a course.”
6. “Well worth the price.”
7. “The handout alone is worth the price.”
8. “I never had so much fun learning so much information.”
9. “The high tech extra really help keep my attention every minute.”
10. “The wealth of scientific information and the lecturer’s ability to make it clinically and immediately useful is extraordinary.”
11. “I will highly recommend this course to everyone.”
12. “This course has opened my eyes to what is going on right now. I am glad that I attended this course. I would recommend it highly to my co-workers.”
13. “It was a lot of information packed into 2 days. Great content and delivery of material.”
14. “Doug is a great speaker. Thanks for motivating me to be a better therapist.”
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Locations
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Host: Elite Home Health
Location: Morningside of Fayetteville Assisted Living
Fayetteville, AR
November 9-10, 2019

Faculty
Doug Dillon, PT, GTC, CSST
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Description
Rehabilitation for older persons is changing rapidly. Payment changes make it more challenging to deliver quality care to the rehabilitatively and medically complex older patient. New advances in treatment techniques, research on efficacy and outcomes, will provide detailed evaluation forms, outcome measures, suggested protocols, sample home exercises and references, will provide detailed evaluation forms, outcome measures, suggested protocols, sample home exercises and progressions.

The material presented provides a thorough approach to therapeutic strategies and goals, thereby preparing therapists to design and implement highly skilled rehabilitation programs for older persons.

The Complete Guide to Comprehensive Rehabilitation Strategies for the Geriatric Patient
Doug Dillon, PT, GTC, CSST

This 20 contact hour high tech presentation includes:
• An extensive handout with references
• Evidence-based interventions
• Reliable and valid outcome measures
• Documentation hints

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• Evidence-based interventions
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• Documentation hints

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East Lake City, UT Area
March 9-10
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October 12-13
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November 9-10
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Questions and Answers
6:30 PM
Adjourn  

Day 1
3:00 PM
Break

Day 2
7:30 AM
Continental Breakfast

Day 1
7:30 AM
Registration and Continental Breakfast

Day 2
7:30 AM
Break

3:15 PM
Break

Day 1
8:00 AM
The Role of the Geriatric Expert

Day 2
8:00 AM
The Treatment Implications of Working with Multiple Complications

Day 1
8:30 AM
What Makes You Special; Why You are Important

Day 2
9:00 AM
Health Promotion and Exercise for Older Adults

Day 1
9:30 AM
Minimum Documentation Criteria for Assessing Geriatric Patients

Day 2
10:00 AM
What's New - Interpreting Geriatric Research for Practice

Day 1
10:15 AM
What's Not - Interpreting Geriatric Research for Practice

Day 2
10:30 AM
Reach Older Patients - Adult Learning Theory and Motivation

Day 1
11:15 AM
Rehabilitation Evaluation of the Complicated Geriatric Patient

Day 2
11:30 AM
Geriatric Rehabilitation Education and Training, and Home Exercise Programs Differ for Older Patients: Case Studies

Day 1
1:30 PM
The Treatment Implications of Working with Multiple Complications

Day 2
1:30 PM
Older Complex Patients

Day 1
1:45 PM
What Makes You Special; Why You are Important

Day 2
2:00 PM
Hand Matching and Self Balance for Older Persons Booklet

Day 1
2:15 PM
Minimum Documentation Criteria for Assessing Geriatric Patients

Day 2
2:30 PM
Geriatric Rehabilitation Education and Training, and Home Exercise Programs Differ for Older Patients: Case Studies

Day 1
2:30 PM
The Treatment Implications of Working with Multiple Complications

Day 2
2:45 PM
What Makes You Special; Why You are Important

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Day 2
3:15 PM
Older Complex Patients

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3:45 PM
Hand Matching and Self Balance for Older Persons Booklet

Day 1
4:00 PM
Minimum Documentation Criteria for Assessing Geriatric Patients

Day 2
4:15 PM
Geriatric Rehabilitation Education and Training, and Home Exercise Programs Differ for Older Patients: Case Studies

Day 1
4:30 PM
The Treatment Implications of Working with Multiple Complications

Day 2
5:00 PM
What Makes You Special; Why You are Important

Day 1
5:15 PM
Minimum Documentation Criteria for Assessing Geriatric Patients

Day 2
5:30 PM
Geriatric Rehabilitation Education and Training, and Home Exercise Programs Differ for Older Patients: Case Studies

Day 1
6:00 PM
Questions and Answers

Day 2
6:30 PM
Adjourn
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<thead>
<tr>
<th>Day 1</th>
<th>7:30 AM</th>
<th>Registration and Continental Breakfast</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>The Role of the Geriatric Expert</td>
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<tr>
<td>What Makes You Special; Why You Are Important</td>
<td>- The Grazing of America</td>
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<tr>
<td>- How We Can Best Reach Older Patients - Adult Learning Theory and Motivation</td>
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<tr>
<td>10:00 AM</td>
<td>Break</td>
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<tr>
<td>10:15 AM</td>
<td>What's New - Interpreting Geriatric Research for Rehabilitation</td>
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<td>The Latest in Geriatric Rehabilitation; Protocols for TKA, THA, Instability, Lumbar Stenosis, Vertebral Compression Fractures, Decrease in Function</td>
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<tr>
<td>12:00 PM</td>
<td>Working Lunch (on your own)</td>
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<td>Discuss use of Evidence Based Medicine in your clinical setting.</td>
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<tr>
<td>1:00 PM</td>
<td>Medically Complex Patients - Interpreting Lab Values &amp; Medical Pathologies</td>
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<tr>
<td>3:15 PM</td>
<td>Break</td>
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<td>3:30 PM</td>
<td>The Treatment Implications of Working with Multiple Complications</td>
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<td>Arteria, Clotting Abnormalities, Musculoskeletal, Neurological, Rehabilitation Evaluation of the Complicated Patient; Case Studies</td>
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**Program Outline**

**Day 1**
- Registration and Continental Breakfast
- The Role of the Geriatric Expert (How We Can Best Reach Older Patients - Adult Learning Theory and Motivation)
- What Makes You Special; Why You Are Important
- The Grazing of America: How We Can Best Reach Older Patients
- Avoiding Patient Misunderstandings: The Case Against “Assuming” What Can Be Done
- Medical, Functional, and Metabolic Issues
- Understanding the Geriatric Pain System
- Palliative Care
- Anemia, Clotting Abnormalities, Musculoskeletal, Neurological, Rehabilitation Evaluation of the Complicated Patient; Case Studies
- The Treatment Implications of Working with Multiple Complications
- Arteria, Clotting Abnormalities, Musculoskeletal, Neurological

**Day 2**
- Continental Breakfast
- Rehabilitation Evaluation of the Complicated Geriatric Patient
- What’s Good, What’s Not
- Functional Tools: Great Ones
- Tools for Special Patients (Alzheimer’s, Depressed, Pain)
- Minimum Documentation Criteria for Assessing Older Patients: Case Studies

**Registration**

**AUDIENCE:** Primary - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience - Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEE:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handouts.

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**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least 2 weeks prior to the seminar for tuition refund less a $75 administration fee. NO refunds will be made after this date.

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<td>2</td>
<td>The Functional Tool Box II</td>
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