Faculty
Mark Nelson graduated from Pacific Lutheran University in 1989 with a Bachelor of Arts in biology. He completed physical therapy school in 1993 with a clinical Masters degree from the University of Puget Sound in Tacoma, Washington. He has been a practicing therapist for over 20 years, one year in general outpatient practice, two in subacute/rehab care and the last ten in acute care, serving a predominantly geriatric population.

In 1999, he co-authored the Inpatient Cardiac Rehabilitation Protocol for the open heart surgery program at Northwest Hospital. He has practiced throughout the medical services but has a special interest in cardiology and neurological diagnoses. He has also developed a computer based documentation system for the physical therapy department.

Mark has been a clinical instructor for the last ten years, and has been a guest lecturer for the University of Washington’s physical therapy program. Mark serves on the Patient Safety Oversight, Employee Body Mechanics/Safety and Clinical Documentation Committees at Northwest Hospital. The majority of his current practice occurs in the Intensive Care and Telemetry Units. Mark routinely provides new employee instruction on body mechanics and back safety, as well as educating staff on new patient handling equipment. Mark also served on the ICAHO Preparation Committee in 2002-2003.

Mark Nelson is dedicated to improving the quality and skill level of acute care therapy. His commitment to this field of specialization is evident by his years of service and passion for combining the poignant areas of specialized literature to this exciting area of rehabilitation.

Description
This seminar provides a current update on the latest information on rehabilitation in the acute care setting. As in all practice settings, acute care rehabilitation is continuously evolving. From the various entry points into the acute care setting to discharge, rehabilitation plays an integral role. Therapists are being relied upon more to make significant contributions to the medical team, and frequently are the determining factor in hospital length of stay. This seminar will offer practical tips and higher level problem solving skills that will benefit therapists working in this setting. The seminar will utilize lecture and case study to discuss the role of physical therapy in the acute care setting. Current literature review will be presented to lend strength to decision making in this challenging environment.

Objectives
Upon completion of this seminar, participants will be able to:

1. Effectively execute neurological, orthopedic, and cardiopulmonary rehabilitation in 3 days when the patient is unstable.
2. Produce documentation that meets the needs of all consumers of information in the acute care setting.
3. Formulate the most appropriate and efficient evaluation and treatment plans for acutely ill, neurological, orthopedic and cardiopulmonary geriatric patients.
4. Make sound recommendations for discharge planning using evidence based medicine.
5. Develop skills in reading EKGs and working with patients who have received LVADS, CABG or valve replacements.
6. Describe absolute and relative contraindications for rehabilitation intervention for patients with a variety of diagnoses.
7. Effectively plan treatment based on medical guidelines that will affect patients with neurological, orthopedic and cardiopulmonary problems.
8. Apply safe decision making algorithms to changes in patient’s medical status.
9. Practice “serial examination” and function as a member of the medical team.
10. Describe the climate and continuum of acute care for the geriatric patient.
11. Define the new and evolving role of rehabilitation in the interdisciplinary approach to acute care and fill that role.

Locations
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

 Mercy Medical Center  Host: HealthEast Optimum Des Moines, IA Rehabilitation  Location: HealthEast June 22-23, 2019 Woodwinds Health Campus Baker Campus Auditorium A-C  NCH Healthcare System Woodbury, MN November 9-10, 2019 Telford Education Center Napels, FL September 14-15, 2019 Univ. of New Mexico Hospital Location: MultiCare Health System Albuquerque, NM October 12-13, 2019 Tacoma, WA December 7-8, 2019

This 20 CONTACT HOUR innovative and multi-dimensional high tech presentation includes:
• An extensive handout
• Ready to use
  - home exercise programs
  - exercise protocols
• treatment techniques
• detailed evaluation forms
• reliable and valid outcome measures

GET 20 CONTACT HOURS IN 1 WEEKEND AT A GREAT PRICE!
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Baker Campus
Telford Education Center
Naples, FL
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October 12-13, 2019

Host: HealthEast Optimum Rehabilitation
Location: HealthEast Woodwinds Health Campus Auditorium A-C
Woodbury, MN
November 9-10, 2019

Host: MultiCare Health System
Location: Tacoma General Hospital - Jackson Hall
Tacoma, WA
December 7-8, 2019

Locations

2639 Rayeere Drive
Akron, Ohio 44333-2311

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Locations

Featuring
Mark Nelson, MPT

June 22-23
Albuquerque, NM
October 12-13
Woodbury, MN
November 9-10
Tacoma, WA
December 7-8
Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience - Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handouts. The fee is $455 per person. (This fee is subject to change without notice.)

LATE REGISTRATION: Postmarked after the above date requires an additional $25 late fee.

EARLY BIRD: $495 if completed registration and payment are received by June 1, 2019. (This fee is subject to change without notice.)

CANCELLATION/REFUND POLICY: Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a $75 administrative fee. NO refunds will be made after this date.

CONFIRMATION: A confirmation letter will be sent at least 3 weeks prior to the course.

Payment:
- Charge my:
  - American Express
  - MasterCard
  - Discover
  - Visa

Card #____________________________________ Expires________________ Security Code _________

Toll Free 877-79-GREAT (877-794-7328)
greatseminars@aol.com

Program Outline

Day 1
7:30 - 8:00 Registration and Continental Breakfast

8:00 - 8:30 The Acute Environment of Care - Perspectives

8:30 - 9:30 Problem Oriented Approach

Change your thinking

Problem oriented exercise

9:30 - 9:45 Break

9:45 - 12:30 Function Based Evaluation despite patient diagnosis or acuity

Functional tools, measures, Case examples

12:30 - 1:30 Working Lunch [on your own] - Case Studies

Group Discussion: Functional Quality

1:30 - 3:00 Heart and Lungs - Acute Care Physiologic

ECG/ Cardiac Rhythm Interpretation

Recognizing Instability

Case Studies

3:00 - 3:15 Break

3:15 - 5:00 Heart and Lungs continued

Lung Function

Recognizing Instability

Case Studies

5:00 - 6:00 Rehabilitation Treatment Implications of Cardiac and Pulmonary Function

6:00 - 6:30 Questions and answers

Day 2
7:30 - 8:00 Continental Breakfast

8:00 - 10:00 Neurological Assessment

10:00 - 10:15 Break

10:15 - 12:10 Lines, Tapes, and Wires

Dealing with monitoring and medical equipment

Practice

12:00 - 1:00 Working Lunch [on your own] - Case Studies

Group Discussion: Continue to share ideas on critical thinking

1:00 - 3:00 Acute Care Treatment and Diagnosis Challenges Treatment Protocols

Documentation

3:00 - 3:15 Break

3:15 - 5:45 Treatment and Diagnosis Challenges continued

Appropriate delivery of care

Putting it all together from admit to discharge

Case Studies

5:45 - 6:30 Questions and Answers, conclusion and adjournment

Great Books

The Functional Toolbook - Clinical Measures of Functional Outcomes

The Functional Toolbook II - Clinical Measures of Functional Outcomes

GENERIC CLINICAL STRATEGIES: Functional Outcomes and Measures:

Evaluating Function: Clinical and Research Issues in Physical Therapy

Evaluating Function: Clinical and Research Issues in Physical Therapy

Prevention and Rehabilitation of Cardiac and Pulmonary Function

Prevention and Rehabilitation of Cardiac and Pulmonary Function

Hand-Held Dynamometry

Pocket Card - FSG Card

Pocket Card 1 Repetition Maximum Progression Pad

Pocket Card Fat Mobility

Pocket Card Sit to Stand Transfer

Pocket Card - Stroke Rehabilitation

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<td>Working Lunch (on your own) – Case Studies Group Discussion: Functional Skills and the Cardiac Patient</td>
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<td>Break</td>
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<td>5:00 - 6:00</td>
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### Day 2

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<td>Neurological Assessment</td>
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<td>10:00 - 10:15</td>
<td>Break</td>
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<td>10:15 - 12:00</td>
<td>Tubes, Lines and Wires Dealing with medical and equipment ICI practice</td>
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<td>Working Lunch (on your own) – Case Studies Group Discussion: Continue to share ideas on critical thinking</td>
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### Cost

- **Early Bird**: $495.00 if completed registration and payment are received by September 9, 2019.
- **LATE REGISTRATION**: $545.00 if completed registration and payment are received after September 9, 2019. A $25 late fee will be assessed if postmarked after September 9, 2019. 

### CANCELLATION/REFUND POLICY:

Cancellations must be received in writing at least two weeks prior to the seminar date. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registration are non-refundable until confirmed. Space may be limited, so register early.

### Registration:

- **AIDE - Physical Therapist Assistants**: Your completed registration form with payment to
- **GREAT Seminars & Books**: Your completed registration form with payment to

### Program Outline:

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### Additional Information:

- **GREAT Seminars**: Great Seminars and Books, Inc. reserves the right to cancel the course up to 2 weeks prior to the seminar date. In the event of cancellation of a course the only refund will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.
- **EDUCATIONAL CREDIT**: A certificate of attendance for 20 contact hours of educational activity. 20 clock or 2 CEUs depend on your state’s PT Boards and/or CO licensure requirements. This course is an Approved Provider of Colorado’s Board of Physical Therapy 2.0 total CEUs. This course is an Approved Provider of Nevada’s Physical Therapy Board 2.0 total CEUs (20CEUs) of continuing education. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363.

### Contact Information:

- **Great Seminars and Books**: 2639 Revere Drive, Akron, Ohio 44321-2311
- **Telephone**: 877-794-7328 • Fax 330-865-6941 • www.GreatSeminarsAndBooks.com
- **Home Phone**: (330) 865-6940 • Cell Phone**: (330) 870-5430

### Educational Resources:

- **New Book**! Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.
- **NEW!** Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, programs are given from posture to stroke. Great Books.
- **New Book**! 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, programs are given from posture to stroke. Great Books.
- **Improving Mobility In Older Persons** by Dr. Lewis. 200 pages. Patient education: Theossem, Family and caregivers. Great Books.
- **Putting it all together from admit to discharge**. Appropriate delivery of care. GREAT Seminars.
- **Pocket Card - Cardiopulmonary Edema**. 4 sided pocket card for diagnosis and treatment. Great Books.
- **Pocket Card - Bed Mobility**. 4 sided pocket card for diagnosis and treatment. Great Books.
- **Pocket Card - Stilt to Stand Transfer**. 4 sided pocket card for diagnosis and treatment. Great Books.