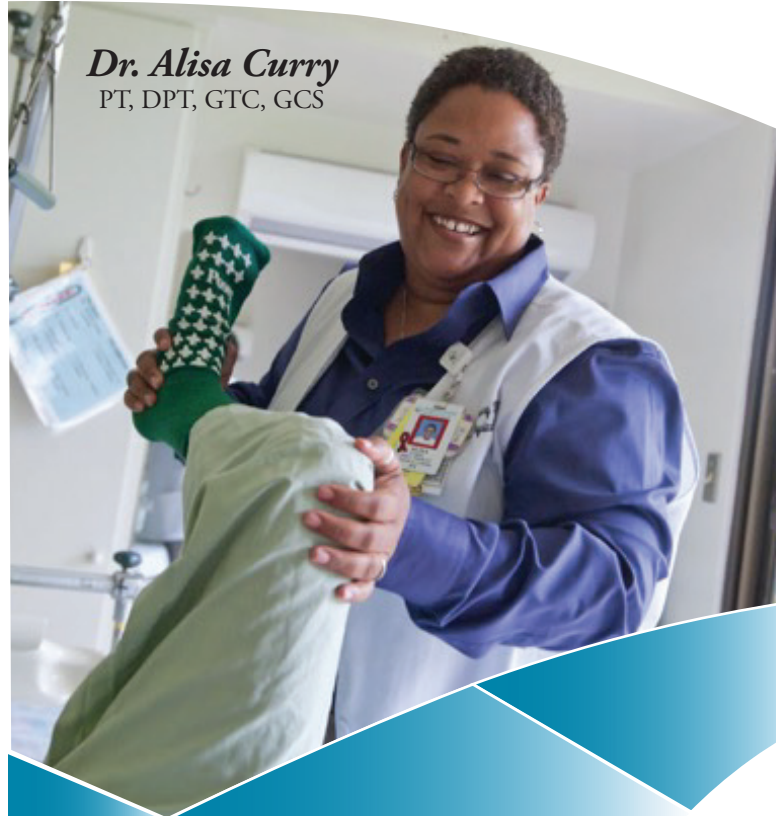


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Total Joint Arthroplasty:

The Newest Information on Outcomes and
Rehabilitation Across the Continuum



Dr. Alisa Curry
PT, DPT, GTC, GCS



2639 Revere Drive
Akron, Ohio 44333-2311

20 Contact Hours

This course will give clinicians functional assessment tools and treatment focus to apply across the continuum of care. Surgical advances, treatment techniques and rehabilitation protocols will be presented for total hip, knee and shoulder arthroplasties.

2018

Twin Falls, ID
June 23-24

Laguna Hills, CA
July 21-22

Kansas City, MO
December 1-2



Faculty

Dr. Alisa Curry, PT, DPT, GTC, GCS, is a Board Certified Geriatric Clinical Specialist with primary focus in the rehabilitation of the total joint population. She holds her Doctorate of Physical Therapy from Arizona School of Health Sciences at A.T. Still University, a BS in Physical Therapy from Langston University in Langston, Oklahoma, a BS in Psychology from the University of California San Diego and holds a Geriatric Training Certification from Great Seminars. A Physical Therapist since 1994, she has treated over 10,000 patients with total joint arthroplasty in acute care, home health and skilled nursing. She also promotes increased networking and interprofessional collaboration at all levels of care. With the American Physical Therapy Association (APTA), she is currently working on evidence based models of care improvement for patients with total joint, has developed the Total Joint Replacement Special Interest Group for therapists practicing primarily with this patient population, moderates an online discussion listserve of over 2000 patients internationally, has presented for the APTA and the National Association of Orthopedic Nurses (NAON). Dr. Curry has also consulted on projects with the AAOS, NAON, APTA and other medical entities to improve care of the patient population.

Description

The environment of total joint arthroplasty is changing. As rehab professionals, therapists are no longer relegated to silos of care. The therapists in home health, skilled nursing and outpatients must evaluate and treat what is considered an acute care level patient due to the minimal length of stay. Patients in the acute setting are functionally performing at the home health and outpatient levels. This course addresses how we meet this growing population to provide time appropriate treatment interventions across the continuum of care. Therapists must quickly and accurately identify problems, develop relevant rehab plans and modify their care to fit everyone from the fit to the frail elective surgery patient. This course examines all of the factors impacting rehabilitation and successful recovery.

Feedback From Past Course Participants

"Been a therapist for a long time, didn't think I would learn much ... I was wrong!"

"Alisa was so knowledgeable and personable, just full of information."

"I could tell that the speaker loves what she does."

"Great presentation by a dynamic personality!"

Objectives

Upon completion of this seminar, participants will be able to:

- Analyze the latest surgical advances, considerations and technology in total joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Integrate functional evaluation tools.
- Examine the areas of pain management, wound healing and co-morbidities impacting recovery across the care continuum.
- Analyze the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Propose rehabilitation programs for specific joint arthroplasty procedures.
- Formulate and review the rationale for rehabilitation protocols following total joint replacement.
- Recommend evidence-based treatment interventions for total joint replacement.
- Incorporate these principles into working with the interdisciplinary team in all stages of patient management.
- Discuss the Comprehensive Care for Joint Replacement (CJR) model and impact of "Bundled Payment" on the various levels of care.

Locations

The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Host: St. Luke's Magic Valley Home Care and Hospice

Location: St. Luke's Magic Valley Hospital
Twin Falls, ID

June 23-24, 2018

MemorialCare Saddleback Medical Center
Laguna Hills, CA

July 21-22, 2018

Host: Outpatient Rehabilitation,
St. Joseph Medical Center

Location: St. Joseph Medical Center
Kansas City, MO

December 1-2, 2018

Program Outline

Day 1

- 7:30 Registration and Continental Breakfast
8:00 **Total Knee Arthroplasty (TKA)**
- Anatomy and Biomechanics
 - Precautions
 - Analgia
 - Surgical Approaches
 - Components
 - Video
- 10:30 Break
10:45 **Total Knee Arthroplasty Rehabilitation**
- Goals for Rehabilitation
 - Exercise Program
 - Challenges and Complications
 - Bilateral Total Knee Arthroplasty
 - Extensor mechanism repair
 - Discharge Disposition
 - Home
 - Outpatient
 - Outcome Measures
- 12:30 Working Lunch (on your own) Protocol Review
1:30 **Total Hip Arthroplasty (THA)**
- Anatomy & Biomechanics of the Hip Joint
 - Surgical Approaches/Options
 - Hip Resurfacing
 - Precautions
 - Analgia
 - Components
 - THA Surgical Videos
- 3:30 Break
3:45 **Total Hip Arthroplasty Rehabilitation**
- Goals for Rehabilitation
 - Exercise Program
 - Challenges and Complications
 - Intraop Fracture
 - Bilateral Hip Arthroplasty
 - Hip Resection
 - Disposition
 - Home
 - Outpatient
 - Acute Rehab
 - Skilled Nursing (SNF)
- 6:00 Questions & Answers
6:30 Adjourn

DAY 2

- 7:30 Continental Breakfast
8:00 **Total Shoulder Arthroplasty (TSA)**
- Anatomy & Biomechanics of the Shoulder Joint
 - Surgical Approaches/Options
 - Total Shoulder
 - Precautions
 - Analgia
 - Components
 - TSA Surgical Videos
- 10:30 Break
10:45 **Total Shoulder Arthroplasty Rehabilitation**
- Goals for Rehabilitation
 - Exercise Program
 - Challenges and Complications
 - Frozen shoulder
 - Dislocation
 - Disposition
 - Home
 - Outpatient
 - Acute Rehab
 - Skilled Nursing (SNF)
 - Outcome Measures
- 12:30 Working Lunch (on your own) Group Discussion
1:30 **Medical Management of the Total Joint Patient**
- Multidisciplinary Team
 - Rehabilitation – PT and OT
 - Anesthesia
 - Pharmacology
 - Multimodal Approach
 - IV Meds
 - Anti-inflammatories
 - Opioids
 - Lab Values
 - H/H
 - PT / INR
 - BUN and Creatinine
 - Other
 - Medical Co-morbidities – Why is the PMHx so important?
 - Diabetes – IDDM and NIDDM
 - Sleep Apnea
 - Practice Patterns
 - Obesity
 - Case Studies and Scenarios of the Complex Patient with Total Joint
 - Discussion of obstacles for difficult patients
- 3:30 Break
3:45 **Multidisciplinary Planning Development of a Program – Getting the team to work with you**
- Service Lines
 - Factors influencing Early Discharge
 - Rapid Recovery / Fast Track Program
 - Clinical Pathways
- 5:00 **Examples of Successful Programs**
- HSS
 - Rush
 - Anne Arundel
 - WHHS
- 6:00 Questions and Answers
6:30 Adjourn

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . \$89

Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.

The Functional Toolbox II \$89

Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. **Functional Toolbox I and II special: \$159.00**

Geriatric Clinical Strategies \$89

Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.

Age-Defying Fitness \$20

Lewis/Moffat **NEW!** Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.

Documenting Quality Care **UPDATED** \$39

Lewis. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.

Health Promotion and Exercise for Older Adults . . . \$48

Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.

Improving Mobility In Older Persons **UPDATED** . . . \$48

Lewis. The perfect handbook for therapists in most facilities. This book has evaluation and treatment ideas for patients who need bed mobility to gait. All tools and treatments are evidence based.

Prevention and Wellness Toolkit \$69

Lewis/Ledbetter **NEW!** This kit is three books in one: The Prevention and Wellness Toolbox, Balance Assessment and Treatment and a detailed manual on how to develop and conduct a prevention and wellness screening and follow up classes.

Orthopedic Outcomes Toolbox \$69

Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.

Hand-Held Dynamometry \$25

Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations

1 Repetition Maximum Progression Pad \$12

This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression

Pocket Card 1 Repetition Maximum \$6

This valuable tool has 1RM values at 50% and 80% already figured out for you

Pocket Card Bed Mobility \$6

This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.

Pocket Card Sit to Stand Transfer \$6

This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise

Osteoporosis Exercise Booklet \$6

Self Balance Hints for Older Persons Booklet \$6

Pilates for Seniors DVD The Osteoporosis Workout, Instructor Sherri Betz . . \$20

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2018 Registration - Total Joint Arthroplasty

YES! Please register me for: Twin Falls, ID - June 23-24 Laguna Hills, CA - July 21-22 Kansas City, MO - December 1-2
PT • PTA • OT • COTA • Other _____

Name _____ Work Telephone (____) _____ Home Telephone (____) _____

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Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEES: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Twin Falls, ID - \$495. If postmarked before 5/30/18
Laguna Hills, CA - \$495. If postmarked before 6/27/18
Kansas City, MO - \$495. If postmarked before 11/7/18

LATE REGISTRATION: Postmarked after the above date requires an additional \$25 late fee.

EARLY BIRD: \$470 - If completed registration and payment are received by:

Twin Falls, ID - April 25, 2018
Laguna Hills, CA - May 23, 2018
Kansas City, MO - October 3, 2018

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CANCELLATION/REFUND POLICY: Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

COURSE CANCELLATION: GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

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Colorado Physical Therapists: This 20 contact hour seminar meets accepted standards for Category 1 continuing competence activities as directed in CO section 12-41-114.6, C.R.S. Please make sure that you have completed the required post-course survey tool. Save your certificate of completion for the re-licensing process. If you do not see your state listed, please give our office a call. GREAT Seminars is an American Occupational Therapy Association (AOTA) Approved Provider of continuing education. Provider #5363. This course is not approved by ASHA or Board of Certification. Your tuition is tax deductible. All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

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AOTA does not endorse specific course content, products, or clinical procedures. A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEU's in your state) will be awarded to registrant upon completion of the seminar.

7.25.18