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Acute Care REHABILITATION

BE THE BEST! LEARN THE LATEST IN THE AREAS OF CARDIOLOGY,
ORTHOPEDICS AND NEUROLOGY ACUTE CARE REHAB



Featuring
Mark Nelson, MPT

This **20 CONTACT HOUR**
innovative and *multi-dimensional* high
tech presentation includes:

- An extensive handout
- Ready to use
 - *home exercise* programs
 - exercise protocols
 - *treatment techniques*
 - detailed *evaluation forms*
 - reliable and *valid*
outcome measures

2018

Cheyenne, WY
May 19-20

Fargo, ND
September 15-16

Las Vegas, NV
October 13-14

Cleveland, OH
November 3-4



Faculty

Mark Nelson graduated from Pacific Lutheran University in 1989 with a Bachelor of Arts in biology. He completed physical therapy school in 1993 with a clinical Masters degree from the University of Puget Sound in Tacoma, Washington. He has been a practicing therapist for over 20 years, one year in general outpatient practice, two in subacute/rehab care and the last ten in acute care, serving a predominantly geriatric population.

In 1999, he co-authored the Inpatient Cardiac Rehabilitation Protocol for the open heart surgery program at Northwest Hospital. He has practiced throughout the medical services but has a special interest in cardiopulmonary and neurological diagnoses. He has also developed a computer based documentation system for the physical therapy department.

Mark has been a clinical instructor for the last ten years, and has been a guest lecturer for the University of Washington's physical therapy program. Mark serves on the Patient Safety Oversight, Employee Body Mechanics/Safety and Clinical Documentation Committees at Northwest Hospital. The majority of his current practice occurs in the Intensive Care and Telemetry Units. Mark routinely provides new employee instruction on body mechanics and back safety, as well as educating staff on new patient handling equipment. Mark also served on the JCAHO Preparation Committee in 2002-2003.

Mark Nelson is dedicated to improving the quality and skill level of acute care therapy. His commitment to this field of specialization is evident by his years of service and passion for combining the poignant areas of specialized literature to this exciting area of rehabilitation.

Description

This seminar provides a current update on the latest information on rehabilitation in the acute care setting. As in all practice settings, acute care rehabilitation is continuously evolving. From the various entry points into the acute care setting to discharge, rehabilitation plays an integral role. Therapists are being relied upon more and more to make significant contributions to the medical team, and frequently are the determining factor in hospital length of stay. This seminar is designed to give clinical information for therapists working in, or returning to working in the acute care setting. In addition, the seminar will offer practical tips and higher level problem solving skills that will benefit therapists working in this setting. The seminar will utilize lecture and case study to discuss the role of physical therapy in the acute care setting. Current literature review will be presented to lend strength to decision making in this challenging environment.

Objectives

Upon completion of this seminar, participants will be able to:

1. Effectively execute neurological, orthopedic, and cardiopulmonary rehabilitation in 3 days when the patient is unstable.
2. Produce documentation that meets the needs of all consumers of information in the acute care setting.
3. Formulate the most appropriate and efficient evaluation and treatment plans for acutely ill, neurological, orthopedic and cardiopulmonary geriatric patients.
4. Make sound recommendations for discharge planning using evidence based medicine.
5. Develop skills in reading EKGs and working with patients who have received LVADS, CABG or valve replacements.
6. Describe absolute and relative contraindications for rehabilitation intervention for patients with a variety of diagnoses.
7. Effectively plan treatment based on medical guidelines that will affect patients with neurological, orthopedic and cardiopulmonary problems.
8. Apply safe decision making algorithms to changes in patient's medical status.
9. Practice "serial examination" and function as a member of the medical team.
10. Describe the climate and continuum of acute care for the geriatric patient.
11. Define the new and evolving role of rehabilitation in the interdisciplinary approach to acute care and fill that role.

Locations

The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Cheyenne Regional
Medical Center
Cheyenne, WY
May 19-20, 2018

Host: Sanford Therapy Services
Location: Family Wellness
Fargo, ND
September 15-16, 2018

Summerlin Hospital
Medical Center
Las Vegas, NV
October 13-14, 2018

Host: MetroHealth
Medical Center
Location: Rammelkamp
Center for Education
and Research
Cleveland, OH
November 3-4, 2018

Program Outline

Day 1

7:30 - 8:00	Registration and Continental Breakfast
8:00 - 8:30	The Acute Environment of Care - Perspectives
8:30 - 9:30	Problem Oriented Approach Change your thinking Problem oriented exercise
9:30 - 9:45	Break
9:45 - 12:30	Function Based Evaluation despite patient diagnosis or acuity Functional tools, measures, Case examples
12:30 - 1:30	Working Lunch (on your own) – Case Studies Group Discussion: Functional evaluation
1:30-3:00	Heart and Lungs- Acute Care Physiology ECG/ Cardiac Rhythm Interpretation Recognizing Instability Case Studies
3:00-3:15	Break
3:15-5:00	Heart and Lungs continued Lung Function Recognizing Instability Case Studies
5:00-6:00	Rehabilitation Treatment Implications of Cardiac and Pulmonary Function
6:00-6:30	Questions and answers

Day 2

7:30 - 8:00	Continental Breakfast
8:00-10:00	Neurological Assessment
10:00-10:15	Break
10:15-12:00	Tubes, Lines and Wires Dealing with monitoring and medical equipment ICU practice
12:00-1:00	Working Lunch (on your own) – Case Studies Group Discussion: Continue to share ideas on critical thinking
1:00-3:00	Acute Care Treatment and Diagnosis Challenges Treatment Protocols Documentation
3:00-3:15	Break
3:15-5:45	Treatment and Diagnosis Challenges continued Appropriate delivery of care Putting it all together from admit to discharge Case Studies
5:45-6:30	Questions and Answers, conclusion and adjourn

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . . . \$89		
<small>Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.</small>		
The Functional Toolbox II \$89		
<small>Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. Functional Toolbox I and II special: \$159.00</small>		
Geriatric Clinical Strategies \$89		
<small>Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.</small>		
Age-Defying Fitness \$20		
<small>Lewis/Moffat NEW! Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.</small>		
Documenting Quality Care UPDATED \$39		
<small>Lewis. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.</small>		
Health Promotion and Exercise for Older Adults \$48		
<small>Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.</small>		
Improving Mobility In Older Persons UPDATED \$48		
<small>Lewis. The perfect handbook for therapists in most facilities. This book has evaluation and treatment ideas for patients who need bed mobility to gait. All tools and treatments are evidence based.</small>		
Prevention and Wellness Toolkit \$69		
<small>Lewis/Ledbetter NEW! This kit is three books in one: The Prevention and Wellness Toolbox, Balance Assessment and Treatment and a detailed manual on how to develop and conduct a prevention and wellness screening and follow up classes.</small>		
Orthopedic Outcomes Toolbox \$69		
<small>Lewis/Wike/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.</small>		
Hand-Held Dynamometry \$25		
<small>Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations</small>		
1 Repetition Maximum Progression Pad \$12		
<small>This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression</small>		
Pocket Card 1 Repetition Maximum \$6		
<small>This valuable tool has 1RM values at 50% and 80% already figured out for you</small>		
Pocket Card Bed Mobility \$6		
<small>This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.</small>		
Pocket Card Sit to Stand Transfer \$6		
<small>This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise</small>		
Osteoporosis Exercise Booklet \$6		
Self Balance Hints for Older Persons Booklet \$6		
Pilates for Seniors DVD The Osteoporosis Workout, Instructor Sherri Betz . . \$20		

Prices include shipping via USPS (media mail) and handling within the continental U.S. Sub-Total _____
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2018 Registration - Acute Care Rehabilitation

YES! Please register me for:

- Cheyenne, WY - May 19-20
 Fargo, ND - September 15-16
 Las Vegas, NV - October 13-14
 Cleveland, OH - November 3-4
 PT • PTA • OT • COTA • Other

Name _____ Work Telephone (_____) _____ Home Telephone (_____) _____

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Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Cheyenne, WY - \$495. If postmarked before 4/25/18

Fargo, ND - \$495. If postmarked before 8/22/18

Las Vegas, NV - \$495. If postmarked before 9/19/18

Cleveland, OH - \$495. If postmarked before 10/10/18

LATE REGISTRATION: Postmarked after the above date requires an additional \$25 late fee.

EARLY BIRD: \$470 - If completed registration and payment are *received* by

Cheyenne, WY - March 21, 2018

Fargo, ND - July 18, 2018

Las Vegas, NV - August 15, 2018

Cleveland, OH - September 5, 2018

DISCOUNT PROGRAM: Receive \$25 off your class registration for each **GREAT Seminars & Books, Inc.** course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. No discounts will be taken once registration is completed.

CONFIRMATION: A confirmation letter will be sent at least 3 weeks prior to the course with local hotels and information upon receipt of your registration form and fee. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

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Colorado Physical Therapists: This 20 contact hour seminar meets accepted standards for Category 1 continuing competence activities as directed in CO section 12-41-114.6, C.R.S. Please make sure that you have completed the required post-course survey tool. Save your certificate of completion for the re-licensing process.

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

5 Easy Ways to Register

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FAX your completed registration form with credit card information to 330-865-6941, 24 hours a day.

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