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# Rehabilitation for Older Adults with Dementia: Maximizing Our Impact

**2017**

**Cherry Hill, NJ  
April 7-8  
(Friday/Saturday)**

**Madison, WI  
July 22-23**

**New Rochelle, NY  
November 4-5**

This course is approved by the New Jersey State Board of Physical Therapy for 20 contact hours. This course is also approved for 20 contact hours for PTs and PTAs in New York. GREAT Seminars is an approved provider of continuing education by the New York State Education Department. See inside for other state approvals.

**This comprehensive 20 contact hour course:**

- Provides the clinician with numerous evaluation and treatment strategies for improved outcomes with the patient with dementia
- Includes communication and approach strategies for PT, OT, and SLP, as well as ready to use assessment tools in an extensive handout.



**Julie Ries, PT, PhD**



2639 Revere Drive  
Akron, Ohio 44333-2311

**Don't Miss This GREAT Course!**



# Program Schedule

## Day 1

- 7:30-8:00 am: **Registration and Continental Breakfast**
- 8:00-9:45 am: **Types of Dementia**  
(Alzheimer's disease, vascular dementia, dementia with Lewy bodies, mixed dementias, frontotemporal dementia & less common types of dementia):  
Pathophysiology, characteristics & medical management
- 9:45-10:00 am: **Break**
- 10:00-11:30 am: **Problems that can masquerade as Dementia:**  
delirium, depression, normal pressure hydrocephalus
- 11:30-12:30 pm: **Screening, classification & staging of dementia and neurocognitive impairment**
- 12:30-1:30 pm: **Working Lunch: (on your own)**  
Discussion of research article
- 1:30-3:00 pm: **Facilitating optimal interactions via modification of environment, communication strategies, and the therapeutic relationship**
- 3:00-3:15 pm: **Break**
- 3:15-5:00 pm: **Rehabilitation examination of the individual with Dementia: Data gathering from multiple sources, assessing functional status**
- 5:00-6:00 pm: **Choosing & using appropriate outcome measures; minimal detectable change scores**
- 6:00-6:30 pm: **Question and Answer Session**

## Day 2

- 7:30-8:00 am: **Continental Breakfast**
- 8:00-8:30 am: **Inter-relatedness of cognition and gait**
- 8:30-9:30 am: **Movement disorders in Dementia**
- 9:30-9:45 am: **Typical motor learning**
- 9:45-10:00 am: **Break**
- 10:00-11:00 am: **Motor learning in individuals with Dementia:**  
Characteristics of successful interventions
- 11:00-11:30 am: **Neurocognitive protective effects of exercise**
- 11:30-12:30 pm: **Evidence supporting rehabilitation and/or exercise with individuals with Dementia**
- 12:30-1:30 pm: **Working Lunch: (on your own) Planning optimal interventions**
- 1:30-2:30 pm: **Integrating characteristics of successful interventions and available evidence to create programs for your patients & settings; Successful (reimbursable) documentation**
- 2:30-3:15 pm: **Special considerations: Sleep, nutrition & hydration (eating & swallowing concerns)**
- 3:15-3:30 pm: **Break**
- 3:30-4:15 pm: **Special considerations: Pain assessment & management, behavioral issues, restraints (chemical & physical)**
- 4:15-5:00 pm: **Special considerations: Hip fracture**
- 5:00-6:00 pm: **Caring for the caregiver: Exercise for caregivers, support & resources, elder abuse**
- 6:00-6:30 pm: **Question and Answer Session**

# Great Books



QTY TOTAL

- The Functional Toolbox: Clinical Measures of Functional Outcomes** . \$89  
Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.
- The Functional Toolbox II** . . . . . \$89  
Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. **Functional Toolbox I and II special: \$159.00**
- Geriatric Clinical Strategies** . . . . . \$89  
Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.
- Age-Defying Fitness** . . . . . \$20  
Lewis/Moffet **NEW!** Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.
- Documenting Quality Care** **UPDATED** . . . . . \$39  
Lewis. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.
- Health Promotion and Exercise for Older Adults** . . . \$48  
Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.
- Improving Mobility In Older Persons** **UPDATED** . . . \$48  
Lewis. The perfect handbook for therapists in most facilities. This book has evaluation and treatment ideas for patients who need bed mobility to gait. All tools and treatments are evidence based.
- Prevention and Wellness Toolkit** . . . . . \$69  
Lewis/Ledbetter **NEW!** This kit is three books in one: The Prevention and Wellness Toolbox, Balance Assessment and Treatment and a detailed manual on how to develop and conduct a prevention and wellness screening and follow up classes.
- Orthopedic Outcomes Toolbox** . . . . . \$69  
Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.
- Hand-Held Dynamometry** . . . . . \$25  
Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations
- 1 Repetition Maximum Progression Pad** . . . . . \$12  
This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression
- Slide Algometer** . . . . . \$6  
An easy-to-use, reliable and valid measurement tool for assessing pain.
- Pocket Card 1 Repetition Maximum** . . . . . \$6  
This valuable tool has 1RM values at 50% and 80% already figured out for you
- Pocket Card Bed Mobility** . . . . . \$6  
This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.
- Pocket Card Sit to Stand Transfer** . . . . . \$6  
This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise
- Osteoporosis Exercise Booklet** . . . . . \$6
- Self Balance Hints for Older Persons Booklet** . . . . \$6
- Pilates for Seniors DVD** The Osteoporosis Workout, Instructor Sherri Betz . . \$20

Prices include shipping via USPS (media mail) and handling within the continental U.S. Sub-Total \_\_\_\_\_  
We do not accept Purchase Orders. MD residents add 5% sales tax. \_\_\_\_\_  
Books are only available for preview at GREAT courses. TOTAL \_\_\_\_\_

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# 2017 Registration - Rehabilitation for Older Adults with Dementia

**YES! Please register me for:**

Cherry Hill, NJ - April 7-8

Madison, WI - July 22-23

New Rochelle, NY - November 4-5

PT • PTA • OT • COTA • SLP • Other \_\_\_\_\_

Name \_\_\_\_\_ Work Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Home Telephone ( \_\_\_\_\_ ) \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_

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## Registration

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists and Occupational Therapist Assistants.

**LEVEL:** This course is at an intermediate level.

**FE:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**Cherry Hill, NJ** - \$495. If postmarked before 3/15/17

**Madison, IL** - \$495. If postmarked before 6/28/17

**New Rochelle, NY** - \$495. If postmarked before 10/11/17

**LATE REGISTRATION:** Postmarked after the above date requires an additional **\$25 late fee**.

**EARLY BIRD:** \$470 - If completed registration and payment are received by

**Cherry Hill, NJ** - February 15, 2017

**Madison, IL** - May 24, 2017

**New Rochelle, NY** - September 6, 2017

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each **GREAT Seminars & Books, Inc.** course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. No discounts will be taken once registration is completed.

**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

**COURSE CANCELLATION:** GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

**EDUCATIONAL CREDIT:** A certificate of attendance for 20 contact hours of educational activity (**20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state**) will be awarded to registrants upon completion of the seminar. **Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in NJ and MD for 20 Clinical Contact Hours. Have applied for approval in PA. Our courses also meet the guidelines for approval in AL, IN, WI, VA, AZ, DE, NH, OR, RI, UT and MO. Courses are accepted for CEU's in NE, ID, MT, WA, CT, IA, and ND. If you do not see your state listed, please give our office a call. All of our courses have Board of Certification Approval (NATA) and AOTA approval. Your tuition is tax deductible.** All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

## 5 Easy Ways to Register

**WEBSITE:** Online Registrations at  
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**CALL** Monday-Thursday 10-5 EST,  
Friday 10-1 EST

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\*AOTA does not endorse specific course content, products, or clinical procedures. A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEU's in your state) will be awarded to registrant upon completion of the seminar.

