Faculty
Julie Ries, PT, PhD, is a physical therapist and Professor of Physical Therapy at Marymount University in Arlington, Virginia. She has a special interest in physical therapy with older adults, particularly those with cognitive deficits such as Alzheimer’s disease and her recent research has been in the area of outcome measures and balance interventions in this population. She has published original research in a variety of refereed journals (Physical Therapy, Journal of Neurologic Physical Therapy, Journal of Geriatric Physical Therapy) as well as several book chapters, and has presented at many APTA national conferences on topics of rehabilitation with the older adult. Her dissertation research, published in Physical Therapy; won her the Section on Geriatrics Research Award in 2010. Julie received her BS in Physical Therapy from Quinnipiac College (Hamden, CT), her MA in Education and Human Development from George Washington University (Washington DC), and her PhD in Physical Therapy from Nova Southeastern University (FL, Lauderdale FL). She is a longstanding volunteer educator for the Alzheimer’s Association and has been the recipient of several teaching awards at Marymount University. She is an energetic and enthusiastic presenter.

Description
Do Older Adults with Dementia benefit from rehabilitation? Historically, individuals with dementia were excluded from exercise and rehabilitation efforts with the assumption that they would not be able to participate. We know so much more now about working with individuals with dementia! Given the aging baby boomers (the “Silver Tsunami”) and the incidence and prevalence of dementia in those over age 65, physical and occupational therapists in almost all practice arenas must be prepared to face the challenges of working with individuals with dementia. If we simply approach these patients as we do their cognitively intact peers, we are not likely to be successful. We must integrate and exploit what we know about the pathophysiology and motor, sensory, & behavioral implications of dementia. With an understanding of the physiological nuances of exercise in dementia, we can appreciate the intricacies of motor learning in those with dementia, and developing therapeutic relationships within this special population. PTs will be better equipped to facilitate optimal outcomes. This course is designed to bring salient, practical, and evidence-based information to the practicing clinician to enhance the efficacy of physical and occupational therapy. 

Objectives
Upon completion of this seminar, participants will be able to:

- Differentiate types of dementia and compare and contrast clinical presentation, signs and symptoms, pathophysiological, and clinical implications.
- Recognize acute reversible disorders that can masquerade as dementia, including delirium, depression, and normal pressure hydrocephalus, and discuss the management of these pathologies.
- Facilitate optimal interactions with individuals with dementia via modification of the environment, communication strategies, and the therapeutic relationship.
- Develop a repertoire of strategies to facilitate comprehensive examination (patient history, review of systems, tests & measures) of individuals with different levels of dementia.
- Integrate evidence related to the cognitive protective benefits of exercise and utilize this evidence to design and justify interventions for all older adults (with or without cognitive impairment).
- Discuss the inter-relatedness of cognition and gait and the implications for all older adults (with or without cognitive impairment).
- Describe movement disorders associated with dementia and potential strategies to impact them.
- Describe important motor learning principles for individuals with dementia and discuss the theoretical and practical implications.
- Review the existing evidence related to exercise and/or rehabilitation with individuals with dementia and evaluate the relevance of this literature in the context of your own clinical practice.
- Justify and implement critical characteristics of successful exercise interventions to develop creative and effective treatment programs for persons with dementia of all stages and in all settings.
- Select and utilize appropriate outcome measures, with attention toward available evidence for minimal detectable change scores, and effective documentation strategies for successful reimbursement.
- Consider and integrate caregiver needs in management of individuals with dementia.

Locations
The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

Host: Fox Rehabilitation
Location: Fox Rehabilitation Ed Center
Cherry Hill, NJ
April 7-8, 2017

United Hebrew
New Rochelle, NY
November 4-5, 2017

Testimonial
“I am so excited to have Julie Ries teaching this course. I have followed her clinical research in this area for years and she has contributed outstanding protocols and programs for the population of older adults with dementia. From conducting the original research to working with the older adults with dementia, Julie brings this topic to life.”

- Carole B. Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FAPTA

2017
Cherry Hill, NJ
April 7-8
( Saturday)
Madison, WI
July 22-23
New Rochelle, NY
November 4-5

Rehabilitation for Older Adults with Dementia: Maximizing Our Impact

The comprehensive 20 contact hour course

Provides the clinician with numerous evaluation and treatment strategies for individuals with dementia

Includes communication and approach strategies for PT, OT, and SLP, as well as ready to use assessment tools in an extensive handout.
Faculty

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Description

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Objectives

Upon completion of this seminar, participants will be able to:

• Differentiate types of dementia and compare and contrast clinical presentation, signs and symptoms, pathology, physical management, and clinical implications.

• Recognize acute reversible disorders that can masquerade as dementia, including delirium, depression, and normal pressure hydrocephalus, and discuss the management of these pathologies.

• Facilitate optimal interactions with individuals with dementia via modification of the environment, communication strategies, and the therapeutic relationship.

• Develop a repertoire of strategies to facilitate comprehensive examination (patient history, review of systems, tests & measures) of individuals with different levels of dementia.

• Integrate evidence related to the cognitive protective benefits of exercise and utilize this evidence to design and justify interventions for all older adults (with or without cognitive impairment).

• Discuss the inter-relatedness of cognition and gait and the implications for all older adults (with or without cognitive impairment).

• Describe movement disorders associated with dementia and potential strategies to impact them.

• Describe important motor learning principles for individuals with dementia and discuss the theoretical and practical implications.

• Review the existing evidence related to exercise and/or rehabilitation with individuals with dementia as well as several book chapters, and has presented at many APTA national conferences on topics of rehabilitation with the older adult.

• Justify and implement critical characteristics of successful exercise interventions to develop creative and effective treatment programs for persons with dementia of all stages and in all settings.

• Select and utilize appropriate outcome measures, with attention toward available evidence for minimal detectable change scores, and effective documentation strategies for successful reimbursement.

• Consider and integrate caregiver needs in management of individuals with dementia.

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United Hebrew
New Rochelle, NY
November 4-5, 2017

Oak Park Place
Madison, WI
July 22-23, 2017

2639 Revier Drive
Arvada, CO 80003-3131

Julie Ries, PT, PhD

GREAT SEMINARS & BOOKS
Great Seminars, Educating Education and Training

Rehabilitation for Older Adults with Dementia: Maximizing Our Impact

2017

Cherry Hill, NJ
April 7-8

Madison, WI
July 22-23

New Rochelle, NY
November 4-5

Don’t Miss This GREAT Course!

Maximizing Our Impact

• Provides the clinician with numerous evaluation and treatment strategies for working effectively with the patient with dementia.

• Includes communication and approach strategies for PT, OT, and SLP, as well as ready to use assessment tools in an extensive handout.

The comprehensive 20 contact hour course:

• Provides the clinician with numerous evaluation and treatment strategies for working effectively with the patient with dementia.

• Includes communication and approach strategies for PT, OT, and SLP, as well as ready to use assessment tools in an extensive handout.

• Differentiate types of dementia and compare and contrast clinical presentation, signs and symptoms, pathology, physical management, and clinical implications.

• Recognize acute reversible disorders that can masquerade as dementia, including delirium, depression, and normal pressure hydrocephalus, and discuss the management of these pathologies.

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2639 Revier Drive
Arvada, CO 80003-3131

Julie Ries, PT, PhD
Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapy Assistants, Occupational Therapists and Occupational Therapy Assistants.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Cherry Hill, NJ - April 7-8

❏ Organization_________________________________________________________
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WebSite:

LAter RegisTryAtion:
The registration fee includes all course sessions, breaks, related costs.

Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists and Occupational Therapy Assistants.

CanceLLAtion/ReFund PoLicY:

- Problems that can masquerade as Dementia: delirium, depression, normal pressure hydrocephalus
- Inter-relatedness of cognition and gait
- Evidence supporting rehabilitation and/or exercise with individuals with Dementia
- Characteristics of successful interventions
- Neurocognitive protective effects of exercise
- Rehabilitative examination of the individual with Dementia - information from multiple sources, assessing functional status
- Choosing & using appropriate outcome measures; minimal detectable change scores
- Discussion of research article
- 1:30-3:00 pm: Facilitating optimal interactions via modification of environment, communication strategies, and the therapeutic relationship
- 9:30-9:45 am: Introductory lecture: understanding dementia and less common types of dementia:
- (eating & swallowing concerns)
- On your own)
- On your own)
- 1:30-2:30 pm: Special considerations:
- Patient education - patient and family education
- Practice Act determination of CEU's in your state)
- Role of environment, communication strategies, and the therapeutic relationship
- Communication strategies
- Role of environment
- (time spent)
- (eating & swallowing)
- 1:30-3:00 pm: Neurapraxia and neurocognitive impairment
- 9:00-11:00 am: Introduction to understanding dementia
- 1:30-3:00 pm: Discussion and management of pain
- 8:00-9:00 am: Registration and continental breakfast
- 8:00-10:00 am: Overview of dementia and practice act determination of CEU's in your state
- 8:00-9:00 am: Registration and continental breakfast
- 7:30-8:30 am: Inter-relatedness of cognition and gait
- 9:30-9:45 am: Introductory lecture: understanding dementia and less common types of dementia:
- 8:00-9:00 am: Introduction to understanding dementia
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- Practice Act determination of CEU's in your state)
- Role of environment, communication strategies, and the therapeutic relationship
- Communication strategies
- Role of environment
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- Communication strategies
- Role of environment
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- (eating & swallowing)
Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists and Occupational Therapy Assistants.

LEVEL: This course is at an intermediate level.

FEES: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Cherry Hill, NJ - A498, I, postmarked before 3/1/17
Madison, IL - $495, if postmarked before 6/2/17
New Rochelle, NY - $495, if postmarked before 10/7/17

LATE REGISTRATION: Postmarked after the above date requires an additional $35 late fee.

EARLY BIRD: $470 - If completed registration and payment are received by Cherry Hill, NJ - February 15, 2017
Madison, IL - May 24, 2017
New Rochelle, NY - September 6, 2017

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FAX your completed registration form with credit card information to 330-865-6941, 24 hours a day.
EMAIL: your registration via the internet to greatseminars@aol.com

FEDERAL TAX ID # 52-2193458
12.8.16

Program Schedule

Day 1
7:30-8:00 am: Registration and Continental Breakfast
8:00-9:45 am: Types of Dementia
Alzheimer’s disease, vascular dementia, dementia with Lewy bodies, mixed dementia, frontotemporal dementia & less common types of dementia:
Pathophysiology, characteristics & medical management
9:45-10:00 am: Break
10:00-11:30 am: Problems that can masquerade as Dementia:
Delirium, depression, normal pressure hydrocephalus
11:30-12:30 pm: Screening, classification & staging of dementia and neurocognitive impairment
12:30-1:30 pm: Working Laboratory: Talk of your own
Discussion of research article
1:30-3:00 pm: Facilitating optimal interactions via modification of communication strategies, and the therapeutic relationship
3:00-3:15 pm: Break
3:15-5:00 pm: Rehabilitation examination of the individual with Dementia: How to identify from multiple sources, assessing functional status
5:00-6:00 pm: Choosing & using appropriate outcome measures; minimal detectable change scores
6:00-6:30 pm: Question and Answer Session

Day 2
7:30-8:00 am: Continental Breakfast
8:00-9:30 am: Inter-relatedness of cognition and gait
8:30-9:30 am: Movement disorders in Dementia
9:30-9:45 am: Typical motor learning
9:45-10:00 am: Break
10:00-11:00 am: Motor learning in individuals with Dementia:
Characteristics of successful interventions
11:00-11:30 am: Neurocognitive protective effects of exercise
11:30-12:30 pm: Evidence supporting rehabilitation and/or exercise with individuals with Dementia
12:30-1:30 pm: Working Lunch: (on your own) Planning optimal interventions
1:30-2:30 pm: Integrating characteristics of successful interventions and available evidence to create programs for your patients & settings; Successful (reimbursable) documentation
2:30-3:15 pm: Special considerations: Sleep, nutrition & hydration (eating & swallowing concerns)
3:15-3:30 pm: Break
3:30-4:15 pm: Special considerations: Pain assessment & management, behavioral issues, restraints (chemical & physical)
4:15-5:00 pm: Special considerations: Hip fracture
5:00-6:00 pm: Caring for the caregiver: Exercise for caregivers, support & resources, elder abuse
6:00-6:30 pm: Question and Answer Session