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2639 Revere Drive  
Akron, Ohio 44333-2311

# Total Joint Arthroplasty:

The Newest Information on  
Outcomes and Rehabilitation  
Across the Continuum

This course is approved by the Physical Therapy Association of Georgia and the Tennessee Physical Therapy Association for 20 contact hours. This course is also approved by the Florida Physical Therapy Association for 24 continuing education hours. See inside for other state approvals.



Alisa Curry  
PT, DPT, GTC, GCS

2017

Portland, OR  
March 25-26

Atlanta, GA  
May 20-21

Syracuse, NY  
July 22-23

Wheat Ridge, CO  
(Denver, CO Area)  
August 12-13

Wynnewood, PA  
(Philadelphia, PA Area)  
September 16-17



## Faculty

Dr. Alisa Curry, PT, DPT, GTC, GCS, is a Board Certified Geriatric Clinical Specialist with primary focus in the rehabilitation of the total joint population. She holds her Doctorate of Physical Therapy from Arizona School of Health Sciences at A.T. Still University, a BS in Physical Therapy from Langston University in Langston, Oklahoma, a BS in Psychology from the University of California San Diego and holds a Geriatric Training Certification from Great Seminars. A Physical Therapist since 1994, she has treated over 10,000 patients with total joint arthroplasty in acute care, home health and skilled nursing. She also promotes increased networking and interprofessional collaboration at all levels of care. With the American Physical Therapy Association (APTA), she is currently working on evidence based models of care improvement for patients with total joint, has developed the Total Joint Replacement Special Interest Group for therapists practicing primarily with this patient population, moderates an online discussion listserv of over 2000 patients internationally, has presented for the APTA and the National Association of Orthopedic Nurses (NAON). Dr. Curry has also consulted on projects with the AAOS, NAON, APTA and other medical entities to improve care of the patient population.

## Description

How can we, as clinicians, practice in this rapidly changing environment and give great substantiated care? This course will give clinicians functional assessment tools and treatment focus to apply across the continuum of care. Surgical advances, treatment techniques and rehabilitation protocols will be presented for total hip, knee and shoulder arthroplasties. Protocols spanning from acute care to outpatient care will be covered, thus providing therapists with information to improve their clinical practice related to joint arthroplasty.

## Feedback From Past Course Participants

"Been a therapist for a long time, didn't think I would learn much ... I was wrong!"

"Alisa was so knowledgeable and personable, just full of information."

"I could tell that the speaker loves what she does."

"Great presentation by a dynamic personality!"

## Objectives

Upon completion of this seminar, participants will be able to:

- Adapt the latest treatment techniques for working with patients who have had a total joint replacement in any treatment setting.
- Analyze the latest surgical advances, considerations and technology in total joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Integrate functional evaluation tools.
- Analyze the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Propose rehabilitation programs for specific joint arthroplasty procedures.
- Formulate and review the rationale for rehabilitation protocols following total joint replacement.
- Recommend evidence-based treatment interventions for total joint replacement.
- Incorporate these principles into working with the interdisciplinary team in all stages of patient management.
- Discuss the reimbursement initiatives, the Comprehensive Care for Joint Replacement (CJR) model and impact of "Bundled Payment" on the various levels of care.

## Locations

The complete address and location of your course will be provided in a confirmation letter that will be emailed to you at least 3 weeks before the course.

**Host:** Providence Health and Services  
**Location:** Providence St. Vincent Medical Center  
Portland, OR  
**March 25-26, 2017**

Crouse Hospital  
Marley Education Center  
Syracuse, NY  
**July 22-23, 2017**

**Host:** Piedmont Atlanta Hospital  
Rehabilitation Services  
**Location:** Piedmont Atlanta Hospital  
77 Building  
Atlanta, GA  
**May 20-21, 2017**

Lutheran Medical Center  
Wheat Ridge, CO  
**August 12-13, 2017**

**Host:** Main Line Health  
**Location:** Lankenau Medical Center  
Wynnewood, PA  
**September 16-17, 2017**

# Program Outline

## Day 1

- 7:30 Registration and Continental Breakfast  
8:00 **Total Knee Arthroplasty (TKA)**
- Anatomy and Biomechanics
  - Precautions
  - Analgia
  - Surgical Approaches
  - Components
  - Video
- 10:30 Break  
10:45 **Total Knee Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
    - Challenges and Complications
      - Bilateral Total Knee Arthroplasty
      - Extensor mechanism repair
  - Tests and Measures
  - Acute Care
  - Flexion Contractures
  - TKA Resection
- 12:30 Working Lunch (on your own) Protocol Review  
1:30 **Total Hip Arthroplasty (THA)**
- Anatomy & Biomechanics of the Hip Joint
  - Surgical Approaches/Options
    - Hip Resurfacing
  - Precautions
  - Analgia
  - Components
  - THA Surgical Videos
- 3:30 Break  
3:45 **Total Hip Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
    - Challenges and Complications
      - Intraop Fracture
      - Bilateral Hip Arthroplasty
      - Hip Resection
  - Disposition
    - Home
    - Outpatient
  - Acute Rehab
  - Skilled Nursing (SNF)
- 6:00 Questions & Answers  
6:30 Adjourn

## DAY 2

- 7:30 Continental Breakfast  
8:00 **Total Shoulder Arthroplasty (TSA)**
- Anatomy & Biomechanics of the Shoulder Joint
  - Surgical Approaches/Options
    - Total Shoulder
      - Reverse Total Shoulder
  - Precautions
  - Analgia
  - Components
  - TSA Surgical Videos
- 10:30 Break  
10:45 **Total Shoulder Arthroplasty Rehabilitation**
- Goals for Rehabilitation
  - Exercise Program
    - Challenges and Complications
      - Frozen shoulder
      - Dislocation
  - Disposition
    - Home
    - Outpatient
  - Acute Rehab
  - Skilled Nursing (SNF)
- 12:30 Working Lunch (on your own) Group Discussion  
1:30 **Medical Management of the Total Joint Patient**
- Multidisciplinary Team
    - Rehabilitation – PT and OT
    - Anesthesia
  - Pharmacology
    - Multimodal Approach
      - IV Meds
      - Anti-inflammatories
    - Opioids
  - Lab Values
    - H/H
    - PT / INR
    - BUN and Creatinine
    - Other
  - Medical Co-morbidities – Why is the PMHx so important?
    - Diabetes – IDDM and NIDDM
    - Sleep Apnea
    - Practice Patterns
    - Obesity
  - Case Studies and Scenarios of the Complex Patient with Total Joint
  - Discussion of obstacles for difficult patients
- 3:30 Break  
3:45 **Multidisciplinary Planning Development of a Program – Getting the team to work with you**
- Service Lines
  - Factors influencing Early Discharge
  - Rapid Recovery / Fast Track Program
  - Clinical Pathways
- 5:00 **Examples of Successful Programs**
- HSS
  - Rush
  - Anne Arundel
  - WHHS
- 6:00 Questions and Answers  
6:30 Adjourn

# Great Books



QTY TOTAL

- The Functional Toolbox: Clinical Measures of Functional Outcomes . . . \$89**  
Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.
- The Functional Toolbox II . . . \$89**  
Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimer's, osteoporosis, lumbar spine, and arthritis. **Functional Toolbox I and II special: \$159.00**
- Geriatric Clinical Strategies . . . \$89**  
Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.
- Age-Defying Fitness . . . \$20**  
Lewis/Moffat **NEW!** Dr. Lewis' newest book. Achieve optimum fitness at any age. An interactive book on the 5 domains of illness for the lay public.
- Documenting Quality Care **UPDATED** . . . \$39**  
Lewis. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.
- Health Promotion and Exercise for Older Adults . . . \$48**  
Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.
- Improving Mobility In Older Persons **UPDATED** . . . \$48**  
Lewis. The perfect handbook for therapists in most facilities. This book has evaluation and treatment ideas for patients who need bed mobility to gait. All tools and treatments are evidence based.
- Prevention and Wellness Toolkit . . . \$69**  
Lewis/Ladbeiter **NEW!** This kit is three books in one: The Prevention and Wellness Toolbox, Balance Assessment and Treatment and a detailed manual on how to develop and conduct a prevention and wellness screening and follow up classes.
- Orthopedic Outcomes Toolbox . . . \$69**  
Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.
- Hand-Held Dynamometry . . . \$25**  
Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations
- 1 Repetition Maximum Progression Pad . . . \$12**  
This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression
- Slide Algometer . . . \$6**  
An easy-to-use, reliable and valid measurement tool for assessing pain.
- Pocket Card 1 Repetition Maximum . . . \$6**  
This valuable tool has 1RM values at 50% and 80% already figured out for you
- Pocket Card Bed Mobility . . . \$6**  
This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.
- Pocket Card Sit to Stand Transfer . . . \$6**  
This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise
- Osteoporosis Exercise Booklet . . . \$6**
- Self Balance Hints for Older Persons Booklet . . . \$6**
- Pilates for Seniors DVD The Osteoporosis Workout, Instructor Sherri Betz . . . \$20**

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Books are only available for preview at GREAT courses. TOTAL \_\_\_\_\_

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# 2017 Registration - Total Joint Arthroplasty

**YES! Please register me for:**  Portland, OR - March 25-26  Atlanta, GA - May 20-21  Syracuse, NY - July 22-23  
 Wheat Ridge, CO - August 12-13  Wynnewood, PA - September 16-17 PT • PTA • OT • COTA • Other

Name \_\_\_\_\_ Work Telephone (\_\_\_\_\_) \_\_\_\_\_ Home Telephone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_

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Registration Fee: \$495.00 Late Fee \$25.00 Amount Due \$ \_\_\_\_\_

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2639 Revere Drive, Akron, Ohio 44333-2311

## Registration

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEES:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**Portland, OR** - \$495. If postmarked before 3/11/17  
**Atlanta, GA** - \$495. If postmarked before 4/26/17  
**Syracuse, NY** - \$495. If postmarked before 6/28/17  
**Wheat Ridge, CO** - \$495. If postmarked before 7/19/17  
**Wynnewood, PA** - \$495. If postmarked before 8/23/17

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$25 late fee.

**EARLY BIRD:** \$470 - If completed registration and payment are received by:

**Portland, OR** - January 11, 2017  
**Atlanta, GA** - March 22, 2017  
**Syracuse, NY** - May 24, 2017  
**Wheat Ridge, CO** - June 14, 2017  
**Wynnewood, PA** - July 19, 2017

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**CONFIRMATION:** A confirmation letter will be sent via email at least 3 weeks prior to the course with local hotels and information. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

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**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

## 5 Easy Ways to Register

**WEBSITE:** Register online at [www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com)

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Toll Free 877-79-GREAT (877-794-7328)

**MAIL** your registration form with payment to  
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