

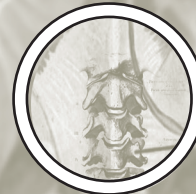
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2639 Revere Drive  
Akron, Ohio 44333-2311

# Intensive Orthopedics

Everything you wanted to know about  
total joints and extremity fractures



2012

SALT LAKE CITY, UT  
APRIL 20-21

NEW YORK, NY  
MAY 19-20

COLUMBUS, OH  
JUNE 22-23

CHICAGO, IL  
JULY 20-21

This high tech presentation includes:

- A 300+ page handout
- Over 1,000 current medical references
- Ready to use
  - home exercise programs
  - treatment techniques
  - detailed evaluation forms
  - reliable and valid outcome measures



Sandy Shelton  
PT, GTC





## Faculty

Sandy Shelton has been the senior physical therapist for the orthopedic unit at Vanderbilt Medical Center in Nashville for over 20 years. She was a member of Vanderbilt's first committee to develop and implement the use of orthopedic critical pathways, and continues to serve on a hospital-wide collaborative patient care task force. She has published an article titled "Rehabilitation Following Total Hip Arthroplasty", served as a guest editor for an edition of Topics in Geriatric Rehabilitation on the subject of joint replacements and served as a contributing editor to an orthopedic nursing textbook OP Care: Orthopedic Patient Care. She has presented to physical therapy conferences and the American Academy of Orthopedic Surgeons on topics on rehabilitation of patients with orthopedic problems. Ms. Shelton received her Geriatric Training Certification in January 2001.

## Description

The emphasis of this seminar is directed toward the multi-disciplinary approach to the management of joint arthroplasty and traumatic extremity fractures. The course combines the medical and surgical and rehabilitative expertise of a nationally known highly trained physical therapist. This rich combination provides participants with a unique opportunity to see the entire spectrum of care for the patient from prevention through treatment.

The course will review the anatomy and biomechanics of the upper and lower extremities with discussion of surgical techniques for hip, knee, and shoulder arthroplasty and extremity fractures. Critical pathways (i.e. care plans), therapeutic treatment techniques, and rehabilitation protocols will be presented for each of these surgeries. Pre-operative, acute care, and post-discharge concerns will be addressed and examples of a precise therapeutic exercise program within each setting will be presented. Suggested protocols, sample home exercise instruction sheets, and home exercise programs along with evaluation and treatment guidelines will be given, thus providing therapists with information to improve their clinical practice related to joint arthroplasty and extremity fractures.

## Locations

Host: TOSH Physical Therapy  
Location: Intermountain  
Medical Center  
Murray, UT  
April 20-21, 2012

Host: Bellevue Hospital  
Department of  
Rehabilitation  
Location: Bellevue  
Hospital Center  
New York, NY  
May 19-20, 2012

Host: Mt. Carmel  
Health System  
Location: Mt. Carmel East  
Hospital Siegel Center  
Columbus, OH  
June 22-23, 2012

Swedish Covenant Hospital  
Chicago, IL  
July 20-21, 2012

## Objectives

*Upon completion of this seminar, participants will be able to:*

- Analyze the surgical considerations and options available for joint arthroplasty.
- Judge post-operative precautions/restrictions following THA, TKA, TSA.
- Apply joint specific evaluation tools.
- Describe the aspects of total joint surgery for hips, knees and shoulders and the impact on rehabilitation.
- Design multidisciplinary care plans and their impact on patient care.
- Create rehabilitation programs for specific joint arthroplasty procedures.
- Construct the stages in medical and surgical management for patients receiving a total joint replacement.
- Identify the stages in medical and surgical management for orthopedic and trauma patients.
- Plan an integrated treatment approach for the upper and lower extremity status-post fracture with or without repair.
- Inspect and review the rationale for rehabilitation protocols following total joint replacement or fracture repair.
- Implement evidence-based treatment interventions for total joint replacement and extremity fractures.

### *Feedback From Past Course Participants*

*"Without a doubt, the best course I have ever taken."*

*"I can't believe all the information she packs into a course."*

*"Well worth the price."*

*"The handout alone is worth the price."*

*"I never had so much fun learning so much information."*

*"Sandy Shelton is so dynamic. It's obvious she has worked and still works exclusively in orthopedics and has for over 20 years. She is a wealth of information."*

*"What a hoot' Great sense of humor and knowledge."*

*"This is perhaps the best continuing education class I have ever been to, Sandy kept my attention the entire time."*

*"Great course-Dynamic Instructor"*

*"I have been in the field 15+ years and have attended a lot of courses-this is by far one of the best!!!"*

*"The best, most useful and organized handout I have ever received."*

*"Sandy Shelton was an amazing instructor. The media used for teaching was fantastic. I will take back a wealth of information from this course!"*

# Registration

**AUDIENCE:** Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants.  
Secondary Audience: Other Rehabilitation Professionals.

**LEVEL:** This course is at an intermediate level.

**FEE:** The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

**Salt Lake City, UT** - \$495. If postmarked before 3/28/12  
**New York, NY** - \$495. If postmarked before 4/25/12  
**Columbus, OH** - \$495. If postmarked before 5/30/12  
**Chicago, IL** - \$495. If postmarked before 6/27/12

**LATE REGISTRATION:** Postmarked after the above date requires an additional \$50 late fee.

**EARLY BIRD:** \$470 - If completed registration and payment are **received** by:

**Salt Lake City, UT** - February 15, 2012  
**New York, NY** - March 7, 2012  
**Columbus, OH** - April 11, 2012  
**Chicago, IL** - May 9, 2012

**DISCOUNT PROGRAM:** Receive \$25 off your class registration for each GREAT Seminars & Books, Inc. course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. No discounts will be taken once registration is completed.

**CONFIRMATION:** A confirmation letter will be sent at least 1 month prior to the course with local hotels and information upon receipt of your registration form and fee. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

**CANCELLATION/REFUND POLICY:** Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

**COURSE CANCELLATION:** GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

**EDUCATIONAL CREDIT:** A certificate of attendance for 20 contact hours of educational activity (**20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state**) will be awarded to registrants upon completion of the seminar. **Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in AL, WV, AR, UT, PA, OH, GA, MD, NJ and OK for 20 Clinical Contact Hours. Have applied for approval in NV. Our courses also meet the guidelines for approval in WI, WY, VA, AZ, DE, MS, NH, OR, RI, UT and MO. Courses are accepted for CEU's in NE, ID, MT, WA, CT, IA, and ND. If your state is not shown, please contact us and we will seek approval. All of our courses have Board of Certification Approval (NATA) and AOTA approval. Your tuition is tax deductible.** All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

**LOST CERTIFICATES:** Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

## 4 Easy Ways to Register

**CALL** Monday-Thursday 10-5 EST, Friday 10-1 EST  
Toll Free 877-79-GREAT (877-794-7328)

**MAIL** your registration form with payment to **GREAT Seminars and Books, Inc.**  
2639 Revere Drive, Akron, Ohio 44333-2311

**FAX** your completed registration form with credit card information to **330-865-6941**, 24 hours a day.

**EMAIL** your registration via the internet to [greatseminars@aol.com](mailto:greatseminars@aol.com)

**Web Site:** [www.greatseminarsandbooks.com](http://www.greatseminarsandbooks.com)

**Federal Tax ID#** 52-2193458



\*AOTA does not endorse specific course content, products, or clinical procedures. \* A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar.

12.19.11

## 2012 Registration - Intensive Orthopedics

**YES! Please register me for:**

Salt Lake City, UT - April 20-21

New York, NY - May 19-20

Columbus, OH - June 22-23

Chicago, IL - July 20-21

PT • PTA • OT • COTA • Other

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Organization \_\_\_\_\_

Work Telephone (\_\_\_\_\_) \_\_\_\_\_

Home Telephone (\_\_\_\_\_) \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Fax (\_\_\_\_\_) \_\_\_\_\_

Registration Fee: \$495.00    Late Fee \$50.00    Amount Due \$ \_\_\_\_\_

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