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GREAT SEMINARS & BOOKS
Geriatric Rehabilitation Education and Training

2639 Revere Drive
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Taking Balance to the Limits:

Speaker
Janene Barber, PT, GTC

Crucial Techniques & Treatment Ideas
for Comprehensive Balance Programs



2012

Bristol, TN
February 25-26

Little Rock, AR
May 19-20

San Francisco, CA
July 21-22

Indianapolis, IN
August 18-19

Albuquerque, NM
September 22-23

New Orleans, LA
November 3-4



GREAT SEMINARS & BOOKS
Geriatric Rehabilitation Education and Training

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . . . \$89		
<small>Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.</small>		
The Functional Toolbox II \$89		
<small>Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. Functional Toolbox I and II special: \$159.00</small>		
Geriatric Clinical Strategies \$70		
<small>Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.</small>		
Age-Defying Fitness \$20		
<small>Moffat/Lewis, This cutting edge fitness book identifies five domains of physical performance: posture, strength, flexibility, balance and endurance, and explains the age-related changes that occur within the body in each of these domains. The authors also teach readers how to make accurate baseline assessments of their own bodies and how to develop a fitness program to meet their individual needs and body types. Easy-to-follow descriptions of exercises are included.</small>		
Documenting Quality Care UPDATED \$39		
<small>Lewis, revised 2011. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.</small>		
Health Promotion and Exercise for Older Adults \$48		
<small>Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.</small>		
Improving Mobility In Older Persons UPDATED \$48		
<small>Lewis. The perfect handbook for therapists in a skilled nursing facility or acute care. This book has evaluation and treatment ideas for patients working on bed mobility to gait.</small>		
Balance Assessment Tests and Treatment \$49		
<small>Lewis. Video assessment and treatment cards. Tinetti, Functional Reach and Unilateral Stance demonstrated. Great treatment strategies that save time.</small>		
Orthopedic Outcomes Toolbox \$67		
<small>Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.</small>		
Hand-Held Dynamometry \$25		
<small>McAndrew/Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations</small>		
1 Repetition Maximum Progression Pad \$12		
<small>This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression</small>		
Slide Algometer \$6		
<small>An easy-to-use, reliable and valid measurement tool for assessing pain.</small>		
Pocket Card 1 Repetition Maximum \$6		
<small>This valuable tool has 1RM values at 50% and 80% already figured out for you</small>		
Pocket Card Bed Mobility \$6		
<small>This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.</small>		
Pocket Card Sit to Stand Transfer \$6		
<small>This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise</small>		
Osteoporosis Exercise Booklet \$6		
Self Balance Hints for Older Persons Booklet \$6		
AB Attack \$20		
<small>A comprehensive exercise DVD designed to strengthen and stabilize all muscles of the torso. Trish Muse instructor</small>		

Prices include shipping via USPS (media mail) MD residents add 5% sales tax. **TOTAL** _____

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PROGRAM OUTLINE

Day 1

7:30 – 8:00	Registration & Continental Breakfast
8:00 – 8:45	Introduction: Impact of Balance Impairments on the Elderly Population and Identifying the Major Factors
8:45 – 10:15	Anatomy of the Peripheral and Central Vestibular System • Labyrinth • Central Connections • Oculomotor System (Central/Peripheral)
10:15 – 10:30	Break
10:30 – 12:30	Screening of the Vestibulo/Ocular System • Peripheral/Central • Testing Lab
12:30 – 1:30	Working Lunch (on your own) Case Studies, Group Discussion
1:30 – 3:00	BPPV (Benign Paroxysmal Positional Vertigo) • How to Evaluate • Treatment Techniques
3:00 – 4:30	BPPV Lab • Learn Alternative Treatment Positions Designed for the Elderly
4:30 – 4:45	Break
4:45 – 6:00	Common Causes of Peripheral and Central Dizziness • Functional Diagnosis of Dizziness
6:00 – 6:30	Questions and Answers

Day 2

7:30 – 8:00	Continental Breakfast
8:00 – 8:30	Testing of Oculomotor/BPPV/ Causes of dizziness strategies
8:30 – 10:30	Vestibular Treatment Strategies: • Gaze Stabilization Progression Lab • Habituation • Compensation
10:30 – 10:45	Break
10:45 – 11:45	Organization of Postural Control • Three Sensory Systems • Motor Components
11:45 – 12:30	Understanding Postural Control and Factors to Consider with Assessment • Strategies Presently Using • Causes of Inappropriate Strategies • Cognition
12:30 – 1:30	Working Lunch (on your own) Case Studies, Group Discussion
1:30 – 2:45	Postural Control: Learning Testing Tools and Creative Treatment Strategies • mCTSIB - USLS - Theraband • DGI - Tinetti - Functional Reach
2:45 – 3:15	Lab for Functional Tools
3:15 – 4:15	Treatment Strategies for Somatosensory Deficits • Peripheral Neuropathy • Anodyne Therapy
4:15 – 4:30	Break
4:30 – 5:30	Developing & Progressing Treatment Strategies for Balance Impairments • Group Case Study • Individual Case Study
5:30 – 6:00	Documentation of Balance Disorders
6:00 – 6:30	Questions and Answers

REGISTRATION

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

- BRISTOL, TN** - \$495. If postmarked before 2/1/12
- LITTLE ROCK, AR** - \$495. If postmarked before 4/25/12
- SAN FRANCISCO, CA** - \$495. If postmarked before 6/27/12
- INDIANAPOLIS, IN** - \$495. If postmarked before 7/25/12
- ALBUQUERQUE, NM** - \$495. If postmarked before 8/29/12
- NEW ORLEANS, LA** - \$495. If postmarked before 10/10/12

LATE REGISTRATION: Postmarked after the above date requires an additional \$50 late fee.

EARLY BIRD: \$470 - If completed registration and payment are received by:

- BRISTOL, TN** - December 14, 2011
- LITTLE ROCK, AR** - March 7, 2012
- SAN FRANCISCO, CA** - May 9, 2012
- INDIANAPOLIS, IN** - June 6, 2012
- ALBUQUERQUE, NM** - July 11, 2012
- NEW ORLEANS, LA** - August 22, 2012

DISCOUNT PROGRAM: Receive \$25 off your class registration for each GREAT Seminars & Books, Inc. course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. No discounts will be taken once registration is completed.

CONFIRMATION: A confirmation letter will be sent at least 1 month prior to the course with local hotels and information upon receipt of your registration form and fee. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

COURSE CANCELLATION: GREAT Seminars and Books, Inc. reserves the right to cancel a course up to 2 weeks prior to the seminar date. In the event of cancellation of a course only the tuition fee will be refunded in full. GREAT Seminars and Books, Inc. is not responsible for reimbursement of non-refundable airline tickets, lodging, or other related costs.

EDUCATIONAL CREDIT: Educational Credit: A certificate of attendance for 20 contact hours of educational activity (**20 CEUs or 2.0 CEUs depending on how your practice act determines CEUs in your state**) will be awarded to registrants upon completion of the seminar. **Great Seminars and Books is an approved CE provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in MD, LA, OK, OH, NM, MS, WY, ID, CA, TN and AR for 20 Clinical Contact Hours. Our courses also meet the guidelines for approval in WY, VA, AZ, DE, MS, NH, OR, RI, UT and MO. Courses are accepted for CEU's in NE, ID, MT, WA, CT, IA, and ND.** If your state is not shown, please contact us and we will seek approval. All of our courses have Board of Certification Approval (NATA) and AOTA approval. Your tuition is tax deductible. **All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.**

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

4 Easy Ways to Register

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EMAIL your registration via the internet to greatseminars@aol.com

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*AOTA does not endorse specific course content, products, or clinical procedures. * A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar.

1.11.12

2012 REGISTRATION - TAKING BALANCE TO THE LIMITS

YES! Please register me for:

- Indianapolis, IN - Aug. 18-19
- Albuquerque, NM - September 22-23
- Little Rock, AR - May 19-20
- San Francisco, CA - July 21-22
- Other

Name _____ Work Telephone (_____) _____ Home Telephone (_____) _____

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Registration Fee: \$495.00 Late Fee \$50.00 Amount Due \$ _____

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