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*If you
have not seen
this course in 5 years, you
have not seen this course. Clinical
Geriatric Neurology has all new
evidence based evaluation
and treatment
ideas.*

CLINICAL GERIATRIC NEUROLOGY

2012

Baltimore, MD
January 14-15

Fremont, CA
San Jose Area
April 27-28

Minneapolis, MN
June 23-24

Saddle Brook, NJ
July 20-21

Raleigh, NC
October 19-20



Dr. Carole B. Lewis

PT, DPT, GTC, GCS,

CCOEE, MSG, MPA, PhD, FAPTA

SHARPEN YOUR CLINICAL SKILLS

This high tech
presentation includes:

- A 300+ page handout
- Over 6,000 current medical references
- Ready to use
 - home exercise programs
 - treatment techniques
 - detailed evaluation forms
 - reliable and valid outcome measures



GREAT SEMINARS & BOOKS
Geriatric Rehabilitation Education and Training

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . \$89

Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.

The Functional Toolbox II\$89

Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. **Functional Toolbox I and II special: \$159.00**

Geriatric Clinical Strategies\$70

Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.

Age-Defying Fitness\$20

Moffat/Lewis. This cutting edge fitness book identifies five domains of physical performance: posture, strength, flexibility, balance and endurance, and explains the age-related changes that occur within the body in each of these domains. The authors also teach readers how to make accurate baseline assessments of their own bodies and how to develop a fitness program to meet their individual needs and body types. Easy-to-follow descriptions of exercises are included.

Documenting Quality Care **UPDATED\$39**

Lewis, revised 2011. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.

Health Promotion and Exercise for Older Adults . . \$48

Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.

Improving Mobility In Older Persons **UPDATED . . . \$48**

Lewis. The perfect handbook for therapists in a skilled nursing facility or acute care. This book has evaluation and treatment ideas for patients working on bed mobility to gait.

Balance Assessment Tests and Treatment \$49

Lewis. Video assessment and treatment cards. Tinetti, Functional Reach and Unilateral Stance demonstrated. Great treatment strategies that save time.

Prevention and Wellness Toolbox\$67

Lewis/Kellems. A collection of 20 tools to screen for numerous areas of prevention: falls, posture, strength, future disability, osteoporosis, confidence in treatment, and quality of life to be used in a variety of settings. Each tool contains information on administration, population, validity, reliability, and scoring. Great for marketing new patients and justifying care in current patients.

Orthopedic Outcomes Toolbox\$67

Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.

Hand-Held Dynamometry\$25

McAndrew/Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact, Easy to Use with clear human illustrations

1 Repetition Maximum Progression Pad\$12

This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression

Ideokinetic Facilitation for Balance Audio Tape . . . \$8

Slide Algometer\$6

An easy-to-use, reliable and valid measurement tool for assessing pain.

Pocket Card 1 Repetition Maximum\$6

This valuable tool has 1RM values at 50% and 80% already figured out for you

Pocket Card Bed Mobility\$6

This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.

Pocket Card Sit to Stand Transfer\$6

This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise

Osteoporosis Exercise Booklet\$6

Self Balance Hints for Older Persons Booklet . . . \$6

AB Attack \$20

A comprehensive exercise DVD designed to strengthen and stabilize all muscles of the torso. Trish Muse instructor

Prices include shipping via USPS (media mail) MD residents add 5% sales tax. and handling within the continental U.S. TOTAL _____

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PROGRAM OUTLINE

Day 1

- 7:30AM Registration and Continental Breakfast
- 8:00AM Introduction: Working with the Older patient with Neurological Problems, The Rehabilitation Implications of Dementia, Depression and Motivation
- 10:30AM Break
- 10:45AM The Neurology of Aging: Differentiating Pathological and Normal Aging • Neuropathies • Tremors • Weakness • Movement Disorders • MRIs and Aging
- 12:30PM Working Lunch (on your own) Motivational and Parkinsons Case Study
- 1:30PM Parkinson's Disease – Evidence Based Evaluation and Treatment
- 4:15PM Break
- 4:30PM Optimizing the Neurological Environment, Exploring Sensory Loss with Age, Special Feature on The Rehabilitation Specialist's Role
- 6:00PM Questions and Answers
- 6:30PM Adjourn

Day 2

- 7:30AM Continental Breakfast
- 8:00AM Stroke – Older Patients are Different: Examining Evaluation Tools
- 9:45AM Break
- 10:00AM Stroke: Creative Evidence Based Techniques
- 12:30PM Working Lunch (on your own) Prognostic & Evidence Based Stroke Rehab Case Study
- 1:30PM Gait, Balance and Falls: A Functional Look at Neurological Problems – Evaluation and Evidence Based Treatment Techniques
- 4:30PM Break
- 4:45PM Burnout: How to Stay Vital When Working With Older Neurological Patients
- 6:00PM Questions and Answers
- 6:30PM Adjourn

FACULTY

CAROLE B. LEWIS, PT, DPT, GTC, GCS, CCOEE, MSG, MPA, PhD, FAPTA is well known as a leader and advocate in the field of geriatric rehabilitation. She wrote the first textbook published in the field of geriatric rehabilitation. Dr. Lewis practices in her own clinic, conducts clinical research and publishes monthly for ADVANCE for Physical Therapists. Her popular lecture series has grown and evolved through the years. Each year her courses are completely updated and restructured to reflect current trends in practice and the newest medical research. Her seminar emphasizes scientifically based assessments, treatment, techniques, and protocols while being extremely relevant to the daily practice of rehabilitation of older adults.

As the Founder and President of Premier Physical Therapy, Dr. Lewis continues to work in her practice in a clinical capacity. Additionally, she is an adjunct full professor at the George Washington University College of Medicine. Her dedication to the profession has motivated her to author over 21 textbooks on aging (*Geriatric Rehabilitation, Decade of Articles, Aging: the Health Care Challenge, The Functional Toolbox I & II, Improving Mobility for Older Persons*, etc.) as well as over 200 articles on age related topics. Her pursuit of the latest clinical information led her to the position of editor for the journal *Topics in Geriatric Rehabilitation*. Dr. Lewis combines her clinical and consultative experiences in outpatient clinics, hospitals, home health agencies, and long-term care facilities to present practical, immediately useful techniques for health professionals who work with aging adults.

DESCRIPTION

The purpose of this seminar is to provide participants with the most up-to-date information on neurological rehabilitation of the geriatric patient. The seminar format is lecture with demonstration that explores evaluation tools and treatment protocols/ideas designed and most appropriate for older patients with diagnoses of Parkinson's Disease, stroke, gait and balance disorders. Information on the physiology of aging will also be presented as well as special features on the environment and burnout. The extensive handout, which is over 300 pages with 5,000 current medical references, will provide detailed evaluation forms, outcome measures, treatment techniques, protocols and sample home exercises that can be used immediately with patients.

LOCATIONS

Saint Agnes
Hospital
Baltimore, MD
January 14-15, 2012

Hennepin County
Medical Center
Minneapolis, MN
June 23-24, 2012

WakeMed Raleigh Campus
Raleigh, NC
October 19-20, 2012

Washington West
(across from Washington Hospital)
(17 miles North of
San Jose, off I-880)
Fremont, CA
April 27-28, 2012

Host: SunDance
Rehabilitation
Location: Holiday Inn
Saddle Brook
Saddle Brook, NJ
July 20-21, 2012

Recommended Reading: Go to our website: www.greatseminarsandbooks.com
Click on "Tips" on the left side of the home page and read the following tips:

Tip #1 - "Tale of Two Cities"

Tip #2 - "Bobath or Motor Relearning Programme? A comparison of two different approaches of physiotherapy and stroke rehabilitation: A randomized control study."

Tip #3 - "Using the Evidence to Improve Outcomes with our Stroke Patients"

Tip #5 - "Gait Changes with Age: The Role of Physical Therapy"

Tip # 16 - "Forgetfulness, or Dementia? Use the MoCA"

Tip #17 - "Biomechanical Models for Stroke Rehab"

Tip #18 - "Picture This for Treating Parkinson's"

Tip #19 - "Ready for Functionally Driven Care?"

Tip # 20 - "Assessing PD's Impact on Quality of Life"

Tip # 21 - "Parkinson's Disease: The First Step is Evidence"

Tip # 22 - "The Unified Parkinson's Disease Rating Scale"

OBJECTIVES

Upon completion of this seminar, participants will be able to:

1. Demonstrate the latest treatment techniques for patients with stroke, Parkinson's disease and gait and balance disorders.
2. Provide detailed explanations of current evidence-based treatment techniques.
3. Prescribe a motivational program to enhance treatment outcomes for older patients with neurological deficits.
4. Differentiate between dementia and depression and provide meaningful treatment modifications for the challenges presented by these diagnoses.
5. Describe normal and pathological changes in the neurological system of an older person.
6. Recognize the different movement disorders commonly seen in older persons.
7. Thoroughly evaluate a patient with Parkinson's disease, stroke, or gait and balance disorders utilizing several different functional assessment tools and design an effective treatment program.
8. Compare and contrast various methods of evaluating patients with stroke, Parkinson's disease and gait and balance disorders for specific outcomes.
9. Organize and plan an effective rehabilitation program for geriatric patients with stroke, Parkinson's disease and gait and balance disorders.
10. Identify fall risk factors, gait impairments and gait & balance deviations and develop specific approach to assess gait, balance and falls in the older patient using a variety of cutting-edge tools.
11. Create innovative screening and treatment programs for balance and gait deficits commonly seen in older persons.

Feedback From Past Course Participants

"Thank you so much for the follow up and beyond that, thank you for your professionalism, knowledge and comradery. I truly enjoyed your wonderful course. This subject with such complexity, couldn't be taught better."

"Thank you so much for the effort, experience, content and the humor that was put into your St. Louis presentation. Sadly, it is one of the first continuing education courses that I felt I got my money's worth... my brain hurts and my mind will not stop exploring how I can use all the references and resources to support my facility."

"Dr. Lewis is unbelievably well-read. She relates every current piece of published medical research relevant to the topic and to the profession."

"Best course I have ever taken."

"Dr. Lewis spoiled me for other courses."

"I can't believe all the information she packs into a course."

"The handout alone is worth the price."

"Dr. Lewis' high-tech extras really help keep my attention every minute."

"The wealth of scientific information and Dr. Lewis's ability to make it clinically and immediately useful is extraordinary."

REGISTRATION

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEES: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

BALTIMORE, MD - \$495. If postmarked before 12/21/11

FREMONT, CA - \$495. If postmarked before 3/28/12

MINNEAPOLIS, MN - \$495. If postmarked before 5/30/12

SADDLE BROOK, NJ - \$495. If postmarked before 6/27/12

RALEIGH, NC - \$495. If postmarked before 9/26/12

LATE REGISTRATION: Postmarked after the above date requires an additional \$50 late fee.

EARLY BIRD: \$470 - If completed registration and payment are *received* by:

BALTIMORE, MD - November 16, 2011

FREMONT, CA - February 15, 2012

MINNEAPOLIS, MN - April 11, 2012

SADDLE BROOK, NJ - May 9, 2012

RALEIGH, NC - August 8, 2012

DISCOUNT PROGRAM: Receive \$25 off your class registration for each GREAT Seminars & Books, Inc. course attended from 2000 to the present up to a maximum of \$200. In order to receive a discount, a copy of each course certificate must accompany registration form. No discounts will be taken once registration is completed.

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CANCELLATION/REFUND POLICY: Cancellations must be received in **writing** at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. **NO** refunds will be made after this date.

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EDUCATIONAL CREDIT: A certificate of attendance for 20 contact hours of educational activity (**20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state**) will be awarded to registrants upon completion of the seminar. **Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in OK, AR, PA, AL, NJ, OH, MD and CA for 20 Clinical Contact Hours. This course has been approved by the Nevada State Board of Physical Therapy for 1.5 units of continuing education. Our courses also meet the guidelines for approval in VA, AZ, DE, GA, MS, NH, OR, RI, UT and MO. Courses are accepted for CEU's in NE, ID, MT, WA, CT, IA, and ND. If your state is not shown, please contact us and we will seek approval. All of our courses have Board of Certification Approval (NATA) and AOTA approval. Your tuition is tax deductible.** All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

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*AOTA does not endorse specific course content, products, or clinical procedures. A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEU's in your state) will be awarded to registrant upon completion of the seminar.

2012 REGISTRATION - CLINICAL GERIATRIC NEUROLOGY

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