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Geriatric Rehabilitation Education and Training

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ORTHOPEDECS AND NEUROLOGY ACUTE CARE REHAB**

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Acute Care REHABILITATION

2012

Jacksonville, FL
March 24-25

San Diego, CA
April 21-22

Dubuque, IA
May 5-6

Voorhees, NJ
(Cherry Hill, NJ Area)
June 23-24

Jefferson City, MO
July 21-22

Syracuse, NY
September 22-23

Lincoln, NE
October 13-14

Oxford, MS
November 3-4

This innovative and multi-dimensional high tech presentation includes:

- An extensive handout
- Current medical references
- Ready to use
 - home exercise programs
 - exercise protocols
 - treatment techniques
 - detailed evaluation forms
 - reliable and valid outcome measures



Featuring
Mark Nelson, MPT



GREAT SEMINARS & BOOKS
Geriatric Rehabilitation Education and Training

Great Books



QTY TOTAL

The Functional Toolbox: Clinical Measures of Functional Outcomes . \$89 Lewis, 290 pages. A compilation of 50 outcome tools to assist clinicians in numerous settings, including orthopedic, psychosocial, geriatric, and sports medicine. Each tool includes in its itinerary mode of administration, population, validity, reliability, and scoring information.		
The Functional Toolbox II \$89 Lewis, 250 pages. Supplements Volume I, 50 new tools for orthopedics, stroke, Alzheimers, osteoporosis, lumbar spine, and arthritis. Functional Toolbox I and II special: \$159.00		
Geriatric Clinical Strategies \$70 Lewis, 450 pages. Thirteen years of practical and clinical articles covering orthopedics, neurology, cardiology, pain, pharmacology, documentation, marketing, legal, reimbursement, frailty, and managed care. Excellent book to study for the specialty exam.		
Age-Defying Fitness \$20 Moffatt/Lewis. This cutting edge fitness book identifies five domains of physical performance: posture, strength, flexibility, balance and endurance, and explains the age-related changes that occur within the body in each of these domains. The authors also teach readers how to make accurate baseline assessments of their own bodies and how to develop a fitness program to meet their individual needs and body types. Easy-to-follow descriptions of exercises are included.		
Documenting Quality Care UPDATED \$39 Lewis, revised 2011. A compendium of scales commonly used in rehabilitation with specific grading systems regarding proper use. Each tool is explained and compiled within a 2-page, easy to use chart.		
Health Promotion and Exercise for Older Adults . . \$48 Lewis. Everything a therapist needs to set up group or individualized programs. Over 30 different types of programs are given from posture to stroke.		
Improving Mobility In Older Persons UPDATED \$48 Lewis. The perfect handbook for therapists in a skilled nursing facility or acute care. This book has evaluation and treatment ideas for patients working on bed mobility to gait.		
Balance Assessment Tests and Treatment \$49 Lewis. Video assessment and treatment cards. Tinetti, Functional Reach and Unilateral Stance demonstrated. Great treatment strategies that save time.		
Prevention and Wellness Toolbox \$67 Lewis/Kellems. A collection of 20 tools to screen for numerous areas of prevention: falls, posture, strength, future disability, osteoporosis, confidence in treatment, and quality of life to be used in a variety of settings. Each tool contains information on administration, population, validity, reliability, and scoring. Great for marketing new patients and justifying care in current patients.		
Orthopedic Outcomes Toolbox \$67 Lewis/Wilke/Wright. A collection of 24 outcome tools that can be used in outpatient settings, home care, rehabilitation centers, long-term care, or acute care facilities. Most are paper and pencil tests that will save the practitioner hours of evaluation time. Each tool includes information on population, administration, validity, reliability, and scoring.		
Hand-Held Dynamometry \$25 McAndrew/Lewis. Dynamometry norms, references, testing positions for all referenced motions and equipment suggestions. Compact. Easy to Use with clear human illustrations		
1 Repetition Maximum Progression Pad \$12 This valuable tool has 1 RM values at 50% and 80% already figured out for you and provides a form for tracking exercises and progression		
Ideokinetic Facilitation for Balance Audio Tape . . . \$8		
Slide Algometer \$6 An easy-to-use, reliable and valid measurement tool for assessing pain.		
Pocket Card 1 Repetition Maximum \$6 This valuable tool has 1RM values at 50% and 80% already figured out for you		
Pocket Card Bed Mobility \$6 This valuable tool has time norms, breakdown of movement pattern in degrees for the different stages of supine to sit and a quantitative assessment of bed rise difficulty.		
Pocket Card Sit to Stand Transfer \$6 This valuable tool has the break down of the sit to stand movement pattern in degrees at each joint for 10%, 35%, 40%, 60%, & 100% of rise		
Osteoporosis Exercise Booklet \$6		
Self Balance Hints for Older Persons Booklet . . . \$6		
AB Attack \$20 A comprehensive exercise DVD designed to strengthen and stabilize all muscles of the torso. Trish Muse instructor		

Prices include shipping via USPS (media mail) MD residents add 5% sales tax. and handling within the continental U.S. **TOTAL** _____

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Program Outline

Day 1

7:30 - 8:00	Registration and Continental Breakfast
8:00 - 8:30	Introduction
8:30 - 9:30	Problem Oriented Approach Change your thinking Problem oriented exercise
9:30 - 9:45	Break
9:45 - 12:30	Function Based Evaluation despite patient diagnosis or acuity Functional tools, measures, Case examples
12:30 - 1:30	Working Lunch (on your own) – Case Studies Group Discussion: Functional evaluation
1:30-3:00	Heart and Lungs- Acute Care Physiology ECG/ Cardiac Rhythm Interpretation Recognizing Instability Case Studies
3:00-3:15	Break
3:15-5:00	Heart and Lungs continued Lung Function Recognizing Instability Case Studies
5:00-6:00	Rehabilitation Treatment Implications of Cardiac and Pulmonary Function
6:00-6:30	Questions and answers

Day 2

7:30 - 8:00	Continental Breakfast
8:00-10:00	Neurological Assessment
10:00-10:15	Break
10:15-12:00	Tubes, Lines and Wires Dealing with monitoring and medical equipment ICU practice
12:00-1:00	Working Lunch (on your own) – Case Studies Group Discussion: Continue to share ideas on critical thinking
1:00-3:00	Acute Care Treatment and Diagnosis Challenges Treatment Protocols Documentation
3:00-3:15	Break
3:15-5:45	Treatment and Diagnosis Challenges continued Appropriate delivery of care Putting it all together from admit to discharge Case Studies
5:45-6:30	Questions and Answers, conclusion and adjourn

Faculty

Mark Nelson graduated from Pacific Lutheran University in 1989 with a Bachelor of Arts in biology. He completed physical therapy school in 1993 with a clinical Masters degree from the University of Puget Sound in Tacoma, Washington. He has been a practicing therapist for thirteen years, one year in general outpatient practice, two in subacute/rehab care and the last ten in acute care, serving a predominantly geriatric population.

In 1999, he co-authored the Inpatient Cardiac Rehabilitation Protocol for the open heart surgery program at Northwest Hospital. He has practiced throughout the medical services but has a special interest in cardiopulmonary and neurological diagnoses. He has also developed a computer based documentation system for the physical therapy department.

Mark has been a clinical instructor for the last ten years, and has been a guest lecturer for the University of Washington's physical therapy program. Mark serves on the Patient Safety Oversight, Employee Body Mechanics/Safety and Clinical Documentation Committees at Northwest Hospital. The majority of his current practice occurs in the Intensive Care and Telemetry Units. Mark routinely provides new employee instruction on body mechanics and back safety, as well as educating staff on new patient handling equipment. Mark also served on the JCAHO Preparation Committee in 2002-2003.

Mark Nelson is dedicated to improving the quality and skill level of acute care therapy. His commitment to this field of specialization is evident by his years of service and passion for combining the poignant areas of specialized literature to this exciting area of rehabilitation.

Description

This seminar provides a current update on the latest information on rehabilitation in the acute care setting. As in all practice settings, acute care rehabilitation is continuously evolving. From the various entry points into the acute care setting to discharge, rehabilitation plays an integral role. Therapists are being relied upon more and more to make significant contributions to the medical team, and frequently are the determining factor in hospital length of stay. This seminar is designed to give clinical information for therapists working in, or returning to working in the acute care setting. In addition, the seminar will offer practical tips and higher level problem solving skills that will benefit therapists working in this setting. The seminar will utilize lecture and case study to discuss the role of physical therapy in the acute care setting. Current literature review will be presented to lend strength to decision making in this challenging environment.

Objectives

Upon completion of this seminar, participants will be able to:

1. Effectively execute neurological, orthopedic, and cardiopulmonary rehabilitation in 3 days when the patient is unstable.
2. Produce documentation that meets the needs of all consumers of information in the acute care setting.
3. Formulate the most appropriate and efficient evaluation and treatment plans for acutely ill, neurological, orthopedic and cardiopulmonary geriatric patients.
4. Make sound recommendations for discharge planning using evidence based medicine.
5. Develop skills in reading EKGs and working with patients who have received LVADS, CABG or valve replacements.
6. Describe absolute and relative contraindications for rehabilitation intervention for patients with a variety of diagnoses.
7. Effectively plan treatment based on medical guidelines that will affect patients with neurological, orthopedic and cardiopulmonary problems.
8. Apply safe decision making algorithms to changes in patient's medical status.
9. Practice "serial examination" and function as a member of the medical team.
10. Describe the climate and continuum of acute care for the geriatric patient.
11. Define the new and evolving role of rehabilitation in the interdisciplinary approach to acute care and fill that role.

Locations

**St. Vincent's
Medical Center**
Jacksonville, FL
March 24-25, 2012

Scripps Green Hospital
La Jolla, CA
April 21-22, 2012

Mercy Medical Center
Dubuque, IA
May 5-6, 2012

**Host: Physical Medicine and
Rehabilitation - Kennedy
University Hospitals**
**Location: Kennedy Center at
Voorhees** (Corporate Building)
Voorhees, NJ
June 23-24, 2012

St. Mary's Health Center
Jefferson City, MO
July 21-22, 2012

**Host: Upstate Physical Medicine
and Rehabilitation**
**Location: Bone and Joint Center at
Campus East**
East Syracuse, NY
September 22-23, 2012

**BryanLGH Medical
Center - West**
Lincoln, NE
October 13-14, 2012

**Host: Baptist Memorial
Hospital - North Mississippi**
Location: Oxford Conference Center
Oxford, MS
November 3-4, 2012

Registration

AUDIENCE: Primary Audience - Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants. Secondary Audience: Other Rehabilitation Professionals.

LEVEL: This course is at an intermediate level.

FEE: The registration fee includes all course sessions, breaks, continental breakfasts, and course handout.

Jacksonville, FL - \$495. If postmarked before 2/29/12
San Diego, CA - \$495. If postmarked before 3/28/12
Dubuque, IA - \$495. If postmarked before 4/11/12
Voorhees, NJ - \$495. If postmarked before 5/30/12
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Syracuse, NY - \$495. If postmarked before 8/29/12
Lincoln, NE - \$495. If postmarked before 9/19/12
Oxford, MS - \$495. If postmarked before 10/10/12

LATE REGISTRATION: Postmarked after the above date requires an additional \$50 late fee.

EARLY BIRD: \$470 - If completed registration and payment are received by

Jacksonville, FL - February 8, 2012
San Diego, CA - February 15, 2012
Dubuque, IA - February 22, 2012
Voorhees, NJ - April 11, 2012
Jefferson City, MO - May 9, 2012
Syracuse, NY - July 11, 2012
Lincoln, NE - August 1, 2012
Oxford, MS - August 22, 2012

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CONFIRMATION: A confirmation letter will be sent at least 1 month prior to the course with local hotels and information upon receipt of your registration form and fee. If you do not receive confirmation 2 weeks prior to class, please call to verify your registration. Registrations are not guaranteed until confirmed. Space may be limited, so register early.

CANCELLATION/REFUND POLICY: Cancellations must be received in writing at least two weeks prior to the seminar date for tuition refund less a \$75 administration fee. NO refunds will be made after this date.

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EDUCATIONAL CREDIT: A certificate of attendance for 20 contact hours of educational activity (20 CEUs or 2.0 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrants upon completion of the seminar. Great Seminars and Books is an Approved CE Provider for PTs and PTAs in DC, NY, KY, IL, TX and NC. Approved in CA, MD, NJ, FL, AL, AR, OK and WY for 20 Clinical Contact Hours. This course has been approved by the Nevada State Board of Physical Therapy for 1.5 units of continuing education. Our courses also meet the guidelines for approval in WI, VA, AZ, DE, MS, NH, OR, RI, UT and MO. Courses are accepted for CEU's in NE, ID, MT, WA, CT, IA, and ND. If your state is not shown, please contact us and we will seek approval. All of our courses have Board of Certification Approval (NATA) and AOTA approval. Your tuition is tax deductible. All expenses of Continuing Education (including registration fees, travel, meals, and lodging) taken to maintain or improve professional skills are tax deductible according to Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203 F2d 307.

LOST CERTIFICATES: Requests for a replacement certificate must be received in writing stating the name and dates of course attended. The cost for a replacement certificate is \$25.

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AOTA does not endorse specific course content, products, or clinical procedures. A certificate of attendance for 20 contact hours or 2 CEUs of educational activity (2.0 or 20 CEUs depending on how your Practice Act determines CEUs in your state) will be awarded to registrant upon completion of the seminar.

2012 Registration - Acute Care Rehabilitation

YES! Please register me for: Jacksonville, FL - March 24-25 San Diego, CA - April 21-22 Dubuque, IA - May 5-6 Voorhees, NJ - June 23-24
 Jefferson City, MO - July 21-22 Syracuse, NY - Sept. 22-23 Lincoln, NE - Oct. 13-14 Oxford, MS - Nov. 3-4 PT • PTA • OT • COTA • Other

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